

Iowa Department of Elder Affairs

**Case Management
Program for Frail Elders
(CMPFE)**

**Fiscal Year 2008
Activity Report**

Iowa Department of Elder Affairs
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(September, 2008)

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Introduction

The Case Management Program for Frail Elders (CMPFE) is a coordinated comprehensive system that strives to provide Iowa's frail elderly consumers with the opportunity to make their own choices regarding long-term care and to receive home and community-based services in the home and community setting.

CMPFE gives the Iowa frail elderly population an alternative to a nursing facility and other forms of institutionalized services. CMPFE coordinates the delivery of needed community services which allow Iowa's frail elderly to remain safely in their own homes. Each consumer is assisted and monitored by an individual case manager. The case manager provides assistance to the consumer in making the appropriate choices that best fits the consumer's needs.

The Iowa Department of Elder Affairs (DEA) is the state agency responsible for the Case Management Program for Frail Elders (CMPFE). Area Agencies on Aging administer the program at the local level.

In October 2006, case management became a service under the medical assistance elderly waiver, thereby allowing utilization of federal Medicaid dollars. Twelve of the 13 area agencies on aging enrolled with the Department of Human Services (DHS) to become Medicaid case management providers. Other types of service agencies also enrolled as Medicaid case management providers. All of the area agencies on aging continue to serve elderly consumers who are not eligible for Medicaid but need case management to help them remain in their homes. The CMPFE 2008 report deals only with those consumers who were served by the area agencies on aging.

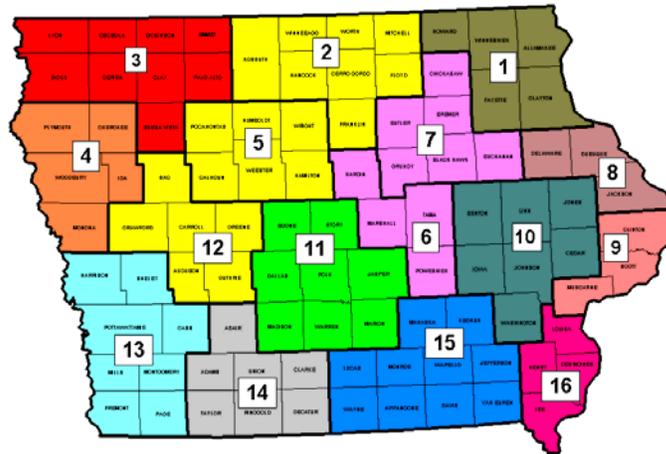
On June 30, 2008, there were **9,086** active consumers participating in CMPFE with **12,212** total consumers served by our department and the area agencies on aging during the year.

During fiscal year 2008, the process was begun to modify several administrative rules governing the program with the intent being to streamline operational processes. Among the changes were:

- Extending from 30 to 90 days the time period a consumer can be in a nursing facility before the consumer is discharged from the case management program.
- Allowing local discretion in the development of area agency policies on prevention and management of conflicts of interest, consumer appeals, consumer complaints, and screening of consumers.
- Clarifying case manager training requirements and service plan contents.

Currently all lowans over the age of 60 can access CMPFE and its services through their local area agency on aging. Services offered through this program make it possible for thousands of Iowa's frail and/or low-income elderly to stay in their home and local communities.

Iowa's Area Agencies on Aging



Area 1

Northland Agency on Aging
(private non-profit organization)
Bruce Butters, Director
808 River Street
Decorah, IA 52101
(563) 382-2941 or (800) 233-4603
Fax (563) 382-6248
mail@northlandaging.com

Area 2, 5 & 12

Elderbridge Agency on Aging
(private non-profit organization)
Lahoma Counts, Director
22 N Georgia, Suite 216
Mason City, IA 50401
(641) 424-0678 or (800) 243-0678
Fax (641) 424-2927
Fort Dodge (515) 955-5244 or
(800) 543-3280
Carroll (712) 792-3512 or (800) 543-3265
elderbridge@elderbridge.org

Area 3

Northwest Aging Association
(private non-profit organization)
Cynthia Beaman, Director
714 10th Ave. East
Spencer, IA 51301
(712) 262-1775 or (800) 242-5033
Fax (712) 262-7520
naa@nwinging.org

Area 4

Siouxland Aging Services, Inc.
(private non-profit organization)
Kim Keleher, Director
2301 Pierce Street
Sioux City, IA 51104
(712) 279-6900 or (800) 798-6916
Fax (712) 233-3415
siouxlandaging@siouxlandaging.org

Area 6 & 7

Hawkeye Valley Area Agency on Aging
(private non-profit organization)
Donna Harvey, Director
2101 Kimball Avenue, Suite 320
Waterloo, IA 50704
(319) 272-2244 or (800) 779-8707
Fax (319) 272-2455
hvaaa@hvaaa.org

Area 8

Scenic Valley Area Agency on Aging
(private non-profit organization)
Linda McDonald, Director
3505 Stoneman Road, Suite 4
Dubuque, IA 52002
(563) 588-3970, Fax (563) 588-1952
scenicaaa@aol.com

Area 9

Generations Area Agency on Aging
(private non-profit organization)
Marvin Webb, Director
935 E. 53rd
Davenport, IA 52807
(563) 324-9085, Fax (563) 324-9384
mwebb@genage.org

Area 10

Heritage Area Agency on Aging
(separate organizational unit)
Liz Selk, Director
6301 Kirkwood Blvd SW
PO Box 2068
Cedar Rapids, IA 52406
(319) 398-5559 or (800) 332-5934
Fax (319) 398-5533
elizabeth.selk@kirkwood.edu

Area 11

Aging Resources of Central Iowa
(private non-profit organization)
Joel Olah, Director
5835 Grand Avenue, Suite 106
Des Moines, IA 50312
(515) 255-1310 or (800) 747-5352
Fax (515) 255-9442
agingres@aol.com

Area 13

Southwest 8 Senior Services, Inc.
(private non-profit organization)
Barbara Morrison, Director
300 W. Broadway, Ste 240
Council Bluffs, IA 51501
(712) 328-2540 or (800) 432-9209
Fax (712) 328-6899
bmorrison@southwest8.org

Area 14

Area XIV Agency on Aging
(private non-profit organization)
Steve Bolie, Director
215 E. Montgomery
Creston, IA 50801
(641) 782-4040, Fax (641) 782-4519
arexiv@iowatelecom.net

Area 15

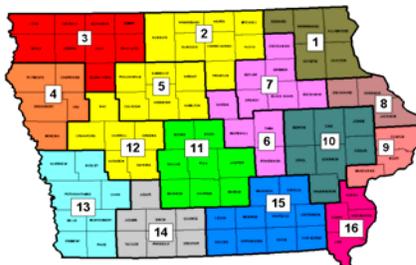
Seneca Area Agency on Aging
(private non-profit organization)
Connie Holland, Director
117 North Cooper Street, Suite 2
Ottumwa, IA 52501
(641) 682-2270 or (800) 642-6522
Fax (641) 682-2445
senecaaaa@seneca-aaa.org

Area 16

Southeast Iowa Area Agency on Aging, Inc
(private non-profit organization)
Dennis Zegarac, Director
509 Jefferson Street
Burlington, IA 52601-5427
(319) 752-5433 or (800) 292-1268
Fax (319) 754-7030
zegarac.dennis@mchsi.com

Iowa Department of Elder Affairs
Case Management Program for Frail Elders (CMPFE)
Statewide SFY 2008 Activity Report
(July 1, 2007 - June 30, 2008)

- 1 - Northland Agency on Aging
- 2, 5 & 12 - Elderbridge Area Agency on Aging
- 3 - Northwest Aging Association
- 4 - Siouxland Aging Services
- 6 & 7 - Hawkeye Valley Area Agency on Aging
- 8 - Scenic Valley Area VIII Agency on Aging

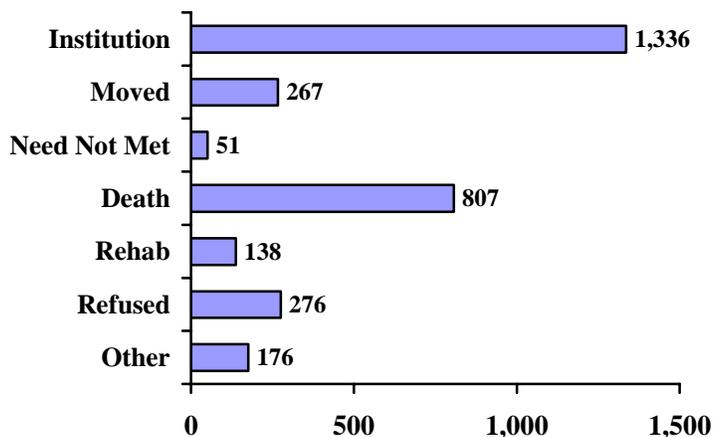


- 9 - Generations Area Agency on Aging
- 10 - Heritage Area Agency on Aging
- 11 - Aging Resources of Central Iowa
- 13 - Southwest 8 Senior Services, Inc.
- 14 - Area XIV Agency on Aging
- 15 - Seneca Area Agency on Aging
- 16 - Southeast Iowa Agency on Aging

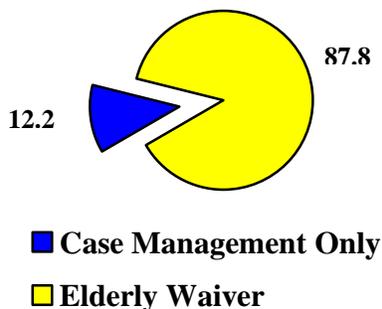
CMPFE Activity

Consumers Served:	12,212
Active Consumers, Monthly Average:	8,982
Consumers Screened:	3,642
Consumers Admitted:	3,233
Initial Assessments:	3,194
Updated Assessments:	<u>6,689</u>
Total Assessments:	9,883

Total Discharges by Type
N=3,051



% Elderly Waiver



Medicaid Elderly Waiver Activity

AAA CMPFE Monthly Report

Elderly waiver consumers in CMPFE, June 30:	7,975
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DHS B-1 Report*

Dollars paid for services for elderly waiver consumers:	\$64,244,800
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Avg. monthly payment per consumer:	\$556
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* Includes elderly waivers consumers who were in CMPFE and also consumers who were served by another Medicaid case management provider.

Iowa Department of Elder Affairs
Case Management Program for Frail Elders (CMPFE)
1 - Northland Area Agency on Aging
SFY 2008 Activity Report

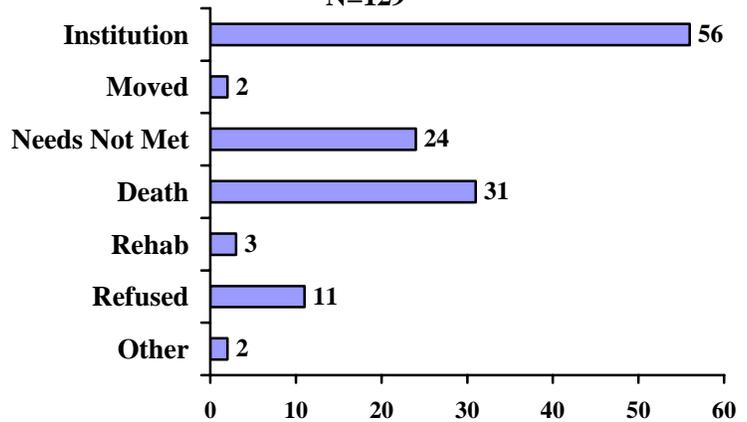


Counties
Allamakee, Clayton, Fayette,
Howard, Winneshiek

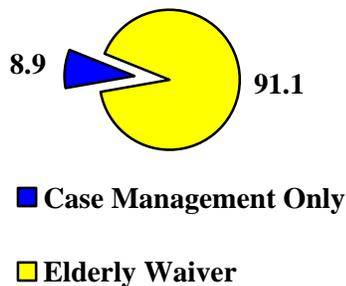
CMPFE Activity

Consumers Served: **502**
Active Consumers,
Monthly Average: **354**
Consumers Screened: **68**
Consumers Admitted: **147**
Initial Assessments: **147**
Updated Assessments: **40**
Total Assessments: **187**

Total Discharges by Type
N=129



% Elderly Waiver

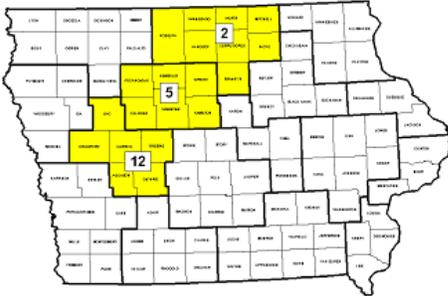


Medicaid Elderly Waiver Activity

AAA CMPFE Monthly Report	
Elderly waiver consumers in CMPFE, June 30:	338
DHS B-1 Report*	
Dollars paid for services for elderly waiver consumers:	\$2,070,216
Avg. monthly payment per consumer:	\$498.13

* Includes elderly waivers consumers who were in CMPFE and also consumers who were served by another Medicaid case management provider.

2,5 & 12 – Elderbridge Area Agency on Aging SFY 2008 Activity Report



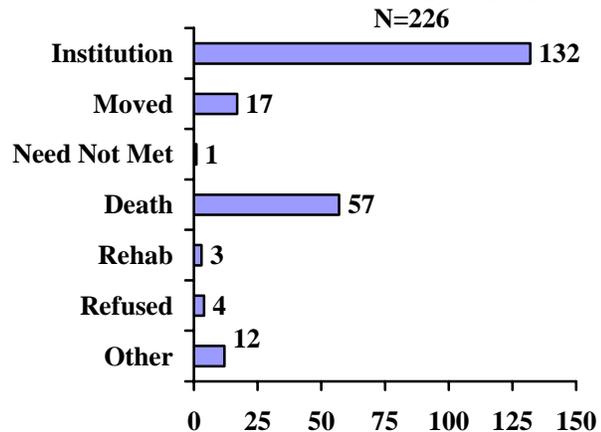
Counties

Audubun, Calhoun, Carroll, Cerro Gordo,
Crawford, Floyd, Franklin, Greene, Guthrie,
Hamilton, Hancock, Humboldt, Kossuth,
Mitchell, Pocahontas, Sac, Webster, Winne-
bago, Worth, Wright

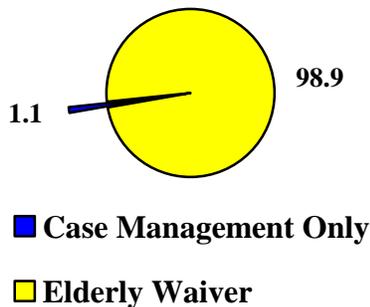
CMPFE Activity

Consumers Served:	989
Active Consumers, Monthly Average:	740
Consumers Screened:	269
Consumers Admitted:	270
Initial Assessments:	269
Updated Assessments:	<u>568</u>
Total Assessments:	837

Total Discharges by Type



% Elderly Waiver



Medicaid Elderly Waiver Activity

AAA CMPFE Monthly Report

Elderly waiver consumers in CMPFE, June 30:	719
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DHS B-1 Report (Medicaid)*

Dollars paid for services for elderly waiver consumers:	\$6,376,744
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Avg. monthly payment per consumer:	\$479.78
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* Includes elderly waivers consumers who were in CMPFE and also consumers who were served by another Medicaid case management provider.

Iowa Department of Elder Affairs
 Case Management Program for Frail Elders (CMPFE)
3 – Northwest Area Agency on Aging
 SFY 2008 Activity Report



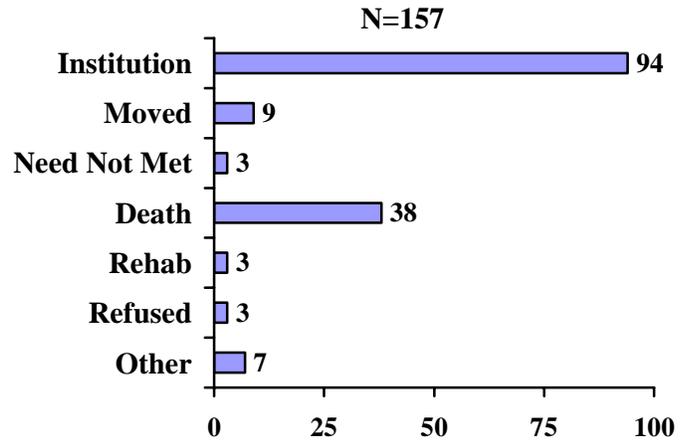
Counties

Buena Vista, Clay, Dickinson, Emmet,
 Lyon, O'Brien, Osceola, Palo Alto,
 Sioux

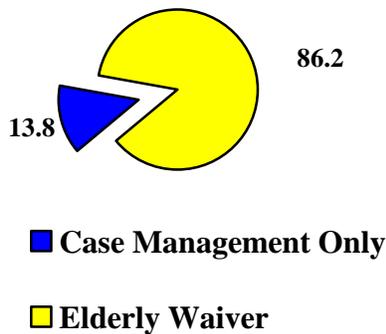
CMPFE Activity

Consumers Served:	576
Active Consumers, Monthly Average:	421
Consumers Screened:	169
Consumers Admitted:	172
Initial Assessments:	168
Updated Assessments:	329
Total Assessments:	497

Total Discharges by Type



% Elderly Waiver



Medicaid Elderly Waiver Activity

AAA CMPFE Monthly Report

Elderly waiver consumers in CMPE, June 30:	362
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DHS B-1 Report*

Dollars paid for services for elderly waiver consumers:	\$2,060,294
Avg. monthly payment per consumer:	\$449.26

* Includes elderly waivers consumers who were in CMPFE and also consumers who were served by another Medicaid case management provider.

Iowa Department of Elder Affairs
Case Management Program for Frail Elders (CMPFE)
4 – Siouxland Aging Services, Inc.
SFY 2008 Activity Report

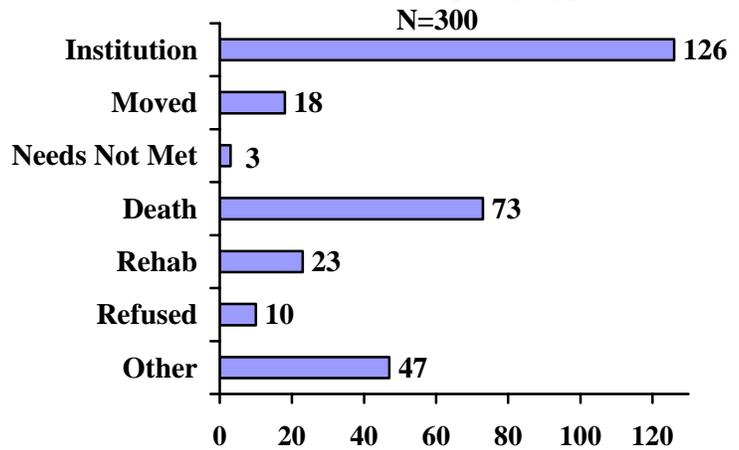


Counties
Cherokee, Ida, Monona,
Plymouth, Woodbury

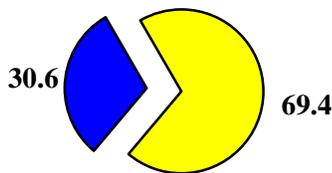
CMPFE Activity

Consumers Served: **1,059**
Active Consumers,
Monthly Average: **758**
Consumers Screened: **294**
Consumers Admitted: **320**
Initial Assessments: **322**
Updated Assessments: **544**
Total Assessments: **866**

Total Discharges by Type



% Elderly Waiver



■ Case Management Only
■ Elderly Waiver

Medicaid Elderly Waiver Activity

AAA CMPFE Monthly Report

Elderly waiver consumers in CMPFE, June 30:	550
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DHS B-1 Report*

Dollars paid for services for elderly waiver consumers:	\$3,711,699
Avg. monthly payment per consumer:	\$522.77

* Includes elderly waivers consumers who were in CMPFE and also consumers who were served by another Medicaid case management provider.

6 & 7 – Hawkeye Valley Area Agency on Aging SFY 2008 Activity Report



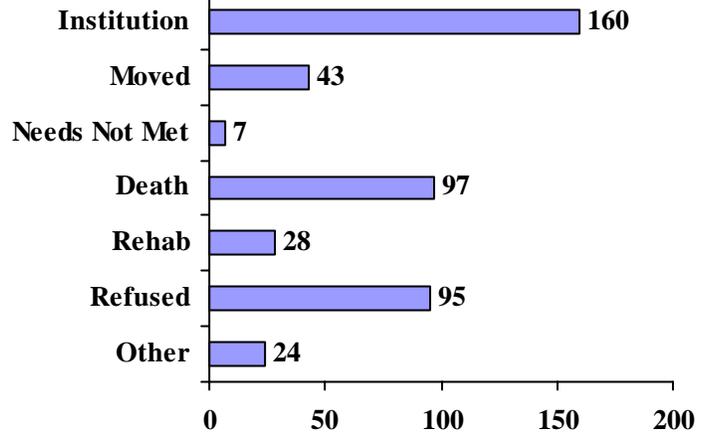
Counties

**Black Hawk, Bremer, Buchanan,
Butler, Chickasaw, Grundy, Hardin,
Marshall, Poweshiek, Tama**

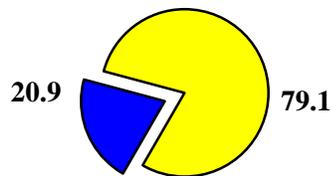
CMPFE Activity

Consumers Served:	1,569
Active Consumers, Monthly Average:	1,083
Consumers Screened:	1,106
Consumers Admitted:	505
Initial Assessments:	495
Updated Assessments:	<u>768</u>
Total Assessments:	1,263

Total Discharges by Type N=454



% Elderly Waiver



- Case Management Only
- Elderly Waiver

Medicaid Elderly Waiver Activity

AAA CMPFE Monthly Report

Elderly waiver consumers in CMPFE, June 30:	884
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DHS B-1 Report*

Dollars paid for services for elderly waiver consumers:	\$6,768,565
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Avg. monthly payment per consumer:	\$525.14
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* Includes elderly waivers consumers who were in CMPFE and also consumers who were served by another Medicaid case management provider.

8 – Scenic Valley Area VIII Agency on Aging SFY 2008 Activity Report



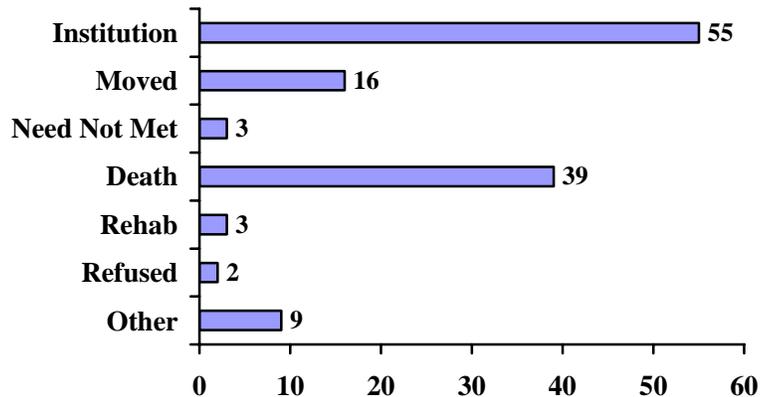
Counties
Deleware, Dubuque, Jackson

CMPFE Activity

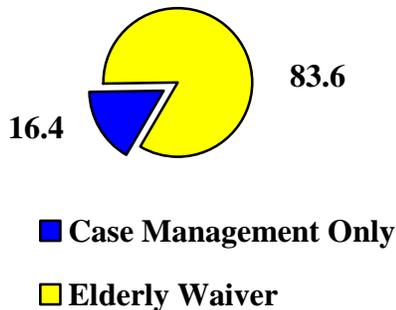
Consumers Served:	550
Active Consumers, Monthly Average:	404
Consumers Screened:	103
Consumers Admitted:	143
Initial Assessments:	140
Updated Assessments:	<u>361</u>
Total Assessments:	501

Total Discharges by Type

N=127



% Elderly Waiver



Medicaid Elderly Waiver Activity

AAA CMPFE Monthly Report

Elderly waiver consumers in CMPFE, June 30:	353
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DHS B-1 Report*

Dollars paid for services for elderly waiver consumers:	\$1,926,740
Avg. monthly payment per consumer:	\$460.06

* Includes elderly waivers consumers who were in CMPFE and also consumers who were served by another Medicaid case management provider.

Iowa Department of Elder Affairs
Case Management Program for Frail Elders (CMPFE)
9 – Generations Area Agency on Aging
SFY 2008 Activity Report

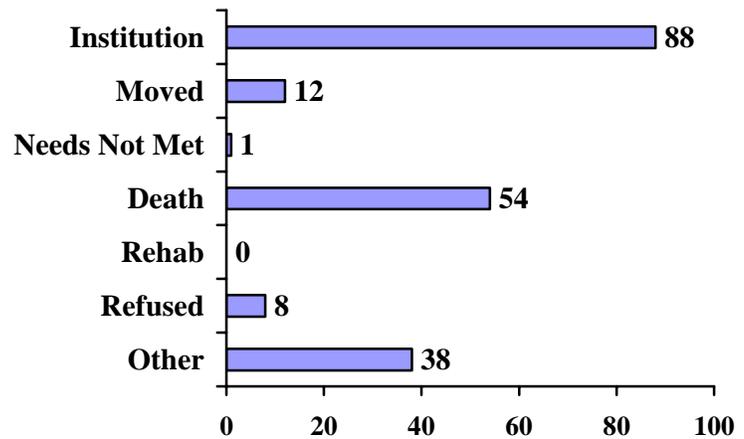


Counties
Clinton, Muscatine, Scott

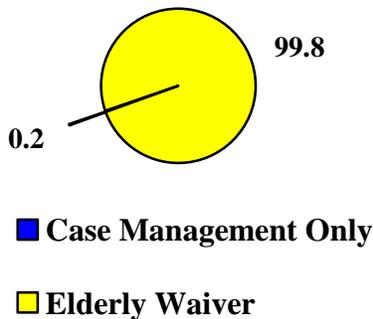
CMPFE Activity

Consumers Served: **1,073**
Active Consumers,
Monthly Average: **846**
Consumers Screened: **489**
Consumers Admitted: **267**
Initial Assessments: **277**
Updated Assessments: **690**
Total Assessments: **967**

Total Discharges by Type
N=201



% Elderly Waiver



Medicaid Elderly Waiver Activity

AAA CMPFE Monthly Report

Elderly waiver consumers in CMFPE, June 30:	882
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DHS B-1 Report*

Dollars paid for services for elderly waiver consumers:	\$6,291,878
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Avg. monthly payment per consumer:	\$608.79
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* Includes elderly waivers consumers who were in CMPFE and also consumers who were served by another Medicaid case management provider.

Iowa Department of Elder Affairs
Case Management Program for Frail Elders (CMPFE)
10 – Heritage Area Agency on Aging
SFY 2008 Activity Report

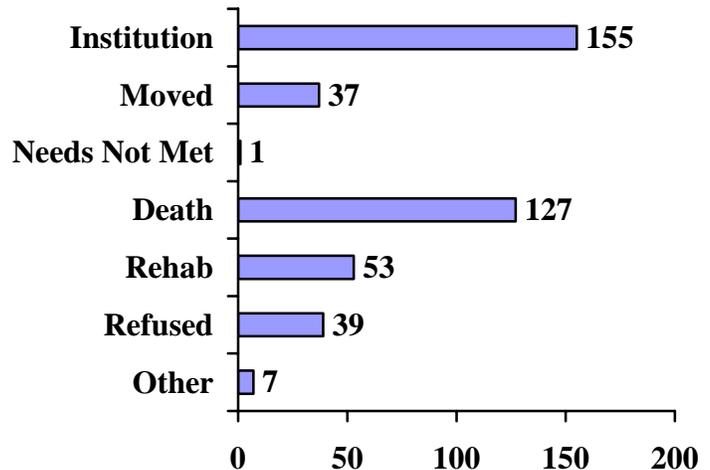


Counties
Benton, Cedar, Iowa, Johnson,
Jones, Linn, Washington

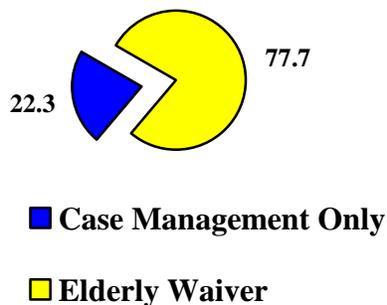
CMPFE Activity

Consumers Served: **1,712**
Active Consumers,
Monthly Average: **1,306**
Consumers Screened: **254**
Consumers Admitted: **352**
Initial Assessments: **341**
Updated Assessments: **1,038**
Total Assessments: **1,379**

Total Discharges by Type
N=419



% Elderly Waiver



Medicaid Elderly Waiver Activity

AAA CMPFE Monthly Report

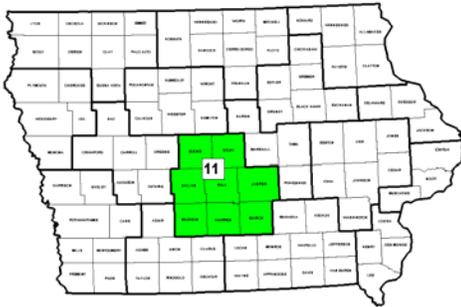
Elderly waiver consumers in CMPFE, June 30:	1,006
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DHS B-1 Report*

Dollars paid for services for elderly waiver consumers:	\$7,364,342
Avg. monthly payment per consumer:	\$537.46

* Includes elderly waivers consumers who were in CMPFE and also consumers who were served by another Medicaid case management provider.

Iowa Department of Elder Affairs
Case Management Program for Frail Elders (CMPFE)
11 – Aging Resources of Central Iowa
SFY 2008 Report

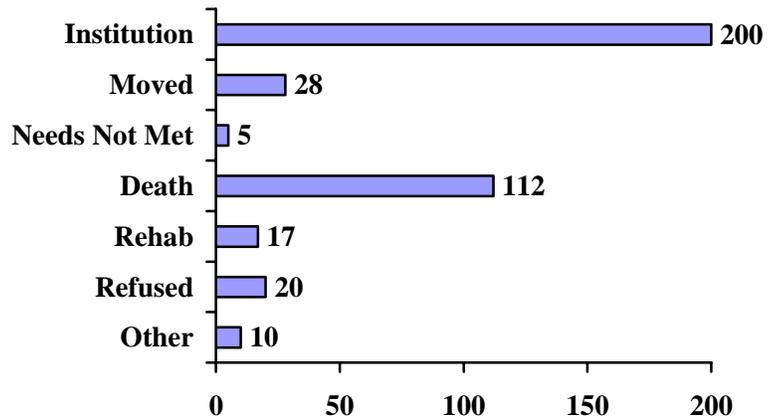


Counties
Boone, Dallas, Jasper, Madison,
Marion, Polk, Story, Warren

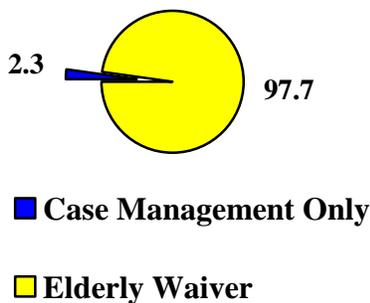
CMPFE Activity

Consumers Served: **1,773**
Active Consumers,
Monthly Average: **1,279**
Consumers Screened: **263**
Consumers Admitted: **420**
Initial Assessments: **420**
Updated Assessments: **1,066**
Total Assessments: **1,486**

Total Discharges by Type
N=392



% Elderly Waiver



Medicaid Elderly Waiver Activity

AAA CMPFE Monthly Report	
Elderly waiver consumers in CMPFE, June 30:	1,271
DHS B-1 Report*	
Dollars paid for services for elderly waiver consumers:	\$11,861,516
Avg. monthly payment per consumer:	\$644.68

* Includes elderly waivers consumers who were in CMPFE and also consumers who were served by another Medicaid case management provider.

Iowa Department of Elder Affairs
Case Management Program for Frail Elders (CMPFE)
13 – Southwest 8 Senior Services, Inc.
SFY 2008 Activity Report

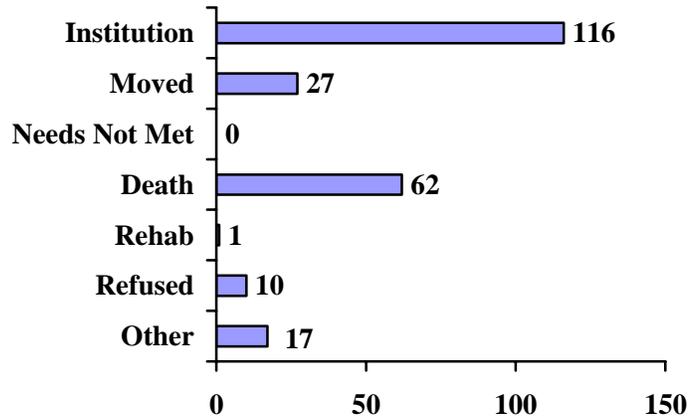


Counties
Cass, Fremont, Harrison, Mills,
Montgomery, Page, Pottawattamie,
Shelby

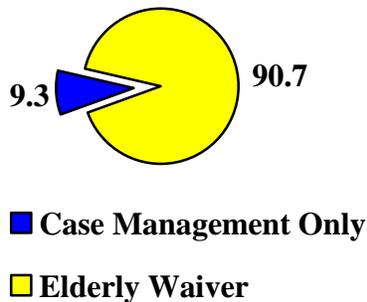
CMPFE Activity

Consumers Served: **875**
Active Consumers,
Monthly Average: **638**
Consumers Screened: **210**
Consumers Admitted: **222**
Initial Assessments: **210**
Updated Assessments: **528**
Total Assessments: **738**

Total Discharges by Type
N=233



% Elderly Waiver



Medicaid Elderly Waiver Activity

AAA CMPFE Monthly Report

Elderly waiver consumers in CMPFE, June 30:	577
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DHS B-1 Report*

Dollars paid for services for elderly waiver consumers:	\$4,132,578
Avg. monthly payment per consumer:	\$518.39

* Includes elderly waivers consumers who were in CMPFE and also consumers who were served by another Medicaid case management provider.

Iowa Department of Elder Affairs
Case Management Program for Frail Elders (CMPFE)
14 – Area XIV Agency on Aging
SFY 2008 Activity Report



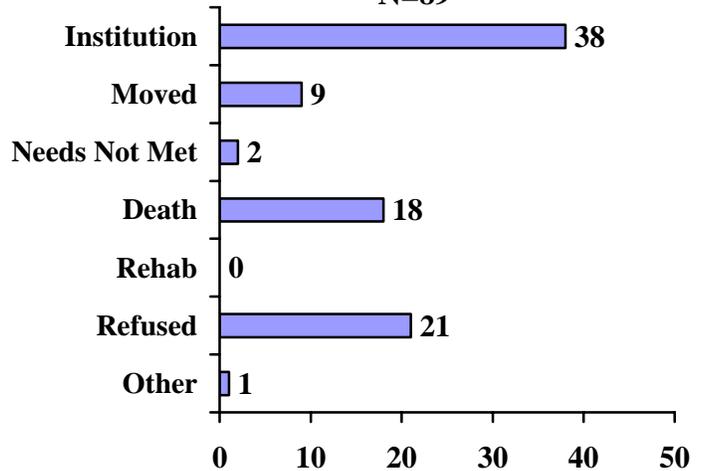
Counties
Adair, Adams, Clarke, Decatur,
Ringgold, Taylor, Union

CMPFE Activity

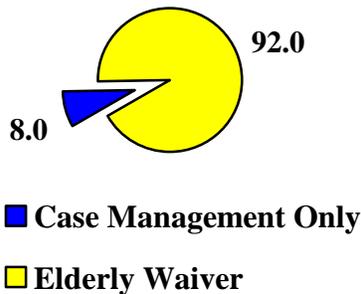
Consumers Served:	318
Active Consumers, Monthly Average:	237
Consumers Screened:	98
Consumers Admitted:	92
Initial Assessments:	82
Updated Assessments:	<u>186</u>
Total Assessments:	268

Total Discharges by Type

N=89



% Elderly Waiver



Medicaid Elderly Waiver Activity

AAA CMPFE Monthly Report

Elderly waiver consumers in CMPFE, June 30:	208
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DHS B-1 Report*

Dollars paid for services for elderly waiver consumers:	\$2,305,998
Avg. monthly payment per consumer:	\$596

* Includes elderly waivers consumers who were in CMPFE and also consumers who were served by another Medicaid case management provider.

Iowa Department of Elder Affairs
Case Management Program for Frail Elders (CMPFE)
15 – Seneca Area Agency on Aging
SFY 2008 Activity Report

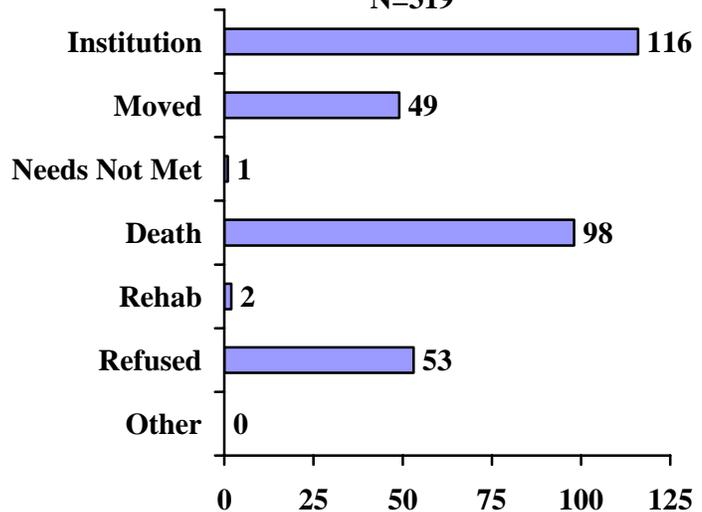


Counties
Appanoose, Davis, Jefferson, Keokuk,
Lucas, Mahaska, Monroe, Van Buren,
Wapello, Wayne

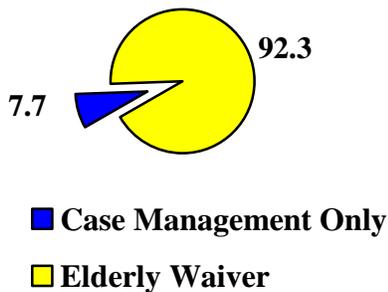
CMPFE Activity

Consumers Served:	1,211
Active Consumers, Monthly Average:	900
Consumers Screened:	319
Consumers Admitted:	319
Initial Assessments:	319
Updated Assessments:	<u>571</u>
Total Assessments:	890

Total Discharges by Type
N=319



% Elderly Waiver



Medicaid Elderly Waiver Activity

AAA CMPFE Monthly Report

Elderly waiver consumers in CMPFE, June 30:	825
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DHS B-1 Report*

Dollars paid for services for elderly waiver consumers:	\$6,823,662
Avg. monthly payment per consumer:	\$629.95

* Includes elderly waivers consumers who were in CMPFE and also consumers who were served by another Medicaid case management provider.

Iowa Department of Elder Affairs
 Case Management Program for Frail Elders (CMPFE)
16 – Southeast Iowa Agency on Aging
 SFY 2008 Activity Report



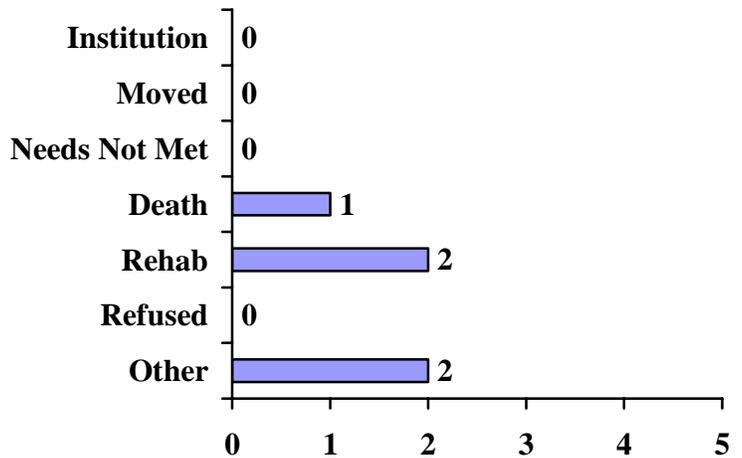
Counties
 Des Moines, Henry, Lee, Louisa

CMPFE Activity

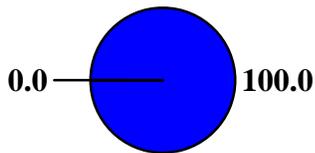
Consumers Served:	5
Active Consumers, Monthly Average:	1
Consumers Screened:	0
Consumers Admitted:	4
Initial Assessments:	4
Updated Assessments:	0
Total Assessments:	4

Total Discharges by Type

N=5



% Elderly Waiver



- Case Management Only
- Elderly Waiver

Medicaid Elderly Waiver Activity

AAA CMPFE Monthly Report

Elderly waiver consumers in CMPFE, June 30:	0
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DHS B-1 Report*

Dollars paid for services for elderly waiver consumers:	\$2,550,568
Avg. monthly payment per consumer:	\$596.02

* Includes elderly waivers consumers who were in CMPFE and also consumers who were served by another Medicaid case management provider.