



The new face of aging

SFY 2014 ANNUAL REPORT



table of contents

LETTER FROM THE DIRECTOR	3
DEPARTMENT OVERVIEW	4
OLDER IOWANS: 2014	6
AREA AGENCIES ON AGING	8
THE NEW FACE OF AGING:	
NUTRITION IS KEY TO AGING	10
IT'S NEVER TOO LATE FOR A NEW CAREER	12
CONNECTING TO MAINTAIN INDEPENDENCE	14
STEADY PROGRESS TOWARD ELDER JUSTICE	16
THE ROLE OF FAMILY CAREGIVER	18
AWARDS & ACCOMPLISHMENTS	20
FINANCIAL OVERVIEW	22
LEADERSHIP & GOVERNANCE	23

MISSION

The mission of the Iowa Department on Aging is to develop a comprehensive, coordinated and cost-effective system of long-term living and community support services that helps individuals maintain health and independence in their homes and communities.

VISION

The Department's vision is to work closely with Iowa's six Area Agencies on Aging and other partners to design a system of information, education, support and services for Iowans that assists them in maintaining their independence.



Letter from the director



When I look back on the Iowa Department on Aging's accomplishments for State Fiscal Year 2014, I couldn't be more proud of the agency's staff, the Area Agencies on Aging, the Commission on Aging and our advocates and partners throughout the state.

Together, we have made some significant strides toward ensuring that older Iowans, adults with disabilities, veterans and their caregivers have access to the long-term supports and services they need to achieve their goals for independence and full participation in their community.

This is especially significant since the concept of "aging" is changing rapidly in Iowa and, as the federally designated State Unit on Aging, the Iowa Department on Aging is charged with anticipating and meeting the current and future needs of older Iowans. We take this responsibility very seriously, because as the number of Iowans over the age of 60 continues to increase and the demands placed on the state's aging network continuously evolve, our ability to manage resources, achieve greater

quality-of-life outcomes and set ever higher goals for ourselves must keep pace.

By 2030, Iowa will look very different than it does today. The need for the programs and projects we administer and support will only increase as the population ages – from providing nutrition and case management services to preventing elder abuse, protecting older Iowans' rights and ensuring that our state, as a whole, is prepared to offer the services and environment that position Iowa as the optimal place to age and retire.

As a result, we must work harder, think bigger and try new approaches to meet the challenges ahead. Iowans will be counting on us more than ever in the years to come, so it's important to reflect on our achievements and glean inspiration for new ways to reach our goals in the years ahead.

The face of aging is changing and I am pleased to say that Iowa is ready to embrace that change.

Donna K. Harvey
Director

department overview

The Iowa Department on Aging (IDA) is an executive branch agency dedicated to making Iowa the premier state in which to live and retire. To meet that goal, the IDA works closely with the governor-appointed, Senate-confirmed Iowa Commission on Aging and Iowa's six Area Agencies on Aging (AAAs) to develop a comprehensive, coordinated and cost-effective system of long-term living and community support services to assist older Iowans, adults with disabilities, veterans and their caregivers in maintaining their health and independence at home or in their community of choice.

Established as the State Unit on Aging as a result of the Older Americans Act (OAA) of 1965, the IDA receives federal funding each year from the Administration for Community Living (a division of the U.S. Department of Health and Human Services) and redistributes it to Iowa's six AAAs. The AAAs are strategically located throughout the state and work together and with local service providers to meet the needs of older Iowans.

This "aging network" is designed to serve all Iowans who are 60 and older, with particular emphasis on populations demonstrating



the greatest social or economic need. In State Fiscal Year 2014 (July 1, 2013 – June 30, 2014), the U.S. Census Bureau estimated that approximately 667,635 Iowa residents were 60 years of age or older, representing 21.6 percent of the state's total population.

With projections for Iowa's aging population to grow significantly over the next several decades, the work of the IDA will continue to focus on empowering older Iowans to maintain their independence and advocating on behalf of older Iowans to ensure their rights and prevent their neglect, abuse and exploitation. This report highlights some of the ways these goals were met during SFY 2014.

CORE FUNCTIONS

Advocacy:

The IDA works to advocate for changes in public policy, practices and programs that empower older Iowans; facilitate their access to services; protect their rights; and prevent abuse, neglect and exploitation. Activities may include legislative advocacy, information dissemination, outreach, referral, research and analysis and coalition-building.

Planning Development and Coordination:

The IDA conducts planning, policy development, administration, coordination, priority-setting and evaluation of all state activities related to the objectives of the OAA. This includes the organization and delivery of social and nutrition services; community service employment for low-income older Iowans; training, research and demonstration activities in the field of aging; and vulnerable elder rights protection activities.

SFY 2014 PROGRAMS & PROJECTS:

Today, the IDA administers and supports a variety of projects and programs to modernize the aging network and provide all Iowans a greater continuity of services while anticipating the evolving needs of Iowa's older adults. In SFY 2014, these included the following:



Nutrition/Food Insecurity

The purpose of the Iowa nutrition program is to reduce hunger and food insecurity; promote socialization of older individuals; and improve the health and well-being of older individuals by assisting them to delay the onset of adverse health conditions resulting from poor nutritional health or sedentary behavior.



Case Management

The Case Management Program for Frail Elders (CMPFE) provides access to home and community-based services for frail and vulnerable Iowans who are 60 or older. The program is designed to prevent premature institutionalization of this population by arranging for appropriate services.



Support Services

Home and community-based services (HCBS) are designed to provide support for individuals who wish to maintain their long-term independence at home or in their community of choice instead of moving into an institutional care setting. Through the AAAs, the IDA provides access to a menu of more than 25 HCBS options.



Employment

Iowa's Senior Community Services Employment Program (SCSEP) provides qualified individuals who are 55 or older with the opportunity to develop marketable job skills working part-time for non-profit and public organizations, including senior centers, schools and libraries.



LifeLong Links/ADRC

LifeLong Links™ – Iowa's network of Aging and Disability Resource Centers (ADRCs) – is designed to help older Iowans, adults with disabilities, veterans and their caregivers identify their options and connect to the information and resources they need to plan for long-term independent living.



Family Caregiver

The Iowa Family Caregiver Support Program assists Iowans who are caring for an older or disabled adult or an individual with Alzheimer's or other related dementia, as well as older adults who are caring for a child, by putting them in touch with essential services that can assist them in their caregiver role.



Elder Abuse Prevention

Under the OAA, the IDA is responsible for responding to cases of elder abuse, neglect and exploitation and is required to intervene, as needed. Elder abuse prevention efforts include outreach, education, training and consultation to aging network partners, key stakeholders and the general public.



Legal Services

The IDA works with the AAAs and legal services providers throughout Iowa to expand the quality and quantity of legal assistance available to older adults. This includes helping older Iowans understand and maintain their rights, exercise choice, benefit from opportunities and services and solve disputes.



Advocacy/Elder Rights

The Office of the State Long-Term Care Ombudsman, established within the IDA, works to advocate for the rights and wishes of Iowans living in long-term care, including residents and tenants of nursing facilities, residential care facilities, assisted living programs and elder group homes.

STRATEGIC GOALS

The following strategic goals guided the work of the Iowa Department on Aging throughout SFY 2014:

1. Empower older Iowans to make informed decisions about, and easily access, existing health and long-term living community supports and services.
2. Enable Iowans to remain in their own homes and communities with high quality of life for as long as possible through the provision of a diverse menu of long-term living and community support services, including supports for caregivers.
3. Empower older Iowans to stay active and healthy through OAA programs and prevention services.
4. Ensure the rights of older Iowans and prevent their abuse, neglect and exploitation.

For more information, please review the *Iowa State Plan on Aging: FFY 2014-15* on the IDA website (www.iowaaging.gov).

older iowans: 2014

IOWA'S AGING POPULATION

667,635

The estimated number of Iowans aged 60 and older, accounting for 21.6% of the state's total population

11%

The estimated number of Iowans aged 70 and older



The projected percentage of Iowans who will be 60 or older in 2040

25%

Income and Poverty

Median income of Iowa households headed by an individual aged 65 or older **\$34,731**

Poverty rate of Iowans aged 65 or older **7.8%**

Amount of Social Security benefits collected each month by Iowa's 445,043 beneficiaries aged 65 or older **\$5.52 million**

Employment

Number of Iowans aged 65 or older who are in the labor force **83,074**

Unemployment rate in Iowa for individuals aged 65 or older **3.1%**

Education

Percentage of Iowans aged 65 or older with at least a high school diploma **86.1%**

Percentage of Iowans aged 65 or older who have completed higher education or earned a degree **18.4%**

Disability

Number of Iowans aged 65 or older with at least one type of disability **142,955**

Percentage of Iowa veterans aged 65 or older with a disability **36.9%**

older iowans: 2014

IOWA'S AGING POPULATION



Number of Iowa children under the age of 18 whose primary caregiver is a grandparent

17,081

Percentage of Iowans aged 65 and older who are married **58.9%**

Percentage of Iowans aged 65 and older who are widowed **26.6%**

Percentage of Iowans aged 65 and older who live alone **30.9%**

Community Type

Percentage of Iowans aged 65 or older who live in an urban community **59.2%**

Percentage of Iowans aged 65 or older who live in a rural community **40.8%**

Race and Ethnicity

Percentage of Iowans aged 65 or older who identify as White/Caucasian **97.8%**

Percentage of Iowans aged 65 or older who identify as a member of a minority group **2.2%**

Gender

Percentage of Iowans aged 65 or older who are women **56.7%**

Percentage of Iowans aged 85 or older who are women **67.8%**

Migration

Percentage of Iowans aged 65 or older who did not move in SFY 2014 **94.3%**

Percentage of Iowans aged 65 or older who were born in Iowa **74.7%**

Number of people aged 65 or older who moved to Iowa in SFY 2014 **3,969**

IOWA RANKINGS

5

Iowa's rank among states with the highest number of residents aged 70 or older.

13

Iowa's rank among states for the best overall senior health and well-being.

10

Iowa's rank among states where older adults receive regular social and emotional support.

Statistics provided by *America's Health Ranking Senior Report - A Call to Action for Individuals and their Communities* (2014).

for more information: www.iowaaging.gov

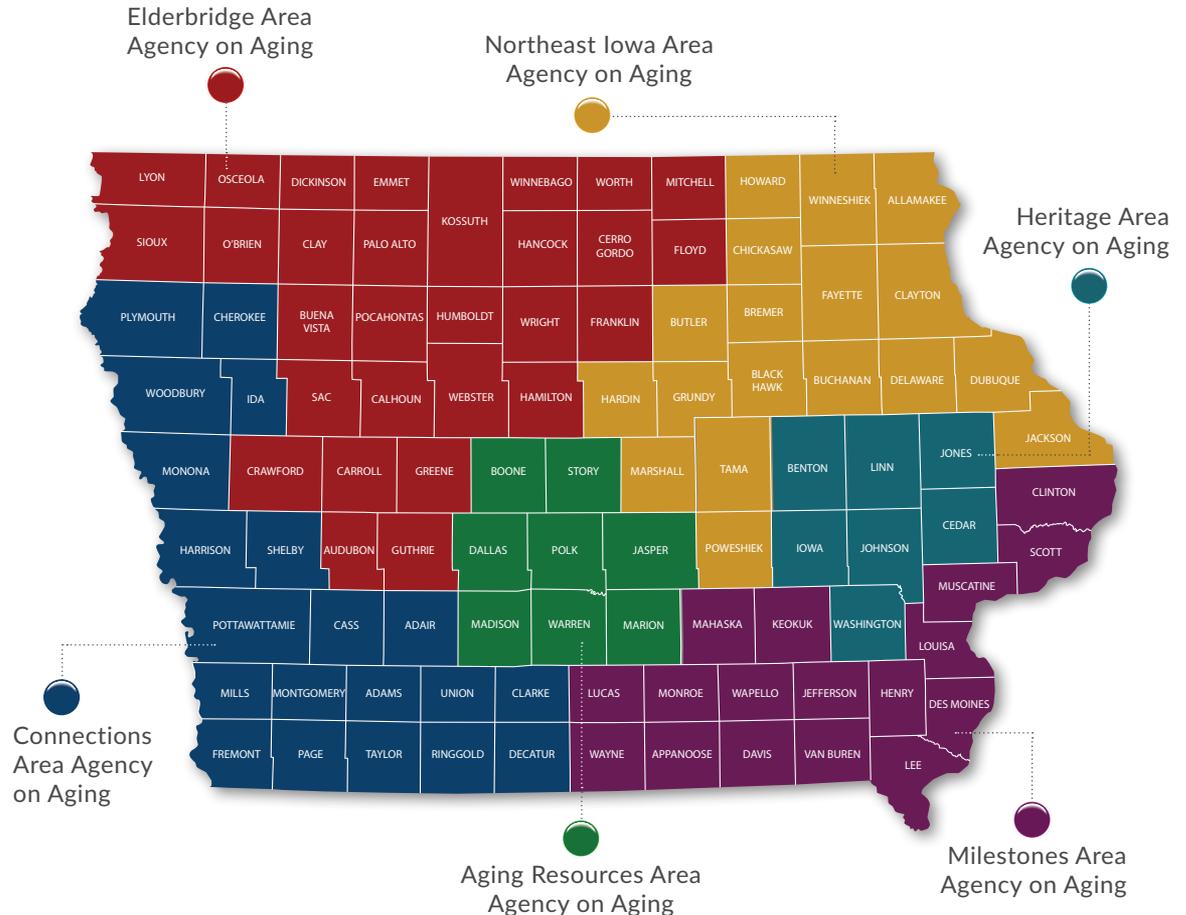
area agencies on aging

ENSURING A CONTINUITY OF SERVICES FOR OLDER IOWANS

During SFY 2014, the IDA continued to move forward on the legislature's charge to modernize the aging network, an effort that began in March 2012 when Governor Terry Branstad signed House File 2320 into law and mandated a reduction in the number of Iowa's Area Agencies on Aging (AAAs).

Frequently referred to as "the modernization of the aging network," this legislation effectively reduced the number of AAAs from 13 to six and helped create a more efficient network that connects older Iowans, adults with disabilities and their caregivers to a greater continuity of services.

Today, Iowa's six AAAs are located within the six planning and service areas (PSAs) the IDA established across the state to carry out the requirements of the Older Americans Act. Within their respective geographic regions, the AAAs coordinate long-term living and community support services and act as a provider of last resort should a service not be available within the PSA. Five of the six AAAs are organized under IRS 501(c)(3) not-for-profit status and one (Heritage Area Agency on Aging) is housed within a community college.



AAA SERVICES

Under the OAA, Iowa's six AAAs provide older Iowans, adults with disabilities and their caregivers with access to a variety of services to help individuals maintain their independence in their home or community of choice. These include, but are not limited to:

- Adult Day Care
- Adult Protective Services
- Caregiver Education
- Case Management
- Chore Services
- Companion Services
- Congregate Meals
- Counseling
- Crisis Intervention
- Elder Rights Advocacy
- Emergency Assistance
- Employment Services
- Home-Delivered Meals
- Homemaker Services
- Housing Assistance
- Information, Referrals & Assistance
- Insurance Counseling
- Options Counseling
- Respite Care
- Substitute Decision-Making
- Transportation Assistance
- Volunteer Services

OLDER IOWANS SERVED IN SFY 2014:

Of the 53,861 consumers served by OAA programs funded through the IDA at Iowa's six AAAs in SFY 2014:

64% were 75 or older

29% were 85 or older

67% were female

3% identified as a member of a minority racial/ethnic group

55% lived alone

31% resided in a rural area

43% lived at or below the federal poverty income level



Note: The percentages above only represent those consumers who completed an intake form.

The new face of aging

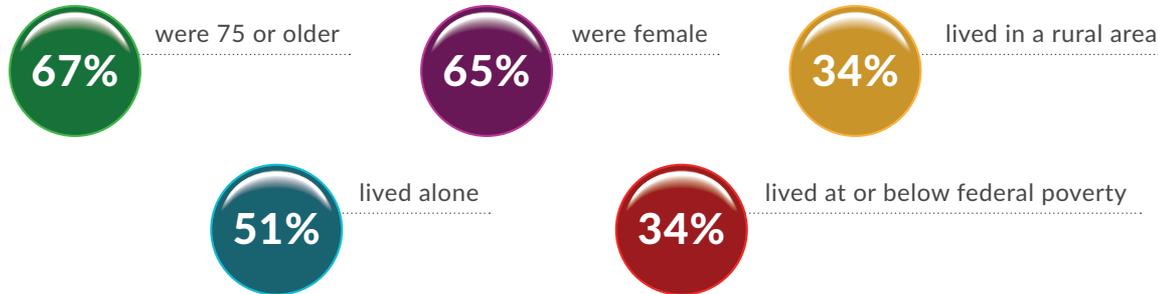
NUTRITION IS KEY TO AGING

Area Agencies on Aging (AAAs) in Iowa work to help individuals aged 60 or older maintain their overall well-being by reducing hunger and food insecurity and decreasing the risk of premature institutionalization. Across the state, efforts include serving congregate and home-delivered meals, promoting opportunities for socialization and offering nutrition education and nutrition counseling.

In SFY 2014, the IDA worked through the AAAs to provide more than 2.5 million congregate and home-delivered meals to 40,777 Iowans. The meal programs target older Iowans at risk for institutionalization and those in greatest economic or social need, including low-income minorities, individuals with limited English proficiency and those living in rural areas. Of those meal recipients identified as being at risk for poor nutrition or food insecurity, 81 percent of congregate meal and 72 percent of home-delivered meal participants reported they maintained or improved their nutrition status.

40,777 OLDER IOWANS

PARTICIPATED IN THE STATEWIDE NUTRITION PROGRAM IN SFY 2014:





NUTRITION PROGRAM HIGHLIGHTS:

Nutrition Education

In SFY 2014, the IDA collaborated with the Iowa Department of Public Health and the U.S. Department of Agriculture's Supplemental Nutrition Assistance Program Education (SNAP-Ed) project to develop an evidence-based monthly nutrition education newsletter and interactive program for Iowa's congregate meal participants.

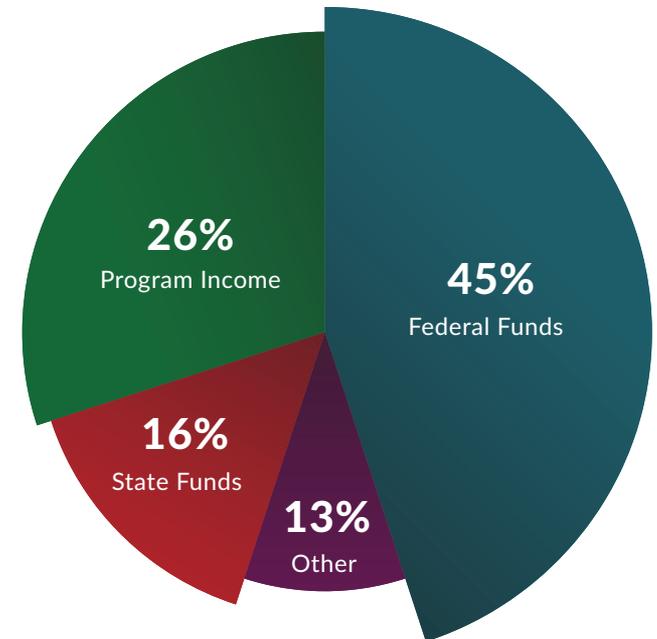
Hunger Summit

The IDA partnered with the AARP to develop an older lowan hunger survey and profile document, then hosted a Hunger Summit to develop a statewide strategic plan to address food insecurity among older lowans.

Evidence-Based Disease Prevention/Health Promotion

Evidence-based disease prevention/health promotion programs reduce the need for more costly medical interventions and improve the health of older lowans. In SFY 2014, 5,247 older lowans received disease prevention and health promotion services, including health screenings, evidence-based health activities and medication management.

\$18,673,238 IN PROGRAM FUNDS
WAS USED TO PROVIDE MORE THAN 2.5 MILLION CONGREGATE AND HOME-DELIVERED MEALS TO OLDER IOWANS IN SFY 2014:





the new face of aging

IT'S NEVER TOO LATE FOR A NEW CAREER

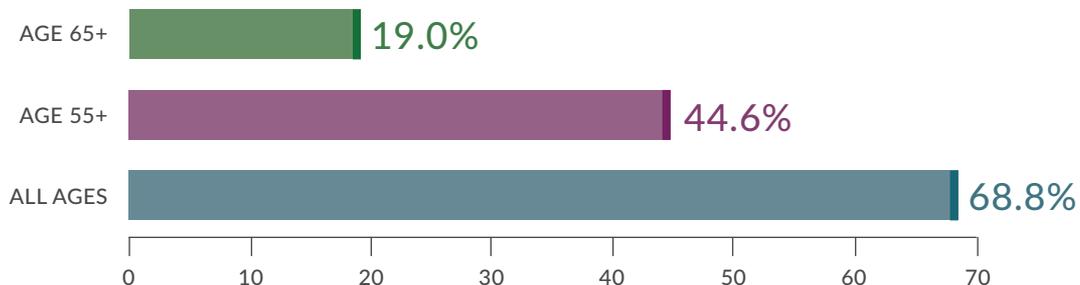
In SFY 2014, the IDA collaborated with Iowa Vocational Rehabilitation Services (IVRS) to draw down federal dollars to place an employment specialist at each of the state's six AAAs and provide employment services to Iowans aged 55 or older with disabilities.

According to research conducted by IVRS, employees with disabilities are often just as productive as their co-workers without disabilities and have better-than-average attendance and safety records. Because these individuals also typically have job experience and skills, more than 150 employers throughout the state have expressed an interest in working with the AAAs to serve job candidates through the Skilled Iowa Older Worker Vocational Rehabilitation Employment Program.

In its first year, the program placed 10 participants in jobs across Iowa, providing each individual with an opportunity to enjoy a new and rewarding career.

OLDER ADULTS IN IOWA'S LABOR FORCE

PERCENT OF CIVILIAN WORKERS IN THE STATE'S LABOR FORCE IN SFY 2014:



FOCUS ON SKILLS DEVELOPMENT

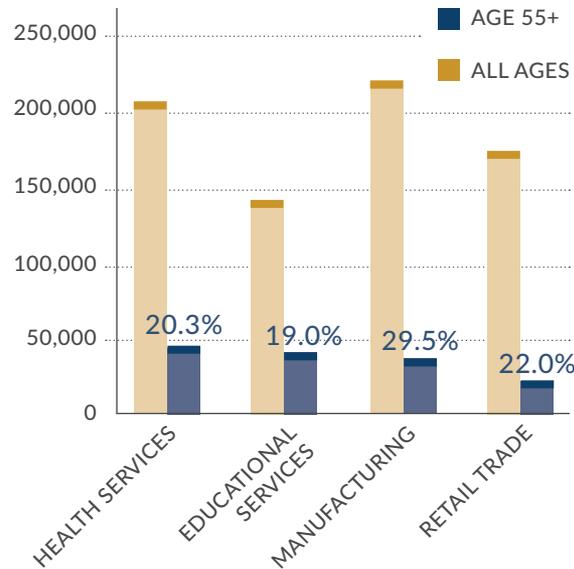
To meet OAA requirements, the IDA oversees the state's Senior Community Service Employment Program (SCSEP) to help foster individual economic self-sufficiency among older lowans and promote useful opportunities in community service activities.

SCSEP serves unemployed, low-income individuals who are 55 or older and who have poor employment prospects due to a lack of skills, outdated skills or long-term unemployment. The program's objective is to provide job skills training to older adults to assist them in obtaining and maintaining unsubsidized employment.

In SFY 2014, there were 550 training positions distributed throughout the state of Iowa among non-profit organizations and government entities. A total of 831 participants received employment services through SCSEP and contributed nearly 450,000 community service hours to the organizations providing job skills training. Of those, 187 SCSEP participants went on to gain unsubsidized employment, working an average of 26 hours per week for an average hourly wage of \$9.49.

OLDER WORKERS IN IOWA

FOUR LARGEST INDUSTRIES IN IOWA BY EMPLOYEES AGE 55 OR OLDER:



IOWA HAS THE **NINTH HIGHEST EMPLOYMENT-TO-POPULATION RATIO** IN THE NATION FOR WORKERS AGE 55 AND OLDER, WITH **43 PERCENT**.

Source: U.S. Bureau of Labor Statistics. "Current Population Survey" (2012).

for more information: www.iowaaging.gov/senior-community-services-employment-program-scsep

HELPING OLDER IOWANS FIND JOBS

The IDA is collaborating with the AARP to implement a pilot project in SFY 2015 that will expand services for older lowans seeking employment.

Because older lowans and adults with disabilities who choose to enter or return to the workforce often have questions and concerns regarding how employment may impact their Social Security benefits, this project will work to establish the IDA and AARP as an Employment Network (EN) under the Social Security Administration's "Ticket to Work" program. Through the EN, participants will receive Social Security benefits planning that helps them better understand their benefits and plan for their financial future.

In addition, the project will offer extended wrap-around services to help participants gain and maintain employment, including housing assistance, benefits assistance and specialized training. As a result, participants will increase both their job prospects and their self sufficiency.

HOME AND COMMUNITY-BASED SERVICES IN IOWA

Home and community-based services (HCBS) are designed to provide support for individuals who may otherwise require institutional care so that they may remain in their home and community.

Each year, the IDA works through the AAAs to provide older Iowans, Iowans with disabilities, veterans and their caregivers with access to a menu of more than 25 varieties of long-term supports and services, including case management, transportation, chore services, homemaker services, adult day care and more.

In SFY 2014, more than 440,000 contacts were made by the AAAs to consumers about receiving HCBS and 16,004 individuals received one or more services, for a combined total of more than 514,000 units of service.

the new face of aging

CONNECTING TO MAINTAIN INDEPENDENCE

In SFY 2014, legislation enacted under Iowa Code 231.64 assigned the administration of the state's Aging and Disability Resource Centers (ADRCs) to Iowa's six Area Agencies on Aging (AAAs). To streamline efforts, enhance statewide consistency and increase public awareness, the Iowa Commission on Aging then authorized the IDA to amend the Area Plans on Aging to collectively market the ADRC network under the brand of LifeLong Links.

Today, LifeLong Links works to help older Iowans, adults with disabilities, veterans and their caregivers identify available options and connect to the information and resources they need to plan for long-term independent living. By calling a toll-free call center, visiting a website or walking in to a local office, Iowans can access a database of home and community-based service providers that are ready to assist them in maintaining their independence at home or in their community of choice.

To establish LifeLong Links as a reliable, sustainable resource for Iowans, the IDA negotiated contracts with other state departments, including the Office of Chief Information Officer, Iowa Medicaid Enterprise and the Iowa Department of Transportation. These collaborative efforts are designed to enhance and promote LifeLong Links throughout the state, creating an accessible continuum of services and supports that addresses all aspects of living independently.



866.468.7887

www.lifelonglinks.org

NINE OUT OF EVERY 10 IOWANS OVER THE AGE OF 50 **SAY THEY WOULD PREFER TO** STAY IN THEIR OWN HOMES FOR AS LONG AS POSSIBLE OR **AGE IN PLACE.**

Source: AARP. "Voices of 50+ Iowa: Dreams and Challenges" (2011).



IDENTIFYING OPTIONS, ELIMINATING BARRIERS

A key component of LifeLong Links ensures trained options counselors are available to assist older lowans, adults with disabilities, veterans and their caregivers make informed decisions about long-term supports and services. By helping individuals and families understand their strengths, needs, preferences and unique situations, options counselors can identify possible support strategies, plans and tactics based on choices available in the community.

Options counseling is provided through a person-centered action planning process. By taking a comprehensive look at an individual's unique circumstances, options counseling can move beyond just providing the information someone requests to help them proactively consider new, additional or alternative solutions. This wrap-around support ensures lowans have the ability to identify and eliminate any and all barriers to maintaining their long-term independence.

The new face of aging

STEADY PROGRESS TOWARD ELDER JUSTICE

Each year, the IDA works to provide education and develop programs and policies aimed at preventing elder abuse. Elder abuse appears in many different forms, including physical abuse, emotional abuse, undue influence, sexual abuse or exploitation, financial exploitation, denial of critical care and self-neglect.

During its 2013 session, Iowa's 85th General Assembly passed Senate File 446, which mandated the IDA to continue the work of the Elder Abuse Task Force established in 2012 to create legislation that defines and differentiates dependent adult abuse and elder abuse; amend portions of the Iowa Code to better serve victims of elder abuse and criminalize the financial exploitation of older adults; develop a standard core training curriculum for mandatory and permissive reporters; raise public awareness of elder abuse; create a centralized point of entry to provide a seamless continuum of services; and reinstate the Office of Substitute Decision Maker within the IDA.

This important legislation was later signed into law by Gov. Terry Branstad, which assisted additional bills to be passed during the legislature's 2014 session, including the Elder

Abuse Relief Act (SF 2239), the Iowa Uniform Power of Attorney Act (SF 2168) and the Health and Human Services Budget Act (HF 2463), which appropriated funds to re-establish the Office of Substitute Decision Maker, create the Statewide Elder Abuse Prevention and Awareness Program and hire a discharge specialist to work in the Office of the State Long-Term Care Ombudsman.

ELDER ABUSE IN AMERICA

THE NATIONAL ADULT PROTECTIVE SERVICES ASSOCIATION REPORTS:



of older Americans reported being abused, neglected or exploited within the past 12 months



of elder abuse cases go unreported



of financial exploitation cases against older Americans are never reported





ELDER RIGHTS PROGRAM HIGHLIGHTS:

Online Clearinghouse

In SFY 2104, the IDA worked to launch the State Clearinghouse on Elder Abuse, Neglect and Financial Exploitation – a repository of fact sheets, presentations, press releases, training materials and reports for aging network partners, local service providers, caregivers and the general public. The resource is available on the IDA's website at www.iowaaging.gov/state-clearinghouse.

Aging Issues Mediation Project

The IDA continued work throughout SFY 2014 with the Iowa Association of Mediators (IAM) and the Iowa Association of Area Agencies on Aging to develop mediation skills as a core competency among AAA employees and to enhance the knowledge of practicing mediators about aging issues. The vision of the Aging Issues Mediation Project is to create and support a culture where mediation is the preferred method of resolving disputes around aging issues, rather than resorting to the traditional legal intervention system.

Multi-Department Evaluation Process

In August 2013, the IDA took the lead in conducting a multi-department Lean Event to evaluate Iowa's adult abuse system. Along with representatives from the Iowa Departments of Human Services and Inspections and Appeals, as well as the Attorney General's Office, the IDA met to outline current roles in the dependent adult and elder abuse systems and identify gaps in service and opportunities for efficiencies.

Legal Assistance Development

To meet the requirements of the OAA, the IDA employs a legal assistance developer who is responsible for leading the effort to expand the quantity and quality of legal assistance and advocacy available to older Iowans. To ensure a comprehensive elder rights system throughout the state, the IDA works with the AAAs, legal providers and others to help older adults understand and maintain their rights, exercise free choice, solve disputes and benefit from services and opportunities authorized by law. In SFY 2014, the IDA's legal assistance program served 3,066 clients and provided 6,412 units of service, which included providing counsel and advice, brief service, referrals, settlements with litigation, court decisions, settlements without litigation and administrative decisions.



the new face of aging

THE ROLE OF FAMILY CAREGIVER

As Iowa's population ages and family dynamics shift, many people are finding themselves in the role of caregiver at a time in their life when it was not expected. Adults who still have children at home are taking care of elderly parents; spouses and family members of individuals who are aging, disabled or who have Alzheimer's or other related dementias are caring for their loved ones; and a growing number of older adults whose children are grown are becoming primary caregivers for their minor grandchildren.

To provide support to family caregivers across the spectrum, the IDA works through the AAAs to coordinate the Iowa Family Caregiver Support Program and put individuals and families in touch with essential services that can assist them in their caregiver role. Each AAA has a family caregiver specialist who

can connect caregivers to support groups, respite services and other resources, including home and community-based services, legal assistance, emergency response systems, assisted transportation and home-delivered meals. To qualify for assistance, caregivers must be a:

- Friend or relative caring for someone over the age of 60;
- Grandparent (55 or older) acting as the primary caregiver for minor child;
- Friend or relative caring for someone with Alzheimer's disease or a related disorder; or
- Over the age of 55 and caring for someone with developmental disabilities.

As a result of family caregiver assistance, caregivers can stay healthier and in a better position to continue to care for their loved ones.

IN SFY 2014, **297,400 IOWA CAREGIVERS**
PROVIDED **319 MILLION HOURS OF**
SERVICE, VALUED AT **\$3.16 BILLION.**

Source: Caregiver.org. "State of the States in Family Caregiver Support" (2014).

CARING FOR IOWA'S CAREGIVERS

1,146 UNDUPLICATED CONSUMERS

RECEIVED SERVICES SUPPORTED BY FAMILY CAREGIVER FUNDING IN SFY 2014:



Percentage of caregivers receiving services who were 70 or older **58%**

Percentage of caregivers receiving services who were female **71%**

Percentage of caregivers receiving services who resided in rural areas **24%**

Percentage of caregivers receiving services who lived at or below the federal poverty level

37%

FAMILY CAREGIVER SERVICES

PROVIDED TO CONSUMERS ACROSS IOWA IN SFY 2014:

46% received counseling **8%** received options counseling

23% received respite services **8%** received information services

15% received supplemental services **2%** received access assistance

for more information: www.iowaaging.gov/family-caregiver

IOWANS BEING CARED FOR

In SFY 2014, approximately 300,000 Iowans provided informal long-term care services to friends and family members in need of additional assistance. These individuals included 9.1 percent of adults between the ages of 18 and 64 with disabilities and 32.5 percent of adults 65 and older with disabilities.

Among the older Iowans with disabilities being cared for:

14.6% had difficulties hearing

19.4% needed ambulatory assistance

6.4% required assistance with self-care

6.7% had cognitive disabilities

11.9% had difficulty living independently

Source: Caregiver.org. "State of the States in Family Caregiver Support" (2014).

OFFICE OF THE STATE LONG-TERM CARE OMBUDSMAN

Established within the Iowa Department on Aging, the Office of State Long-Term Care Ombudsman (OSLTCO) works to advocate for the rights and wishes of the 22,639 residents and tenants living in Iowa's 406 long-term care facilities.

In SFY 14, the OSLTCO investigated 1,106 complaints made by or on behalf of residents and tenants; opened 733 cases on behalf of residents and tenants; and provided more than 4,570 hours of advocacy services beyond complaint handling.

The OSLTCO also played a pivotal role in passing legislation in SFY 14 to support elder abuse prevention programs, fund a state discharge specialist and re-establish the Office of Substitute Decision Maker.

For more information, visit www.iowaaging.gov/long-term-care-ombudsman.

awards & accomplishments LEGISLATION BENEFITING OLDER IOWANS



Office of Substitute Decision Maker

The Office of Substitute Decision Maker is a public guardianship program established within the Iowa Department on Aging. The office was initially established in 2007, but lost funding in 2009. During Iowa's 2014 Legislative Session, the IDA received a \$288,666 allocation to begin the process of re-establishing the program. (HF 2463)



Elder Abuse Prevention Program

The Iowa Department on Aging received \$525,000 to redistribute to Iowa's six Area Agencies on Aging to administer the Prevention of Elder Abuse, Neglect and Exploitation program pursuant to the Older Americans Act and Iowa Code. The appropriation helped fund an elder rights specialist position in each Area Agency on Aging and provides support for services and resources. (HF 2463)



Food Insecurity for Older Iowans

Funding in the amount of \$250,000 was appropriated to the Area Agencies on Aging through the Iowa Department on Aging to provide congregate meals and home-delivered meals to food-insecure older Iowans. (HF 2473)



Elder Abuse Protection Provisions

Senate File 2239 created provisions within the Iowa Code to provide relief from elder abuse, including giving victims the ability to file a petition for relief and allowing the court to enter various orders of temporary and permanent protection. (SF 2239)



Iowa Uniform Power of Attorney Act

The Uniform Power of Attorney Act assists in preventing power of attorney abuse through numerous mechanisms, including establishing clear duties for agents, providing victims the ability to seek judicial relief and suspending a power of attorney document if a conservator is appointed. (SF 2168)

awards & accomplishments

PROJECTS AWARDED GRANT FUNDING

Creating a Dementia-Capable HCBS System

The IDA received \$977,435 in funding from the Administration for Community Living to test Iowa's LifeLong Links network and ensure individuals with Alzheimer's disease and related dementias and their caregivers are able to access home and community-based services (HCBS). The three-year project will also provide training about the lived experience of dementia to LifeLong Links program staff at the AAAs and fund activities related to care transitions and direct services.



Lifespan Respite Project

In partnership with the Iowa Lifespan Respite Coalition, the IDA received \$102,891 in funding from the Administration for Community Living to enhance and expand lifespan respite care services statewide. The project's objectives include implementing a strategic plan to coordinate services; identifying gaps in service to improve consumer satisfaction; training service providers to improve the quality and consistency of care; and improving access to service by increasing public awareness.



Evidence-Based Falls Prevention Project

In partnership with the Iowa Falls Prevention Coalition, the IDA received \$385,840 in funding from the Administration for Community Living to embed evidence-based falls prevention programs into an integrated, sustainable statewide network. Anticipated outcomes include increasing the number of older adults and adults with disabilities at risk for falls participating in evidence-based falls prevention programs; improving participants' behaviors to reduce fall risks; increasing public awareness about fall risks and prevention strategies; and implementing a responsive, evidence-based falls prevention network.



LOOKING AHEAD

The Iowa Department on Aging continues to work with the Area Agencies on Aging, the Iowa Commission on Aging, legislators, advocates and partners in the aging network to advance policy and programmatic efforts to improve the quality of life for older Iowans, adults with disabilities, veterans and their caregivers.

To date in SFY 2015, significant progress has been made in reestablishing the Office of Substitute Decision Maker, which will greatly enhance Iowans' ability to access state substitute decision-making services when other options are not available.

Additionally, work to expand capacity for LifeLong Links continues, with a redesigned, more comprehensive website preparing to launch that will include a streamlined database and more accessible functionality to help target populations better connect with local long-term services and supports.

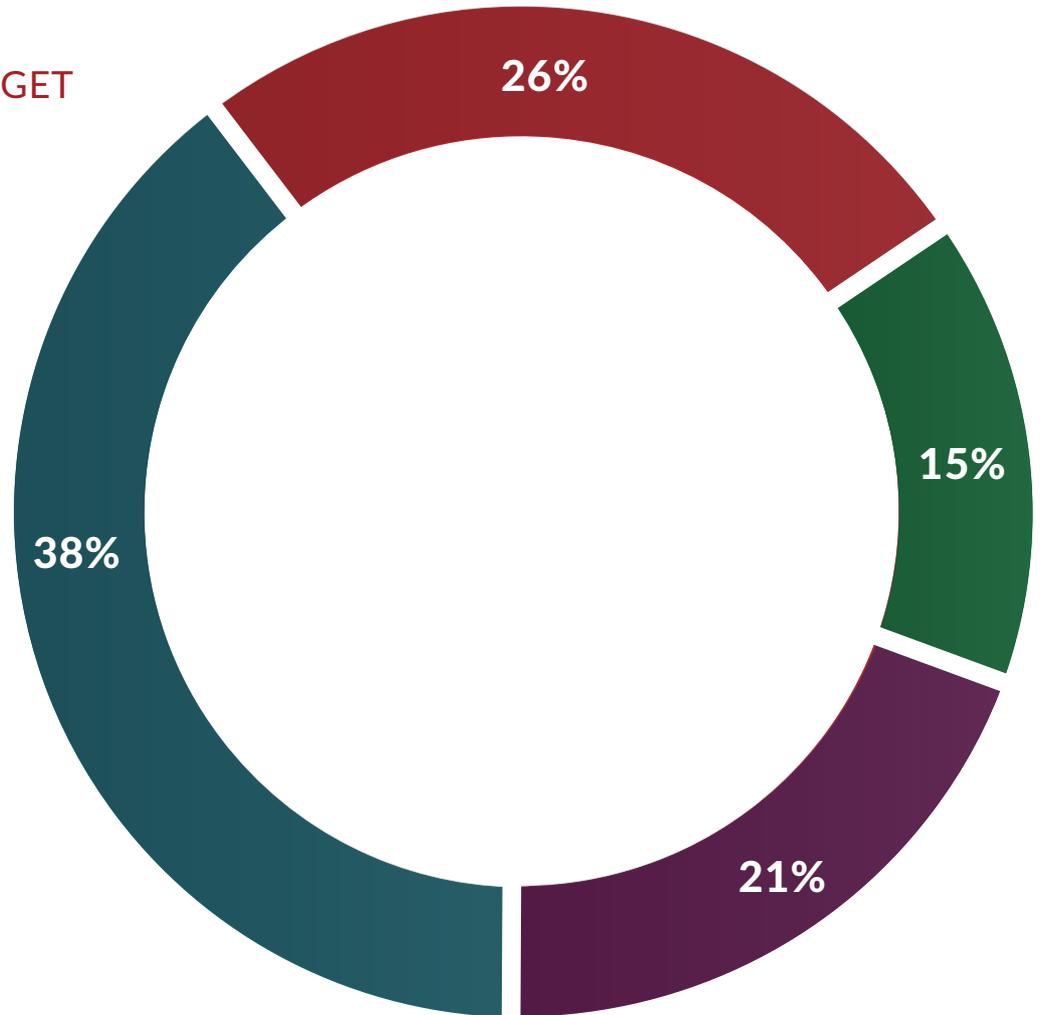
Look for the outcomes of these initiatives and others to be discussed in the IDA's SFY 2015 Annual Report.

financial overview

IOWA DEPARTMENT ON AGING BUDGET

\$43,346,862 IN SFY 2014:

- Federal Funds**
\$16,578,852
- State Funds**
IDA: \$10,625,031
OSLTCO: \$821,707
- Client Contributions**
\$9,168,108
- Local Funds**
\$7,598,517



leadership & governance

IOWA DEPARTMENT ON AGING



DONNA K. HARVEY
DIRECTOR



JOEL WULF, MSW, LISW, ASW-G, CAS
ASSISTANT DIRECTOR



KIMBERLY MURPHY, JD
POLICY AND PLANNING DIRECTOR



DEANNA CLINGAN-FISCHER, JD
STATE LONG-TERM CARE OMBUDSMAN

IOWA COMMISSION ON AGING (SFY 2014)

VOTING MEMBERS:

BETTY GRANDQUIST
CHAIR

DR. JILL M. BJERKE

CAROLE DUNKIN

QUENTIN HART

G. WILLARD JENKINS

RICHARD STONE

NEIL WUBBEN*

NON-VOTING MEMBERS:

SEN. WILLIAM A. DOTZLER JR.
(D) DISTRICT 31

SEN. DAVID JOHNSON
(R) DISTRICT 1

REP. MARY GASKILL
(D) DISTRICT 81

REP. MARK BRANDENBURG
(R) DISTRICT 15

**Older Iowans and their advocates lost a dear friend and valued colleague when Neil Wubben passed away on Jan. 26, 2015. Mr. Wubben was a distinguished and beloved member of his community and an inspiration to all Iowans.*



510 E. 12th Street, Ste. 2 | Des Moines, IA 50319 | www.iowaaging.gov