



Aging in Iowa:  
A Snapshot of Older Iowans

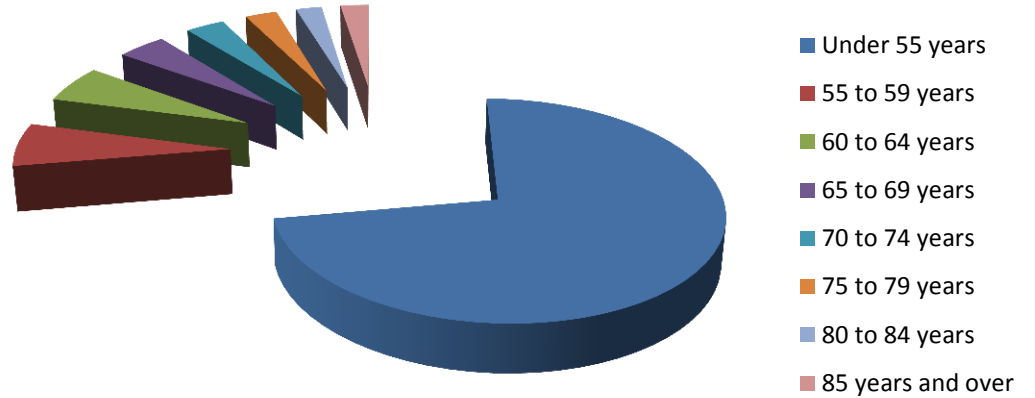
- Table 1: Age Distribution
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Source: Unless otherwise noted, all data comes from the 2009-2013 American Community Survey, Special Tabulation on Aging – Population Characteristics prepared by the U.S. Census Bureau, 2015.  
Based on a sample. Rounded data. Data are suppressed for geographic areas if they do not meet the specified population threshold.

Table 1: Age  
Universe: Total Population

<i>Under 55 years</i>	2,215,560
<i>55 to 59 years</i>	206,350
<i>60 to 64 years</i>	178,920
<i>65 to 69 years</i>	129,530
<i>70 to 74 years</i>	103,270
<i>75 to 79 years</i>	84,475
<i>80 to 84 years</i>	68,860
<i>85 years and over</i>	75,590
	3,062,555

### Age distribution : all ages



### Age distribution: 60 years and older

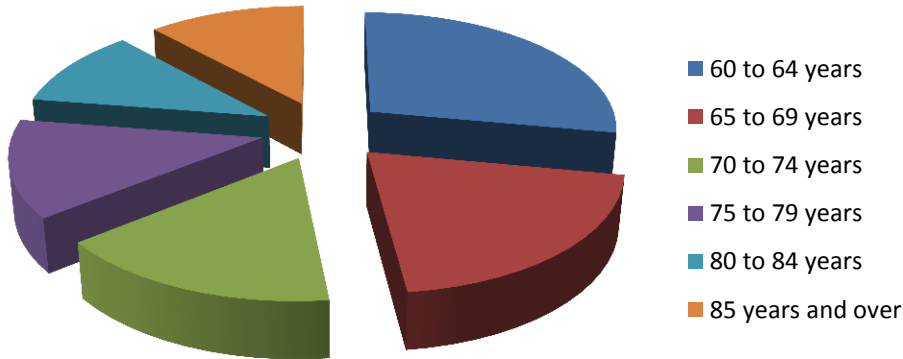


Table 2: Median Family Income in the Past 12 Months (in 2013 Inflation-Adjusted Dollars) by Age of Householder for Families with a Householder 60 Years and Over

Universe: Families with a householder 60 years and over

Householder 60 to 64 Years	\$73,447.00
Householder 65 to 69 Years	\$61,978.00
Householder 70 to 74 Years	\$53,080.00
Householder 75 - 79 Years	\$45,160.00
Householder 80 - 84 Years	\$41,185.00
Householder 85 Years and Older	\$37,935.00

Household income by age

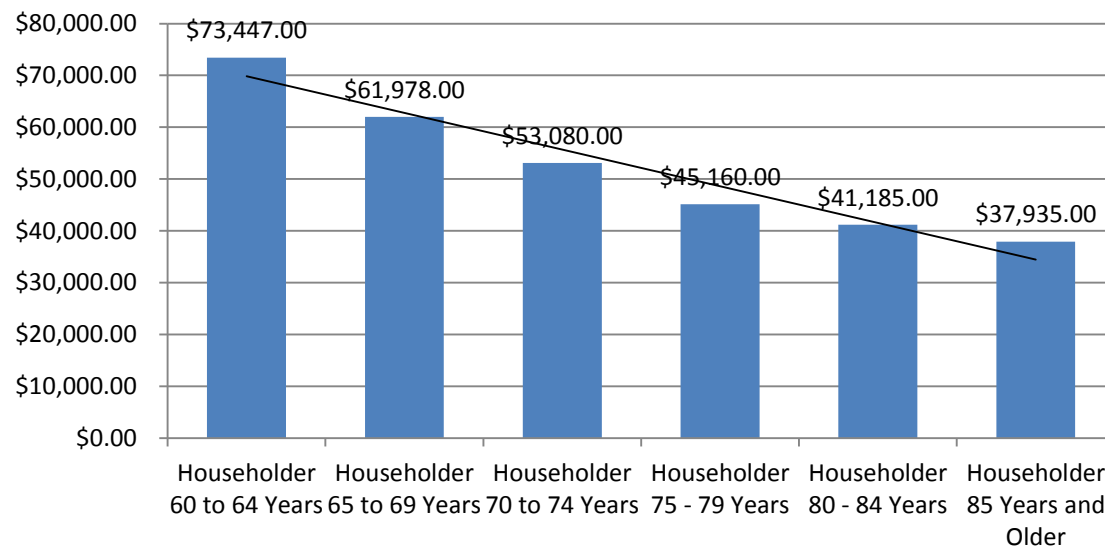


Table 3: Income in the past 12 months (2013 Inflation-Adjusted Dollars) by family type for families with a householder 60 years and over.

Universe: Families with a householder 60 years and over.

	Income: Families with a householder 60 years and over			Federal Poverty Level		
	Married couple family	Male householder, no wife present	Female householder, no husband present		1 Person	2 People
				100%	\$11,880	\$16,020
Less than \$10,000	2,380	180	470	133%	\$15,800	\$21,307
\$10,000 - \$14,999	3,085	170	790	150%	\$17,820	\$24,030
\$15,000 - \$19,999	5,320	395	1,050	200%	\$23,760	\$32,040
\$20,000 - \$24,999	9,270	435	1,300	250%	\$29,700	\$40,050
\$25,000 - \$29,999	11,175	355	1,705	300%	\$35,640	\$48,060
\$30,000 - \$34,999	11,635	400	1,320			
\$35,000 - \$39,999	12,590	470	1,235	400%	\$47,520	\$64,080
\$40,000 - \$44,999	11,870	405	1,510			
\$45,000 - \$49,999	11,675	360	1,100			
\$50,000 - \$59,999	22,160	720	2,075			
\$60,000 - \$74,999	26,730	820	2,345			
\$75,000 - \$99,999	29,480	495	1,850			
\$100,000 - \$124,999	16,445	315	585			
\$125,000 - \$149,999	9,310	100	400			
\$150,000 - more	15,465	210	350			

[familiesusa.org/product/federal-poverty-guidelines](http://familiesusa.org/product/federal-poverty-guidelines)

Table 3: Educational Attainment by Age

	Less than 5th grade	5th to 8th grade	9th to 12th grade, no diploma	High school graduate (includes equivalency)	Some college, no degree	Associate degree	Bachelor's degree	Master's degree	Prof. degree	Doctorate degree
60 to 64 years	1,515	2,715	8,155	60,910	40,060	15,430	31,195	13,265	3,375	2,290
65 to 74 years	2,890	6,530	16,080	103,155	45,605	12,300	27,545	12,430	3,575	2,680
75 to 84 years	1,965	11,035	13,640	74,810	25,515	4,235	14,055	5,220	1,620	1,240
85 years and over	985	10,495	7,185	33,875	11,440	2,000	6,835	1,565	695	515
Total	7,355	30,775	45,060	272,750	122,620	33,965	79,630	32,480	9,265	6,725

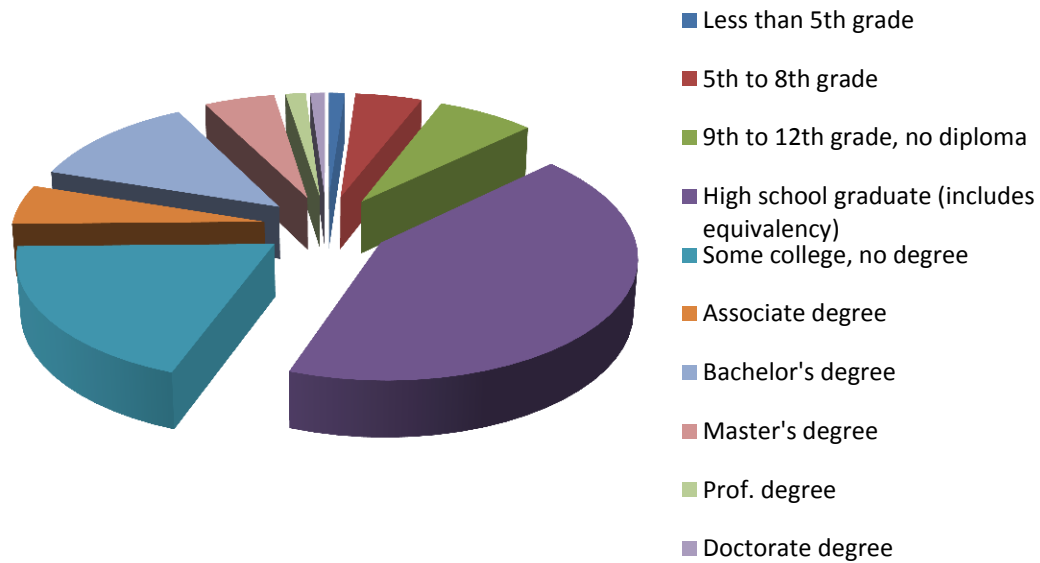


Table 4: Types of Health Insurance Coverage by Age.  
 Universe: Civilian noninstitutionalized population

	Under 60 years	60 to 64 years	65 to 74 years	75 to 84 years	85 years and over	Total
Medicare Only	5,120	1,810	8,870	7,660	6,700	30,160
Medicaid Only	45,940	3,025	0	0	0	48,965
VA Only	1,845	1,085	55	4	0	2,989
Other	54,315	11,975	335	160	85	66,870
Two or more types Insurance	42,885	11,505	41,260	45,705	31,920	173,275
Medicare/Medicaid	16,915	3,240	5,970	3,905	2,120	32,150
Other Private Only Comb.	3,205	650	30	0	0	3,885
Other Private Only Comb.	1,299	860	1,705	1,725	880	6,469
Other Coverage Comb.	21,465	6,755	33,555	40,080	28,920	130,775
No Insurance	18,860	1,940	155	150	65	21,170

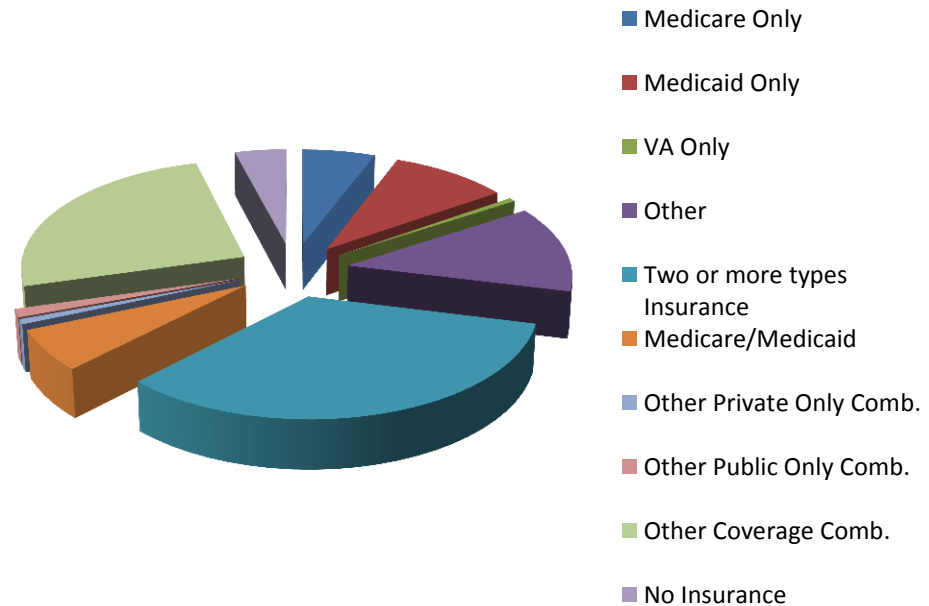


Table 5: Number of Disabilities by Age  
 Universe: Civilian noninstitutionalized population

	One	Two	Three +	None
60-64	18,835	6,055	6,445	146,335
65-74	30,705	9,935	10,035	179,310
75-84	28,330	11,850	13,495	92,370
85+	13,875	9,220	15,675	22,815

Total Disabled by Number of Disabilities

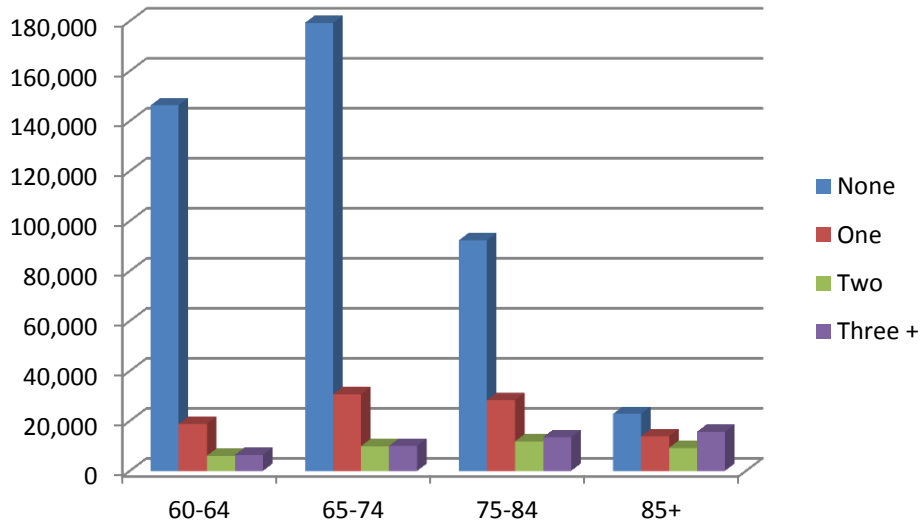
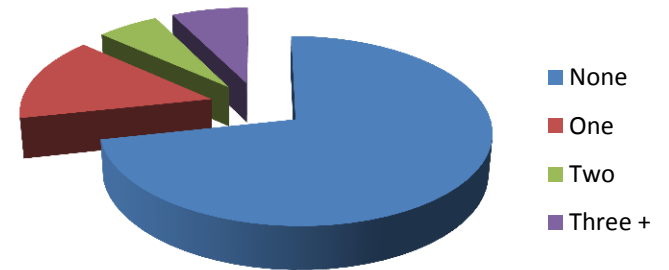




Table 6: Disabilities type by age  
 Universe: Civilian noninstitutionalized population

	60-64	65-74	75-84	85+
Cognitive	7,225	9,105	10,575	9,365
Ambulatory	19,000	29,385	31,390	24,255
Sensory (Hearing and/or Vision)	13,075	24,740	29,085	23,505
Self Care and/or Independent Living	9,355	15,395	19,910	21,695

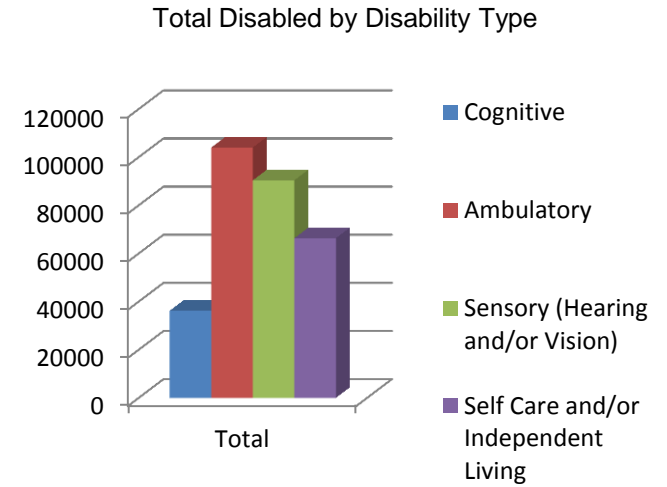
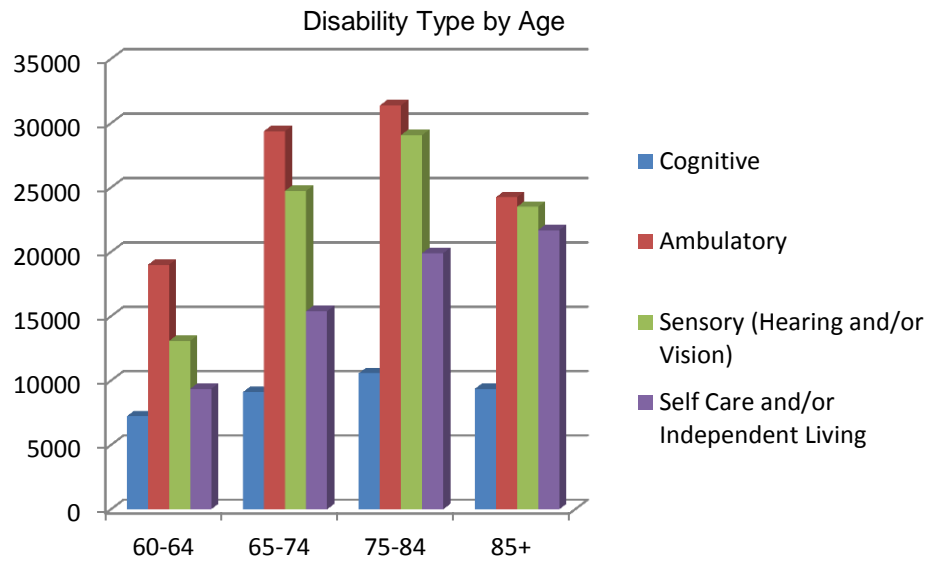


Table 7: Employment Status  
 Universe: 60 Years and Older

In Labor Force	In Armed Forces	Employed	Unemployed	Not in Labor Force
191,250	10	185,075	6,170	449,390

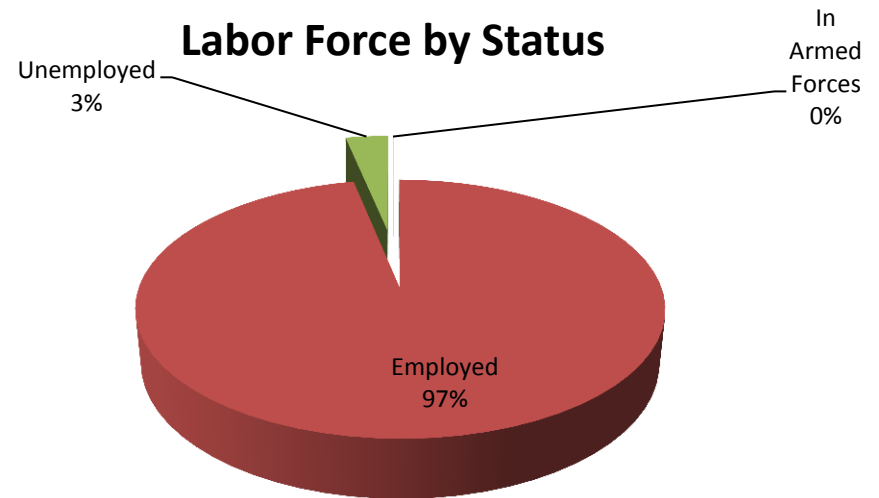
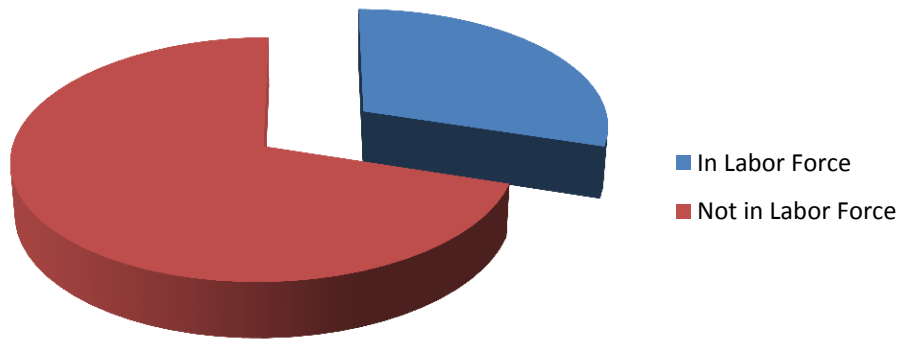


Table 7: Veteran Status for Civilian Population  
 Universe: 60 Years and Older

	Male		Female	
Veteran	137,155	48%	353,115	1%
Nonveteran	150,365	52%	349,610	99%

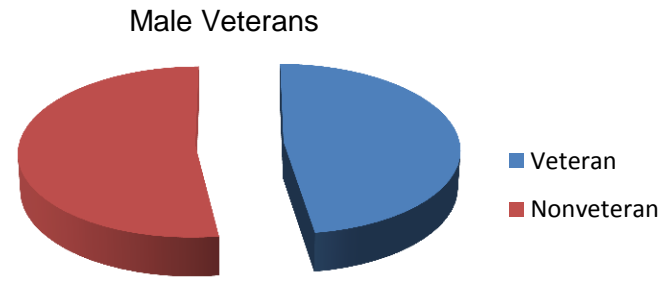
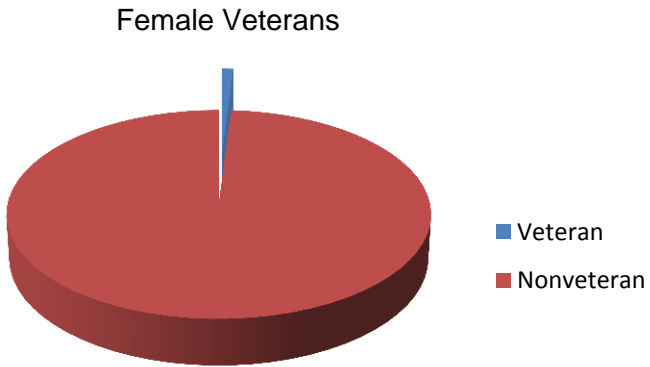
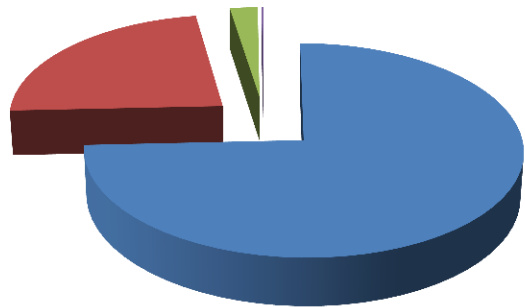
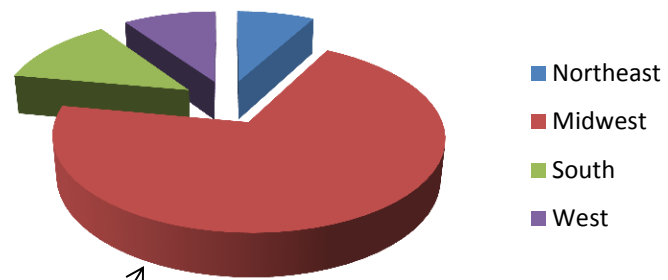


Table 9: Place of Birth  
Universe: 60 Years and Older

Born in Iowa	475,900
Born in Other State in US	148,695
Foreign Born	14,895
Born Abroad of US Parents	1,160



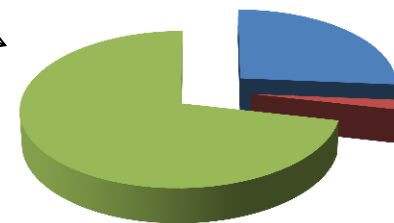
- Born in Iowa
- Born in Other State in US
- Foreign Born
- Born Abroad of US Parents



- Northeast
- Midwest
- South
- West



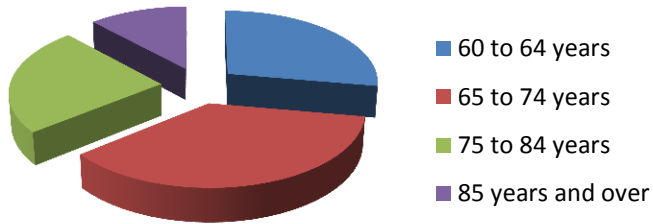
- Naturalized citizen
- Not a citizen



- Puerto Rico
- U.S. Island Areas
- Born abroad of American parent(s)

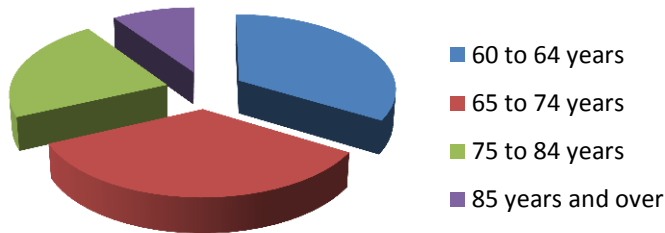
Table 9: Ability to Speak English  
 Universe: 60 Years and Older

Speak only English



	Speak only English	Speak language other than English, Subtotal	Speak English "very well"	Speak English "well"	Speak English "not well"	Speak English "not at all"
60 to 64 years	172,235	6,685	3,275	1,125	1,715	570
65 to 74 years	225,955	6,845	3,650	1,365	1,150	675
75 to 84 years	148,910	4,425	3,005	670	340	410
85 years and over	73,685	1,905	1,310	280	140	170

Speak language other than English by age



Speak language other than English by fluency

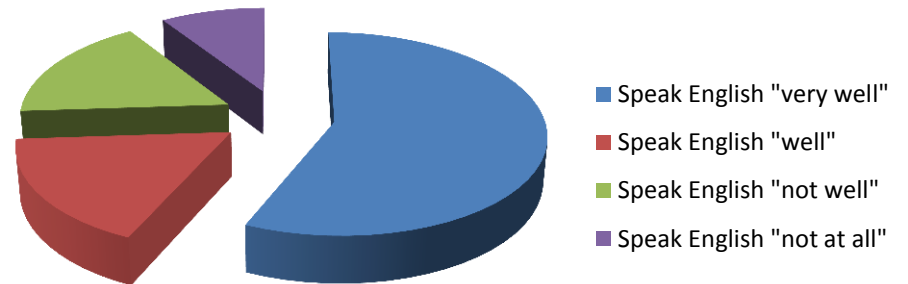
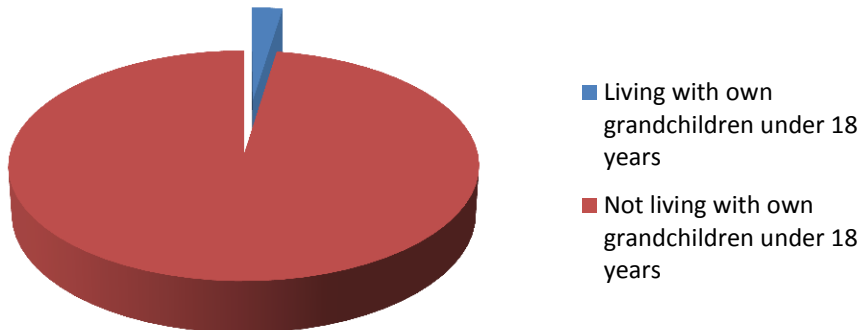


Table 9: Grandparents living with own grandchildren under 18  
 Universe: 60 Years and Older

	Living with own grandchildren under 18 years	Grandparent responsible for own grandchildren under 18 years	Grandparent not responsible for own grandchildren under 18 years	Not living with own grandchildren under 18 years
60 to 64 years	6,015	2,660	3,355	170,980
65 to 69 years	3,965	1,485	2,485	123,805
70-74 years	2,555	775	1,785	98,625
75 years +	2,330	545	1,785	204,055

Living with own grandchildren



Living with own grandchildren by level of responsibility

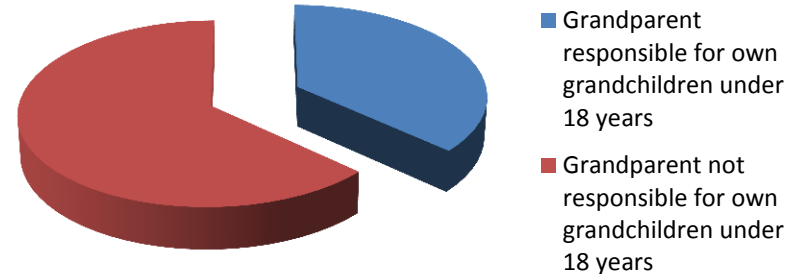
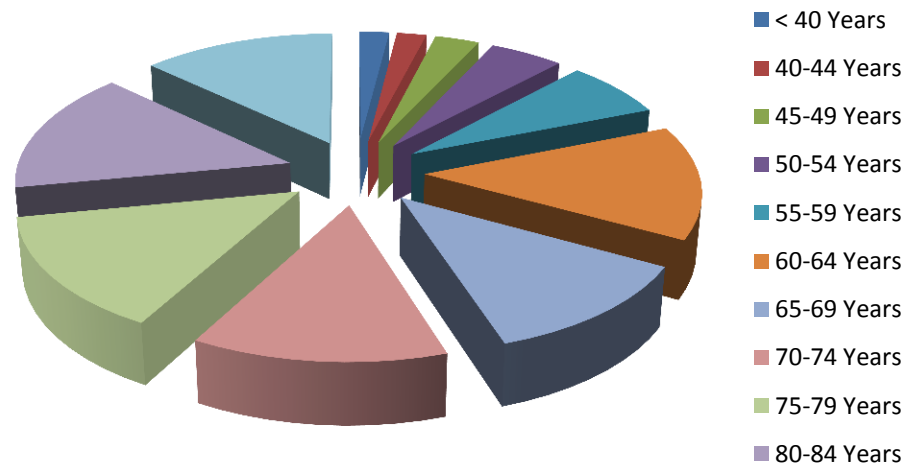


Table 10: Age of care recipient  
 Universe: Caregivers participating in Iowa Title IIIIE caregiver services

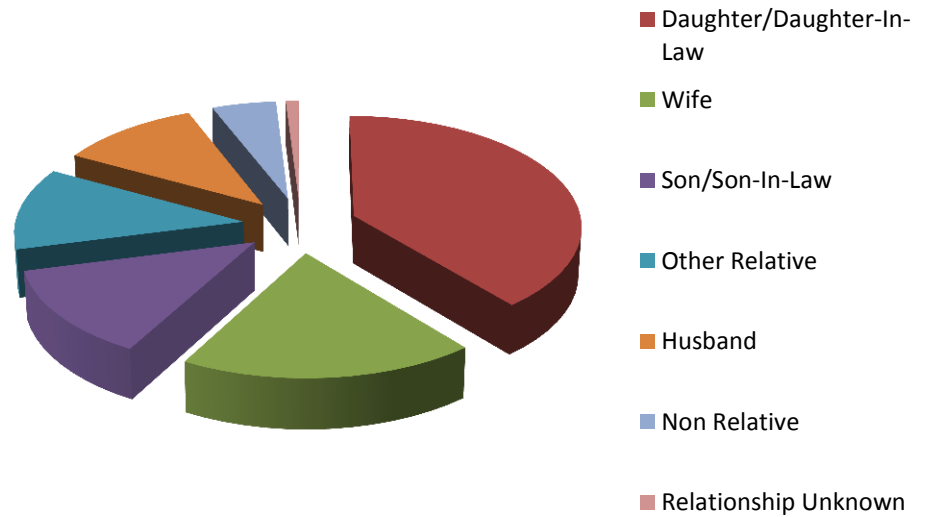
Age of Care Recipient	Percentage of persons served
< 40 Years	2%
40-44 Years	2%
45-49 Years	3%
50-54 Years	5%
55-59 Years	7%
60-64 Years	14%
65-69 Years	12%
70-74 Years	13%
75-79 Years	14%
80-84 Years	15%
85+ Years	13%



Source: Iowa NAPIS data, state fiscal year 2015

Table 10 Caregiver relationship to person receiving care  
Universe: Caregivers participating in Iowa Title IIIIE caregiver services SFY 2015

Relationship to person receiving care	
Daughter/Daughter-In-Law	39%
Wife	19%
Son/Son-In-Law	13%
Other Relative	12%
Husband	11%
Non Relative	5%
Relationship Unknown	1%



Source: Iowa NAPIS data, state fiscal year 2015



**Aging in Iowa**  
**A Profile of Older Iowans and**  
**Forecast for the Aging Network**

Iowa Department on Aging



# Cost of Living in Iowa

- It costs 18 percent less to live in Iowa than the U.S. average.
- The average yearly wage is \$42,107 or approximately 17 percent less than the U.S. average.
- U.S. households headed by someone age 65 – 75 have an average income of \$42,700 compared to \$62,835 in Iowa.
- For U.S. households headed by someone over age 75, the average income is \$29,000 as compared to \$41,426 in Iowa.

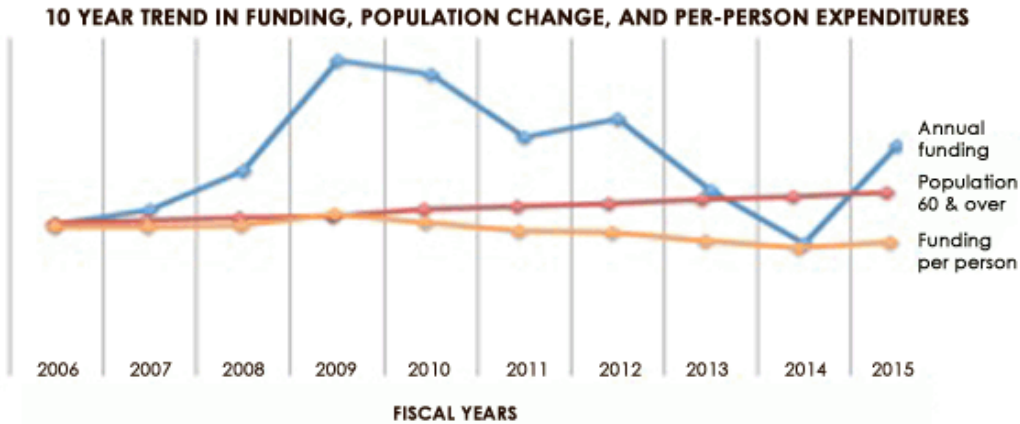
# Retiring in Iowa

- Little or no data could be found on the cost of retiring in Iowa
  - Cost of living is lower than nationwide average
- Iowa ranks well as a good place to retire
  - Moneyrates.com ranked Iowa 2<sup>nd</sup> Best Place to Retire
  - Money.com ranked Iowa 9<sup>th</sup> Best Place to Retire
  - Newsmax ranked Iowa City Best City for an Encore Career
  - US News listed Des Moines among Top Ten Places to Live Well in Retirement
  - Kiplinger ranked Des Moines 10th among Top 23 Cheap Places where You Actually Want to Retire

# Cost of Post-Retirement Health Care

- No Iowa-specific data could be found
- \$240,000 on out of pocket health care costs for a couple
- Factoring in long term care takes the cost to \$383,355.

# 10 Year Funding/Population Trajectory



Year	Funding AFI	Pop 60+	Per Person per Year
2006	25,593,816	574,144	\$44.58
2007	25,917,420	580,921	\$44.61
2008	26,848,432	596,294	\$45.03
2009	29,474,884	600,639	\$49.07
2010	29,153,545	629,925	\$46.28
2011	27,653,816	644,081	\$42.94
2012	28,064,483	655,489	\$42.81
2013	26,402,768	669,866	\$39.41
2014	25,130,983	682,528	\$36.82
2015	27,445,977	700,021	\$39.21

Table7: State/Federal funding for older Iowans

Figure 1: 60+ Population and funding over ten year period



Iowa Department on

**AGING**