

Area XIV Agency on Aging



FY'2012 Plan Update

Area Plan on Aging
Fiscal years 2010 – 2013

April 1, 2011

**FY'2012 AREA PLAN UPDATE
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Verification of Intent

Area XIV Agency on Aging (AAA) accepts full authority and responsibility to develop and administer the FY'2012 Area Plan Update in accordance with all requirements of the Older Americans Act as amended 2006, and related Iowa Administrative Code and State policy. By accepting this authority and responsibility, the area agency agrees to develop and administer the Area Plan Update for a comprehensive and coordinated system of service and to serve as the advocate and focal point for all Iowans 60+ years of age in the area agency's planning and service area.

The FY'2012 Area Plan Update is hereby submitted to the Iowa Department on Aging (IDA) for approval.

Date March 31, 2011

Signature of Area Agency on Aging Director

The Area Agency Advisory Council has reviewed the FY'2012 Area Plan Update and approves the plan.

Date March 31, 2011

Signature of Chairperson, Area Agency on Aging Advisory Council

The Board of Directors of the area agency has reviewed the area plan and approves the plan.

Date March 31, 2011

Signature of Chairperson, Area Agency on Aging Board of Directors

**Authorized Signatures
FY'2012 Area Plan Update**

Area XIV Agency on Aging

Name of Area Agency

215 E. Montgomery St.

Street Address

Creston

City

Iowa 50801

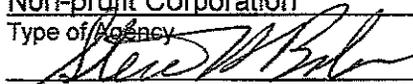
State & Zip

Non-profit Corporation

Type of Agency

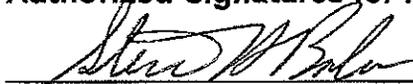
August 1973

Date of Area Agency Designation


Signature of Area Agency on Aging Director

Signature of Area Agency on Aging Board Chair

Authorized Signatures for Funding Applications and Contracts


Signature of Area Agency on Aging Director

3/31/11

Date Signed

Signature of Area Agency on Aging Board Chair

3/31/11

Date Signed

Not applicable

Signature of Area Agency on Aging Associate Director (optional)

Date Signed

Not applicable

Signature & Title (optional person)

Date Signed

**Authorized Signatures for Fiscal Reports
(Other than Area Agency Director)**



Not Applicable (Right click on the box to insert an "X".)

Signature & Title

Date Signed

Signature & Title

Date Signed

**Authorized Signatures for Program Reports
(Other than Area Agency Director)**



Not Applicable (Right click on the box to insert an "X".)

Signature of Area Agency on Aging Program Director/Coordinator

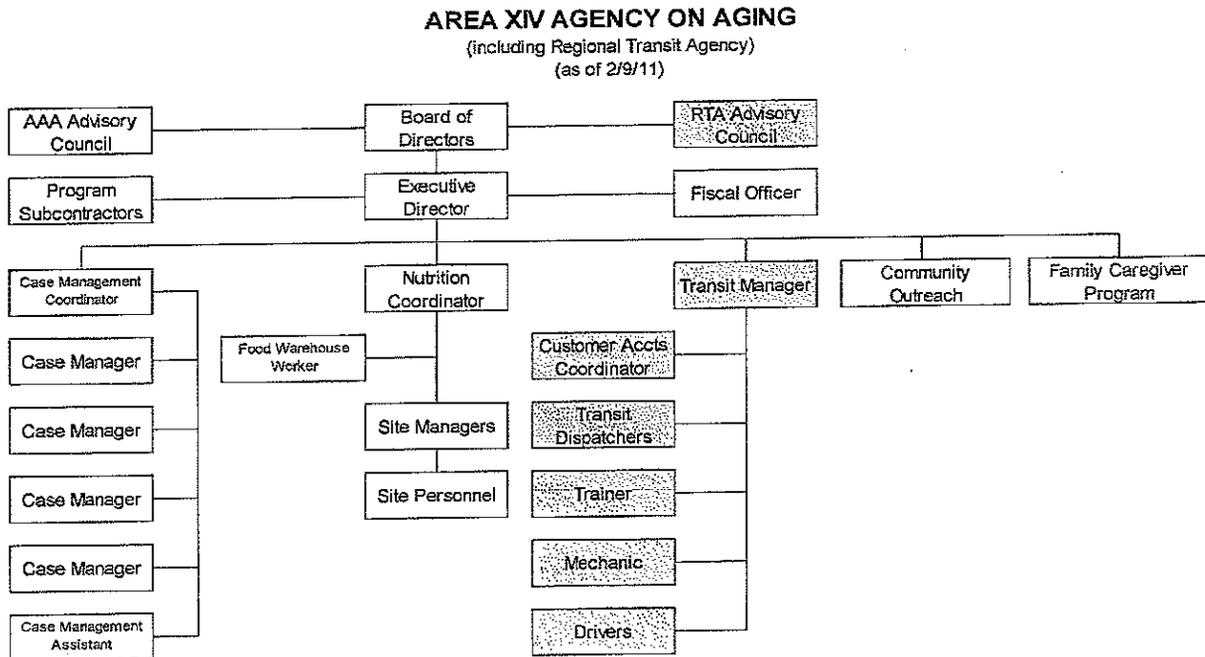
Date Signed

Signature of Area Agency on Aging Program Director/Coordinator

Date Signed

Section 1.2 Organizational Structure

Organizational Chart



NOTE: Shaded boxes are related to the Regional Transit Agency which operates as a department of Area XIV Agency on Aging but functions as if it were a contractor of the area agency on aging.

Area Agency on Aging Board Officials and Members

IAC 17-6.7(231) AAA Board of Directors. 6.7(1) Each designated AAA shall establish a board of directors in accordance with its individual articles of incorporation and bylaws; and 6.7(7) the AAA board of directors shall comply with Iowa Code chapter 504, "Revised Iowa Nonprofit Corporation Act."

Board officials Area XIV Agency on Aging

Chairperson

Karl McCarty
Prescott, IA

Vice-Chairperson

Jack Cooley
Osceola, IA

Secretary

Bonnie Godden
Bedford, IA

Treasurer

None

Other Board Members

John Twombly
Greenfield, IA

Colleen Bickford
Corning, IA

Carl Miller
Greenfield, IA

Mary Linderman
Woodburn, IA

Gary Boswell
Lamoni, IA

Doug Price
Leon, IA

Larry Ford
Tingley, IA

David Inloes
Kellerton, IA

Bob Jansen
Creston, IA

Dennis Cooper
Bedford, IA

Mark Kinkade
Creston, IA

Deloris Carns-Robertson
Fontanelle, IA

Area Agency on Aging Advisory Council Members

IAC 17-6.8(231) AAA Advisory Council. 6.8(1) Member Requirements – The AAA shall establish an advisory council composed of members, at least one-half of whom are aged 60 and older. 6.8(2) Duties. It shall be the specific responsibility of the advisory council to advise the AAA and: (b) Review and make recommendations on the content, formulation, administration and priorities of the area plan and participate in the public hearings on the area plan.

Area XIV Agency on Aging Advisory Council 2010

Meal site (county)	Criteria	Name	Town
<u>Represented</u>	<u>Represented</u>		
<u>Adair (Adair County)</u>	1,2,4,7	Joy Eden	Casey
<u>Greenfield (Adair County)</u>	1,2,7	Ken Blazek	Orient
<u>Corning (Adams County)</u>	1,2,5,7	Leona Westphal	Corning
	1,2,7	Rosena Fife	Corning
<u>Osceola (Clarke County)</u>	1,2,7	Connie Updike	Van Wert
	1,2,7	Roland Updike	Van Wert
	1,2,7	Mike Schmidt	Osceola
<u>Leon (Decatur County)</u>	1,2,7	Wendell Tuttle	Leon
<u>Lamoni (Decatur County)</u>	2,5,7	Jim Hammer	Lamoni
<u>Mt. Ayr (Ringgold County)</u>	1,2,7	Irma Johnston	Beaconsfield
<u>Tingley (Ringgold County)</u>	1,2,7	Neil Johnston	Beaconsfield
<u>Bedford (Taylor County)</u>	1,2,7	Vivian Keith	Bedford
<u>Clearfield (Taylor County)</u>	1,2,7	Bob Osburn	Bedford
<u>Afton (Union County)</u>	1,2,4,7	Leonard Feld	Afton
<u>Creston (Union County)</u>		Vacant	
<u>Lorimor (Union County)</u>		Vacant	
<u>At large</u>	1,2,3,7	Pat Rhoades	Lenox
	1,2,6,7	Warren Woods	Creston
	1,2,3,7	Dale Juergens	Clearfield

Mandatory Representation Criteria

1. More than 50 percent older persons, including minority individuals who are participants or who are eligible to participate in programs under the OAA;
2. Representatives of older persons;
3. Representatives of health care provider organizations, including providers of veterans' health care (if appropriate);
4. Representatives of supportive services providers organizations;
5. Persons with leadership experience in the private and voluntary sectors;
6. Local elected officials.

7. The general public.

Section 1.3 Compliance and Assurance Documents

Compliance with Assurances and General Provisions

The Area Agency on Aging hereby assures compliance, on behalf of itself and any subcontractors, with all applicable provisions of the following statutes, regulations and requirements, and assures that services will be provided in accordance with any and all applicable federal or state laws, regulations, rules and procedures.

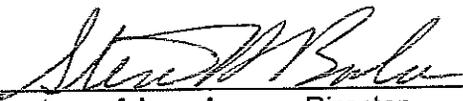
- Older Americans Act, as Amended, 2006
- Fair Labor Standards Act of 1938
- Americans with Disabilities Act of 1990
- Senior Living Program, IAC 17, Chapter 28
- Code of Iowa, Chapter 8F, Government Accountability-Service Contracts, Contractor Certification and Reporting
- Emergency Preparedness Planning
- Minority Impact Statement
- Assurance of Compliance with the State of Iowa Laptop/Tablet Data Protection Standard (Associated with CMPFE)
- Assurance of Compliance with the Federal Funding Accountability and Transparency Act (FFATA), which requires grantees and their sub-recipients to have a Dun and Bradstreet Numbering System (DUNS) number (www.dnb.com) and to maintain active and current profiles in the Central Contractor Registration (CCR) (www.ccr.gov).

The Area Agency on Aging will cooperate fully with the Iowa Department on Aging to assure compliance with provisions required by legislative action taken by the Congress of the United States, and the Iowa General Assembly, and with Iowa Aging Program Instructions during fiscal years 2010-2013 of the Area Plan.

Further Assurance is given that:

1. The Area Agency on Aging will provide access to and the right to examine all record books, papers or documents related to the Area Plan.

The Compliance with Assurances and General Provisions is hereby submitted for the FY'2012 Area Plan Update to the Iowa Department on Aging for approval.



Signature of Area Agency Director

March 31, 2011

Date

Area XIV Agency on Aging

Area Agency on Aging

Older Americans Act, as Amended 2006
38 Sec. 306 OLDER AMERICANS ACT OF 1965

Assurances
Sec. 306, AREA PLANS

- 306(a)(2) Each area agency on aging shall provide assurances that an adequate proportion, as required under section 307(a)(2), of the amount allotted for part B to the planning and service area will be expended for the delivery of each of the following categories of services-
- 306(a)(2)(A) services associated with access to services (transportation, health services (including mental health services), outreach, information and assistance (which may include information and assistance to consumers on availability of services under part B and how to receive benefits under and participate in publicly supported programs for which the consumer may be eligible), and case management services);
- 306(a)(2)(B) in-home services, including supportive services for families of older individuals who are victims of Alzheimer's disease and related disorders with neurological and organic brain dysfunction; and
- 306(a)(2)(C) legal assistance; and assurances that the area agency on aging will report annually to the State agency in detail the amount of funds expended for each such category during the fiscal year most recently concluded.
- 306(a)(4)(A)(i) (I) provide assurances that the area agency on aging will—
(aa) set specific objectives, consistent with State policy, for providing services to older individuals with greatest economic need, older individuals with greatest social need, and older individuals at risk for institutional placement; (bb) include specific objectives for providing services to low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas; and
(II) include proposed methods to achieve the objectives described in items (aa) and (bb) of subclause (I);
- 306(a)(4)(A)(ii) provide assurances that the area agency on aging will include in each agreement made with a provider of any service under this title, a requirement that such provider will—(I) specify how the provider intends to satisfy the service needs of low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas in the area served by the provider;(II) to the maximum extent feasible, provide services to low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas in accordance with their need for such services; and (III) meet specific objectives established by the area agency on aging, for providing services to low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas within the planning and service area; and
- 306(a)(4)(A)(iii) With respect to the fiscal year preceding the fiscal year for which such plan is prepared, each area agency on aging shall--(I) identify the number of low-income minority older individuals and older individuals residing in rural areas in the planning and service area; (II) describe the methods used to satisfy the service needs of such minority older individuals;

and (III) provide information on the extent to which the area agency on aging met the objectives described in clause (a)(4)(A)(i).

- 306(a)(4)(B)(i) Each area agency on aging shall provide assurances that the area agency on aging will use outreach efforts that will identify individuals eligible for assistance under this Act, with special emphasis on-- (I) older individuals residing in rural areas; (II) older individuals with greatest economic need (with particular attention to low-income minority individuals and older individuals residing in rural areas);(III) older individuals with greatest social need (with particular attention to low-income minority individuals and older individuals residing in rural areas); (IV) older individuals with severe disabilities;(V) older individuals with limited English proficiency; (VI) older individuals with Alzheimer's disease and related disorders with neurological and A-3 organic brain dysfunction (and the caretakers of such individuals); and (VII) older individuals at risk for institutional placement; and
- 306(a)(4)(C) Each area agency on agency shall provide assurance that the area agency on aging will ensure that each activity undertaken by the agency, including planning, advocacy, and systems development, will include a focus on the needs of low-income minority older individuals and older individuals residing in rural areas.
- 306(a)(5) Each area agency on aging shall provide assurances that the area agency on aging will coordinate planning, identification, assessment of needs, and provision of services for older individuals with disabilities, with particular attention to individuals with severe disabilities, and individuals at risk for institutional placement, with agencies that develop or provide services for individuals with disabilities.
- 306(a)(6)(F) Each area agency will: in coordination with the State agency and with the State agency responsible for mental health services, increase public awareness of mental health disorders, remove barriers to diagnosis and treatment, and coordinate mental health services (including mental health screenings) provided with funds expended by the area agency on aging with mental health services provided by community health centers and by other public agencies and nonprofit private organizations;
- 306(a)(9) Each area agency on aging shall provide assurances that the area agency on aging, in carrying out the State Long-Term Care Ombudsman program under section 307(a)(9), will expend not less than the total amount of funds appropriated under this Act and expended by the agency in fiscal year 2000 in carrying out such a program under this title.
- 306(a)(11) Each area agency on aging shall provide information and assurances concerning services to older individuals who are Native Americans (referred to in this paragraph as "older Native Americans"), including-
- 306(a)(11)(A) information concerning whether there is a significant population of older Native Americans in the planning and service area and if so, an assurance that the area agency on aging will pursue activities, including outreach, to increase access of those older Native Americans to programs and benefits provided under this title;
- 306(a)(11)(B) an assurance that the area agency on aging will, to the maximum extent practicable, coordinate the services the agency provides under this title with services provided under title VI; and
- 306(a)(11)(C) an assurance that the area agency on aging will make services under the area plan available, to the same extent as such services are available to older individuals within the planning and service area, to older Native Americans.

- 306(a)(13)(A) Each area agency on aging shall provide assurances that the area agency on aging will maintain the integrity and public purpose of services provided, and service providers, under this title in all contractual and commercial relationships.
- 306(a)(13)(B) Each area agency on aging shall provide assurances that the area agency on aging will disclose to the Assistant Secretary and the State agency—
 - 306(a)(13)(B)(i) the identity of each nongovernmental entity with which such agency has a contract or commercial relationship relating to providing any service to older individuals; and
 - 306(a)(13)(B)(ii) the nature of such contract or such relationship.
- 306(a)(13)(C) Each area agency on aging shall provide assurances that the area agency will demonstrate that a loss or diminution in the quantity or quality of the services provided, or to be provided, under this title by such agency has not resulted and will not result from such non-governmental contracts or such commercial relationships.
- 306(a)(13)(D) Each area agency on aging shall provide assurances that the area agency will demonstrate that the quantity or quality of the services to be provided under this title by such agency will be enhanced as a result of such non-governmental contracts or commercial relationships.
- 306(a)(13)(E) Each area agency on aging shall provide assurances that the area agency will, on the request of the Assistant Secretary or the State, for the purpose of monitoring compliance with this Act (including conducting an audit), disclose all sources and expenditures of funds such agency receives or expends to provide services to older individuals.
- 306(a)(14) Each area agency on aging shall provide assurances that funds received under this title will not be used to pay any part of a cost (including an administrative cost) incurred by the area agency on aging to carry out a contract or commercial relationship that is not carried out to implement this title.
- 306(a)(15) provide assurances that funds received under this title will be used-
 - 306(a)(15)(A) to provide benefits and services to older individuals, giving priority to older individuals identified in paragraph (4)(A)(i); and
 - 306(a)(15)(B) in compliance with the assurances specified in paragraph (13) and the limitations specified in section 212;

The governing body of the area agency has reviewed and approved these Assurances for the FY'2012 Area Plan Update.

Signature of Authorized Official of the Grantee (Director, Area Agency on Aging)



Signature of Authorized Official of the Grantee (AAA Director)

March 31, 2011

Date

NA

Signature of Other Designee (If Appropriate)

March 31, 2011

Date

Assurance of Compliance with the Department of Health and Human Services Regulations Regarding
Title VI of the Civil Rights Act of 1964, as Amended

Area XIV Agency on Aging (hereinafter called the "Applicant")
Name of Applicant (Area Agency on Aging)

HEREBY AGREES THAT it will comply with Title VI of the Civil Rights Act of 1964 (P.L. 88-352) and all requirements imposed by or pursuant to the Regulation of the Department of Health and Human Services (45 CFR Part 80) issued pursuant to that title, to the end that, in accordance with Title VI of that Act and the Regulation, no person in the United States shall, on the ground of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity for which the Applicant receives federal financial assistance from the Department; and hereby gives assurance that it will immediately take any measures necessary to effectuate this agreement.

If any real property or structure thereon is provided or improved with the aid of federal financial assistance extended to the Applicant by the Department, this assurance shall obligate the Applicant, or in the case of any transfer of such property, any transferee, for the period during which the real property or structure is used for a purpose for which the federal financial assistance is extended or for another purpose involving the provision of similar services or benefits. If any personal property is so provided, this assurance shall obligate the Applicant for the period during which it retains ownership or possession of the property. In all other cases, this assurance shall obligate the Applicant for the period during which the federal financial assistance is extended to it by the Department.

THIS ASSURANCE is given in consideration of and for the purpose of obtaining any and all Federal grants, loans, contracts, property, discounts or other federal financial assistance extended after the date hereof to the Applicant by the Department, including installment payments after such date on account of applications for federal financial assistance which were approved before such date. The Applicant recognizes and agrees that such federal financial assistance will be extended in reliance on the representations and agreements made in this assurance, and that the United States shall have the right to seek judicial enforcement of this assurance. This assurance is binding on the Applicant, its successors, transferees, and assignees, and the person or persons whose signatures appear below are authorized to sign this assurance on behalf of the Applicant.

FY'2012 Area Plan Update

Area XIV Agency on Aging
Applicant (Area Agency on Aging)

March 31, 2011
Date

By 
Signature of Authorized Official of the Grantee
(AAA Director)

Applicant's Mailing Address (Area Agency on Aging):
Area XIV Agency on Aging
215 E. Montgomery St.
Creston, IA 50801

**Assurance of Compliance with Section 504 of the
Rehabilitation Act of 1973, as Amended**

The undersigned (hereinafter called the "recipient") HEREBY AGREES THAT it will comply with Section 504 of the Rehabilitation Act of 1973, as amended (29 U.S.C. 794), all requirements imposed by the applicable HHS regulation (45 CFR Part 84), and all guidelines and interpretations issued pursuant thereto.

Pursuant to subsection 84.5(a) of the regulation (45 CFR84.5(a), the recipient gives this Assurance in consideration of and for the purpose of obtaining any and all federal grants, loans, contracts (except procurement contracts of insurance or guaranty), property, discounts, or other federal financial assistance extended by the Department of Health and Human Services after the date of this Assurance including payments or other assistance made after such date on applications for federal financial assistance that were approved before such date. The recipient recognizes and agrees that such Federal financial assistance will be extended in reliance on the representation and agreements made in this Assurance and that the United States will have the right to enforce this Assurance through lawful means. This Assurance is binding on the recipient, its successors, transferees, and assignees, and the person or persons whose signatures appear below are authorized to sign this Assurance on behalf of the recipient.

This Assurance obligates the recipient for the period during which federal financial assistance is extended to it by the Department of Health and Human Services or, where the assistance is in the form of real or personal property, for the period provided for in subsection 84.5(b) of the regulation (45 CFR84.5 (b).

The recipient: (Check (a) or (b)

a. () employs fewer than fifteen persons

b. (X) employs fifteen or more persons and, pursuant to subsection 84.7(a) of the regulation (45 CFR 84.7(a), has designated the following person(s) to coordinate its efforts to comply with the HHS regulations:

Steve Bolie, Executive Director March 31, 2011
Name of Designee(s) (Director, Area Agency on Aging) (type or print) Date

Area XIV Agency on Aging March 31, 2011
Name of Recipient (Area Agency on Aging) (type or print) Date

215 E. Montgomery St.
Street Address or P.O. Box

Creston IA 50801
City State Zip

FY'2012 Area Plan Update

I certify that the above information is complete and correct to the best of my knowledge.

 March 31, 2011
Signature of Authorized Official of the Grantee Date

Assurance of Compliance with the Minority Impact Statement

Pursuant to Iowa Code, Section 8.11, all grant applications submitted to the State of Iowa due January 1, 2009 and forward, shall include a Minority Impact Statement. This is the State's mechanism to require grant applicants to consider the potential impact of the grant project's proposed programs or policies on minority groups.

Please choose the statement(s) that pertains to this grant application. Complete all the information requested for the chosen statement(s).

- Statement One:** The proposed grant projects, programs or policies could have a disproportionate or unique positive impact on minority persons.

Describe the positive impact expected from this project below.

Enter Text Here

Indicate which group below is impacted by typing an "X" before the group's name.

- Women
- Persons with a disability
- Blacks
- Latinos
- Asians
- Pacific Islanders
- American Indians
- Alaskan Native Americans
- Other

- Statement Two:** The proposed grant projects, programs or policies could have a disproportionate or unique negative impact on minority persons.

Describe the negative impact expected from this project below.

Enter Text Here

Present the rationale for the existence of the proposed program or policy.

Enter Text Here

Provide evidence of consultation of representatives of the minority groups impacted.

Enter Text Here

Indicate which group is impacted by typing an "X" before the group's name.

- Women
- Persons with a disability
- Blacks
- Latinos
- Asians
- Pacific Islanders
- American Indians
- Alaskan Native Americans
- Other

Statement Three: The proposed grant project programs or policies are not expected to have a disproportionate or unique impact on minority persons.

While we always seek to have a positive impact, with only very few minority individuals in the seven counties it will be difficult to have an significant impact, either positive or negative.

FY'2012 Area Plan Update

I hereby certify that the information on this form is complete and accurate, to the best of my knowledge:



Signature of Area Agency Director

Area XIV Agency on Aging
Name of Area Agency on Aging

March 31, 2011

Date

Definitions

"Minority persons", as defined in Iowa Code Section 8.11, mean individuals who are women, persons with a disability, Blacks, Latinos, Asians or Pacific Islanders, American Indians, and Alaskan Native Americans.

"Disability", as defined in Iowa Code Section 15.102, Subsection 5, paragraph "b", subparagraph (1):B. as used in this subsection means:

- (1) "Disability" with respect to an individual, a physical or mental impairment that substantially limits one or more of the major life activities of the individual, a record of physical or mental impairment that substantially limits one or more of the major life activities of the individual, or being regarded as an individual with a physical or mental impairment that substantially limits one or more of the major life activities of the individual.

"State agency", as defined in Iowa Code Section 8.11, means a department, board, bureau, commission, or other agency or authority of the State of Iowa.

**Assurance of Compliance with the
State of Iowa Laptop/Tablet Data Protection Standard
Associated with CMPFE**

The Area Agency on Aging assures that laptop and/or tablet computers used to access IDA's database system associated with the Case Management Program for Frail Elders (CMPFE) meet all requirements of the State of Iowa Laptop/Tablet Data Protection Standard.

FY'2012 Area Plan Update

The area agency director and/or governing body has reviewed and approved this assurance.



Signature of Area Agency Director

Area XIV Agency on Aging

Name of Area Agency on Aging

March 31, 2011

Date

Section 1.4 Profile of Planning and Service Area (PSA)

Mission Statement

The mission of Area XIV Agency on Aging is to advocate for, plan and coordinate services to, and support caregivers so that older adults in southern Iowa remain independent, healthy, and productive in their homes and communities.

Vision Statement

We envision the time when all older adults in southern Iowa are able to remain independent, healthy, and productive in their homes and communities avoiding premature institutionalization.

Demographic Profile

Population(s) Served – Social-demographic and economic factors in the PSA

Locations of socially isolated elders – Transportation is the key element causing social isolation for elders. When health issues cause a person to lose the ability to drive isolation can occur. Public transportation helps in the communities where it is available. However, smaller communities lack the consumer base to justify the cost of transportation services that are available in the larger communities like Creston, Osceola and the other county seat towns.

Diversity

	Number / PSA	Percent (%) / PSA
Rural	10,890	79.5%
Urban (see note below)	2,815	20.5%
Disabled		
Limited English Proficiency		
Minority 60+	47	.34%
Poverty	1,424	10.4%

Source: Administration on Aging Web site: <http://www.aoa.gov/prof/Statistics/Tab/aoacensus2000.html>

Racial Diversity: Only 47 (.34%) of those age 60 and older were identified as minority broken down as follows:

Black alone	4
Asian alone	12
Other race	4
Two or more	27

The PSA has very little racial diversity with the white population comprising approximately 98% of the population (a low of 96.46% in Decatur County to a high of 99.07% in Ringgold County). Decatur's African-American population of .98% is highest in the area and the highest Asian population at .63%. These populations are probably due to the presence of Graceland University so would not constitute a significant ethnic senior population. Clarke County has 4.04% Hispanic or Latino of any race.

In FY11 the agency has expanded outreach to Hispanics and Latinos, especially in Clarke County, by having transportation materials translated into Spanish. A flyer has been translated and the new brochure, now under development, will be available in Spanish as well.

Rural Communities

Though there are no urban areas in the PSA, only 79.5% of the population identified themselves as rural. This may reflect a category of non-farm rural population who live in towns that do not qualify as urban for census purposes. For AAA planning and reporting purposes the entire PSA is treated as rural.

Growth of 65-69 Population.

The growth of the 65-69 population in Iowa will result in relatively less need for services because younger seniors tend to be healthier and have more choices than seniors did in earlier times. One result will be less demand for traditional nutrition services. At the same time, those in this age group who do not have health and resources will need traditional services but delivered in new, creative ways. One way Area XIV is preparing for serving this group movement toward the ADRC method of connecting those in need with services.

Informal Caregiver System

When informal caregivers contact Area XIV they tend to express need for financial support for needed services or emotional support or both. Area XIV seeks to support informal caregivers with information and referral service (provided directly and under contract with i4a), respite, and other supportive services. The proposed amendment the area plan for FY12 will provide funding to serve grandparents caring for grandchildren.

Targeting Plan

The Family Caregiver and case management programs are frequently in the forefront of efforts to coordinate and integrate planning with other agencies, especially hospitals and public health providers. We make frequent referrals to both and purchase services when needed. The purchase of service process will be formalized in the coming months. In FY12 we will work to establish formal and informal relationships with agencies who serve persons with disabilities as a step in developing an ADRC in southern Iowa.

Area XIV has embraced evidence-based programs. Two staff members received training to be Better Choices/Better Health trainers and two sessions were held in FY11. Two staff members and one community member received training to be Matter of Balance coaches. The first MOB class was held in February and March, 2011. Activities so far are funded by grant funding through IDA and i4a. One more session of each program are planned for the spring of 2011. The plan is to continue both programs using Title IIID funds while other funding is sought.

Currently, approximately 8% of the seniors in the seven counties receive services coordinated or funded by Area XIV. Efforts to expand this percentage include:

- a. On-going public relations and marketing efforts;
- b. Keeping suggested contributions low (e.g. 50 cents per ride on in-town transportation; \$2.75 for congregate meals);
- c. Outreach to minorities (see comments in the Diversity section).

Low income minority individuals: As detailed above, the 2000 census counted 85 minority persons age 60 and over or .66% of the population. Of this group, only four (in Ringgold county) were recorded as having income below the poverty level. They were in the 85+ age, "some other race or two or more races" group. In telephone survey of city clerks or mayors in early 2008, no minor elders were identified. This illustrates that the main problem in targeting minorities is identification. Targeting objectives: Efforts to identify low income minority individuals will continue throughout the year. Site managers, city leaders, and others will be polled as to such individuals in their towns/areas. Non-discrimination training for site managers will be conducted each year in conjunction with the Farmers' Market program. Whenever minority individuals are identified they will be contacted and informed about the availability of services. When barriers to service are identified efforts will be made to remove them

Section 1.5 Needs Assessment

FY'2012 Progress Update on Goal 1 / Local Objective 1

Goal 1. Enable older lowans and their families to make informed decisions about, and be able to easily access, existing home and long-term care options.

Agency-Specific Performance Measure - Information and Assistance – Contacts

The number of contacts with individuals to provide current information on available opportunities and services, assess the problems and capacities, link them with available services and assure that the individual receives needed services.

Local Objective 1

Information and Assistance: Formalize and increase information and assistance services so that by the end of FY2010 the number of persons receiving such services will be 25 per month. (NOTE: This goal concerns new I&A services in the main office in addition to those provided historically in the meal sites.)

Needs Being Addressed

No Change

Local Strategies / Action Steps - UPDATED

The hiring of a Family Caregiver Program Coordinator (FCPC) in February, 2009 provided a base for the development of the information and referral service. In addition, a decision by the Iowa Association of Area Agencies on Aging (a FCP contractor) to switch to the AIRS taxonomy and enhance the ESP data system promised tools for growing the service. Further steps to be taken in FY10 include:

- By December 31, 2010, train other staff in I&A protocols and the use of ESP so consistent service can be provided throughout the working day even when the FCPC is absent from the office or otherwise occupied (see case management objective for related information). – in process, extended to October 31, 2011
- By July 1, 2011, fully implement use of the ESP software for both a source for referral and client information. – DONE
- By December 31, 2011, establish relationships with agencies that serve persons with disabilities to cooperate on information and referral services, especially for those age 60 and over.
- By June 30, 2012, integrate case management, information and referral services, and other family caregiver services into a continuum of assistance for seniors and into an ADRC program.

List Major Accomplishment(s) Achieved Since Last Area Plan Submission

Continued expansion of use of ESP.

Increase in the use by the public of Area XIV as a resource for information and referral.

Key Activities:

Current and Future Challenges/Barriers

- Getting the word out that we are available to help individuals identify needs and obtain services.

Challenges/Barriers:

Plans to Overcome Barriers:

- The Local Strategies and Action Steps outlined in the FY10 area plan will be accomplished, just with a delayed timeframe.
- Continued advertising of the agency telephone number as well as appearances on local radio.
- Targeting individual communities and meal sites (begun in Corning in February 2010) is proving to be productive for gaining the confidence of local seniors.

Table 1.1

Agency-Specific Activity Being Measured	FY'07 Baseline Data	FY'08 Actual Data	FY'09 Actual Data	FY'2010 Actual Data	FY'2011 YTD Data	FY'2012 Performance Projection
<i>Information and Assistance Contacts</i>	446 contacts	630 contacts	384 contacts	391 contacts	149 contacts thru 2/11	400 contacts

Note: For some agency-specific measures, the columns for FY '07 Baseline Data and FY '08 Actual Data will be reported as "N/A" because the AAA was not yet collecting data for the activity when the agency-specific measure was originally submitted to IDA on April 1, 2009. Therefore, FY '09 Actual Data may be the first year data was collected and thus reported to IDA in the Data Table.

FY2012 Progress Update of Goal 1 / Local Objective 2

Goal 1. Enable older Iowans and their families to make informed decisions about, and be able to easily access, existing home and long-term care options.

Agency-Specific Performance Measure

Transportation – One-way trip

Local Objective 2

Transportation: Provide seniors access to congregate meals, medical services, and retail services in the communities where they live during FY2010.

Needs Being Addressed

No Change

Local Strategies / Action Steps

Area XIV Agency on Aging is the Regional Transit Authority for the area. Under the trade name of Southern Iowa Trolley it operates 35 light-duty buses and mini-vans to provide public transportation in the seven counties. Aging funds are used to subsidize transit fares so that seniors' make a voluntary contribution (suggested: \$1.50) to the \$2.75 cost of each trip. The Southern Iowa Trolley does the screening of customers for eligibility, collection program income, and reports rides and contributions for reporting through INAPIS, IAFRS, and agency financial reports.

New Action Steps

Beginning July 1, 2011, promote the availability of transit services via advertisements, press releases, and presentations in senior centers, meal sites, and other locations.

In January, 2012, evaluate progress to date and modify promotion activities and service as appropriate.

List Major Accomplishment(s) Achieved Since Last Area Plan Submission

Outreach and increased service to seniors in the communities of Decatur County.

Reinstituted regular public transit service from area communities to Des Moines once per month.

Reduced price rides (e.g. 50 cent Wednesdays)

50 cent rides for Older Americans Month, extended through September, reinstated February 1, 2011

Key Activities:

List Current and Future Challenges/Barriers

Challenges/Barriers:

The perception in the public that there is a (too high) cost to ride public transportation rather than a suggested contribution.

High cost to provide rides for seniors in the smallest communities.

Plans to Overcome Barriers:

Continued outreach and public information to educate the public about public transit for seniors.

Establish routes to serve smallest communities for a lower suggested contribution than has been possible in the past.

Table 1.2

Agency-Specific Activity Being Measured	FY'07 Baseline Data	FY'08 Actual Data	FY'09 Actual Data	FY'2010 Actual Data	FY'2011 YTD Data	FY'2012 Performance Projection
<i>One Way Trips</i>	<i>New goal</i>	<i>New goal</i>	<i>New goal</i>	24,255	13,444 Thru 2/11	25,000

Note: For some agency-specific measures, the columns for FY '07 Baseline Data and FY '08 Actual Data will be reported as "N/A" because the AAA was not yet collecting data for the activity when the agency-specific measure was originally submitted to IDA on April 1, 2009. Therefore, FY '09 Actual Data may be the first year data was collected and thus reported to IDA in the Data Table.

FY'2012 Update of Goal 2 / Local Objective 1

Goal 2. Enable older lowans to remain in their own homes with high quality of life for as long as possible through the provision of home and community-based services, including supports for family caregivers.

Case Management (CMPFE) Performance Measure. The average number of months a client's independent living status is maintained because of CMPFE before being discharged from the program due to institutionalization or death. (Section 306(a) (8) of the Older Americans Act, as amended 2006, requires an area agency on aging to include case management as a measure in the area plan.)

Local Objective 1

Maintain and expand the Case Management Program for the Frail Elderly so that more consumers each year are able to live independently for more months as indicated by the average number of months consumers stay in the program.

Needs Being Addressed

No Change

Local Strategies / Action Steps

By July 31, 2010, develop an intake questionnaire (using FASE, SEAMLESS preadmission and other questions) which can be used by any staff person to determine a caller's need for service.

By September 30, 2010, provide training to all appropriate staff in the use of the intake questionnaire.

By November 30, work with other community resources will help with linking clients to supports resulting in maintaining their independent living status longer.

By June 30, 2011, provide continuing learning experiences (conferences, webinars, etc.) to case management staff to maintain and develop skills and increase familiarity with services, clients, and the case management process.

By June 30, 2011, increase the number of non-waiver clients in the case management program by targeting existing and new funding to make services available which are unaffordable without the support of the Elderly Waiver.

List Major Accomplishment(s) Achieved Since Last Area Plan Submission

More visibility in the community.

Better linkage with community providers.

Key Activities:

List Current and Future Challenges/Barriers

Challenges/Barriers:

People in the communities are not aware of either supports that are available to them or the case management program which can link them to those services.

Plans to Overcome Barriers:

Develop more efficient way of communicating with the public via newsletters, website, etc.

By June 30, 2012, integrate case management, information and referral services, and other family caregiver services into a continuum of assistance for seniors.

Table 2.1:

Activity Being Measured	FY'07 Baseline Data	FY'08 Actual Data	FY'09 Actual Data	FY'2010 Actual Data	FY'2011 YTD Data	FY'2012 Performance Projection
Average Number of Months Independent Living Status is Maintained	11	21	29	27	No Discharges	30

FY'2012 Update of Goal 2 / Local Objective 2

Goal 2. Enable older lowans to remain in their own homes with high quality of life for as long as possible through the provision of home and community-based services, including supports for family caregivers.

Caregiver Performance Measure. The number of client contacts and the number of registered clients that receive assistance from the National Family Caregiver Support Program. (Section 306(a) (7) of the Older Americans Act, as amended 2006, requires an area agency on aging to include caregiver as a measure in the area plan.)

Local Objective 2

Increase the number of registered clients receiving assistance from the National Family Caregiver Support Program to at least 100 persons plus 350 via the newsletter.

Needs Being Addressed

No Change

Local Strategies / Action Steps

Publish a quarterly newsletter focusing on family caregiver support and services available.

Increasing our public presence as a source of caregiver support.

Tables will be staffed at any health fairs and other display opportunities in FY2012. Caregivers who visit the table will be invited to provide name and addresses so that information can be provided and follow-up contacts made.

Agency staff will attend monthly interagency meetings whenever we are aware of them.

A database of caregivers will be started compiling names and addresses that become known through the workshops, advertisements, promotions and other methods. By June 30, 2010 there will be at least 350 caregivers identified. Consideration will be given to utilizing the ESP software supported by i4a to maintain the family caregiver database.

New Action Steps

Each November, host a workshop on supports for informal caregivers and seniors themselves.

List Major Accomplishment(s) Achieved Since Last Area Plan Submission

Partnered with the Iowa Insurance Commission to host a workshop on supports for informal caregivers and seniors themselves

Key Activities:

List Current and Future Challenges/Barriers

Challenges/Barriers:

Barriers:

Identifying caregivers has been difficult.

Defining caregivers to the public.

Confidentiality considers – legal as well respecting personal preference.

Plans to Overcome Barriers:

Each November, host a workshop on supports for informal caregivers and seniors themselves

By June 30, 2012, integrate case management, information and referral services, and other family caregiver services into a continuum of assistance for seniors.

Table 2.2:

Activity Being Measured	FY'07 Baseline Data # of Registered Clients Only	FY'08 Actual Data # of Registered Clients Only	FY'09 Actual Data # of Registered Clients Only	FY'2010 Actual Data # of Registered Clients & Client Contacts	FY'2011 YTD Data # of Registered Clients & Client Contacts	FY'2012 Performance Projection
# of Registered Clients OR # of Registered Clients & Client Contacts	13	83	8	400	1042	1100

Note: FY'07 through FY'09 data reflects only the number of registered clients that received assistance from the National Family Caregiver Support Program. From FY'2010 forward, data reflects the number of client contacts and the number of registered clients receiving assistance from the program.

FY'2012 Update of Goal 3 / Local Objective 1

Goal 3. Empower older Iowans to stay active and healthy through Older Americans Act Services including evidenced-based disease prevention programs.

Nutrition Risk Performance Measure. The percent of clients determined to be at high nutritional risk that receive congregate meals, home delivered meals and nutritional counseling and maintain or improve their nutritional risk scores. (Section 306(a) (1) of the Older Americans Act, as amended 2006, requires an area agency on aging to include nutritional services in the area plan.)

Local Objective 1

Improve nutrition risk scores in 2012 through education, counseling, monitoring, providing meals and in conjunction with care coordination and other services. (Note: only the year is changed from last year)

Needs Being Addressed

No Change

Local Strategies / Action Steps

FY10 Action Steps

- July 1, 2009, begin the new round of current clients completing the nutrition risk assessment.
- July 1, 2009, begin nutrition education sessions in each meal sites and
- February 1, 2010, begin reassessment of all nutrition clients so that there is nutrition risk data to compare.

FY11 Action Steps

- February 1, 2010, advise home-delivered meal participants of the availability of nutrition counseling and begin sessions as requested.
- July 1, 2010, begin the new round of current clients completing the nutrition risk assessment.
- July 1, 2010, begin nutrition education sessions in each meal sites and
- January 1, 2011, begin reassessment of all nutrition clients so that there is nutrition risk data to compare.

New action steps for FY12

- July 1, 2011, begin the new round of current clients completing the nutrition risk assessment.
- July 1, 2011, begin nutrition education sessions in each meal sites.
- August 1, 2011, re-advise home-delivered meal participants of the availability of nutrition counseling and begin sessions as requested.
- January 1, 2012, begin reassessment of all nutrition clients so that there is nutrition risk data to compare.

List Major Accomplishment(s) Achieved Since Last Area Plan Submission

Nutrition counseling was begun in February 2010 with letters sent to all home-delivered meal recipients. Since that beginning eleven persons (6 in FY10; 5 so far in FY11, two of which are repeats) have met with the dietician. Site managers and delivery drivers recognize that HD meal trays being returned with a lot of food may indicate a need for nutrition counseling. They follow-up and, when appropriate, make a referral to the dietician.

Key Activities:

- July 1, 2011, begin the new round of current clients completing the nutrition risk assessment.
 - Distribute INAPIS forms to current clients so the nutrition risk assessment and other information can be update.
 - Enter and analyze data from INAPIS forms that are returned
 - July 1, 2011, continue monthly nutrition education sessions in each meal sites
 - Enter into new contract with the dietician for nutrition education and counseling session
 - August 1, 2011, re-advise home-delivered meal participants of the availability of nutrition counseling and begin sessions as requested.

- Update letter about nutrition counseling from February, 2010 and distribute to current HD meal recipients
- January 1, 2012, begin the new round of current clients completing the nutrition risk assessment.
- When high-risk individuals are identified, have dietician call clients to encourage nutrition counseling.
- Distribute INAPIS forms to current clients so the nutrition risk assessment and other information can be update.
- Enter and analyze data from INAPIS forms that are returned.

List Current and Future Challenges/Barriers

Challenges/Barriers:

The plan, begun in FY09, to have case managers do the six-month assessments on non-Elderly Waiver home-delivered meal recipients was not successful. Several of the recipients were resistant to talking to a stranger rather than the local site manager. Others did not want to case management. Home-delivered meal recipients have been reluctant to take advantage of the offer of nutrition counseling. Finding an effective way to get the message to clients of the importance of good nutrition and how education and counseling can help.

Plans to Overcome Barriers:

Continue nutrition education efforts both to improve knowledge and to help meal participants accept the offer of nutrition counseling. As of March, 2011, plans are underway to have a local newspaper reporter (a senior herself) interview the dietician and one of the counselees for an article. Flyers from Journey Publishing about healthy eating will be provided to home-delivery clients with an insert encouraging recipients to call for nutrition counseling.

Avg age of participants

Table 3.1

Activity Being Measured	FY'07 Baseline Data	FY'08 Actual Data	FY'09 Actual Data	FY'2010 Actual Data	FY'2011 YTD Data	FY'2012 Performance Projection
% of Clients that maintain or improve Risk Scores	50%	86%	88%	91%	83%	85%

FY'2012 Progress Update of Goal 3 / Local Objective 2

Goal 3. Empower older Iowans to stay active and healthy through Older Americans Act Services including evidenced-based disease prevention programs.

**Agency-Specific Performance Measure
Improving the Aging Experience - presentations**

Local Objective 2

Help Iowans better prepare for aging through education about the aging experience by June 30, 2011 using evidence-based presentations at senior centers and other locations.

Needs Being Addressed

No Change

Local Strategies / Action Steps

- Explore the availability of video resources on disease prevention available through the Department on Aging.
- Explore the availability of evidence-based wellness programs on the internet and elsewhere.
- Schedule a presentation in each meal site and to other groups using proven information and techniques.

FY11 action steps

By August 1, 2010, explore the availability of video resources on disease prevention available through the Department on Aging.

By August 1, 2010, explore the availability of evidence-based wellness programs on the internet and elsewhere.

By September 1, 2010, schedule a presentation in each meal site and to other groups using proven information and techniques.

FY12 action steps

By September 1, 2011, begin a new series of presentation is congregated meal sites on an aspect of healthy aging.

Beginning September 1, 2011, conduct at least one session of either Matter of Balance or Better Choices/Better Health every two months.

By April 1, 2012, begin a new series of presentation is congregated meal sites and to other groups on an aspect of healthy aging using proven information and techniques.

List Major Accomplishment(s) Achieved Since Last Area Plan Submission

Linking a presentation with a project of knitting caps for newborns has resulted in increased interest, energy and volunteerism among senior groups.
Participation in the Healthy Links grant for Matter of Balance and Better Choices/Better Health.
Promotion of Healthy Links classes has been effective as a way of generating interest and participation.

Key Activities:

Continue scheduling and promotion of Healthy Links classes.
Recruit additional coaches and trainers for training to lead Healthy Links groups.

List Current and Future Challenges/Barriers

Challenges/Barriers:

Having time in the limited timeframe of meal sites to present meaningful information that will make a difference in the lives of the seniors.
Creating tools to measure the effectiveness of the presentations. Seniors do not like to complete questionnaires showing what they learned from the presentation.

Plans to Overcome Barriers:

Continue to identify other venues to make presentations to senior groups.
Systematically record anecdotal evidence gathered as feedback after presentations.
Identify additional, non-traditional venues.

Improving the Aging Experience Data Table – Presentations

Number of presentation and number of persons present. Data will be collected using sign-in sheets and/or attendance rosters and reported under the Public Information (F02) taxonomy.

The following table trends the data for this measure illustrating how the data has increased, decreased or remained the same over the stated period of time.

Table 3.2

Activity Being Measured	FY'07 Baseline Data	FY'08 Actual Data	FY'09 Actual Data	FY'2010 Actual Data	FY'2011 YTD Data	FY'2012 Performance Projection
Presentations/ Persons present	Data not available	Data not available	Data not available	9 presentations 145 persons	24 presentations 800 persons thru 2/11	40 presentations 1,200 persons

FY 2012 Progress Update of Goal 4 / Local Objective 1

Goal 4. Ensure the Rights of Older Iowans and Prevent Their Abuse, Neglect, and Exploitation.

**Agency-Specific Performance Measure
Legal Services - Hours**

Local Objective 1

Contract with Iowa Legal Aid in FY2010 for legal services for seniors and outreach on legal issues.

Needs Being Addressed

No Change

Local Strategies / Action Steps

By July 1, 2009, finalize a contract with Iowa Legal Aid for services.

By July 15, 2009, obtain a schedule from ILA of outreach and service plans in the area and arrange appropriate publicity.

By July 31, 2009, evaluate services provided in FY09 for adequacy in relation to funding and proportion to the rest of the state and identify awareness and outreach opportunities that may increase use of Iowa Legal Aid by persons in the area.

By October 31, 2009, evaluate the services provided in the previous quarter to make sure that the area is being proportionally served and identify awareness and outreach opportunities that may increase use of Iowa Legal Aid by persons in the area.

By January 31, 2010, evaluate the services provided in the previous quarter to make sure that the area is being proportionally served and identify awareness and outreach opportunities that may increase use of Iowa Legal Aid by persons in the area.

By April 30, 2010, evaluate the services provided in the previous quarter to make sure that the area is being proportionally served and identify awareness and outreach opportunities that may increase use of Iowa Legal Aid by persons in the area.

The above action steps recur each year.

List Major Accomplishment(s) Achieved Since Last Area Plan Submission

For several years, Area XIV has contracted with Iowa Legal Aid for legal outreach and consultation services. This has generally been a cost-effective arrangement. Area XIV supported the ICN broadcasts with staff support and distribution of publicity materials.

Key Activities:

List Current and Future Challenges/Barriers

Barriers:

There are no known attorneys in the area who specialize in elder law making Iowa Legal Aid the only alternative for such services. Development of elder law attorneys would both provide contracting alternatives and would provide a local alternative for seniors.

Getting the word out about education and consultation alternatives with Iowa Legal Aid has been and will continue to be a challenge. Some staff resources will need to be dedicated to this effort which will reduce the funds available for actual services.

Plans to Overcome Barriers:

Budgeting additional money for legal services to be used to promote the program locally and develop local attorneys in senior law.

Challenges/Barriers:

Plans to Overcome Barriers:

Table 4.1

Activity Being Measured	FY'07 Baseline Data	FY'08 Actual Data	FY'09 Actual Data	FY'2010 Actual Data	FY'2011 YTD Data	FY'2012 Performance Projection
Legal Service Hours	Not available	173	105	118	81	100

Note: For some agency-specific measures, the columns for FY '07 Baseline Data and FY '08 Actual Data will be reported as "N/A" because the AAA was not yet collecting data for the activity when the agency-specific measure was originally submitted to IDA on April 1, 2009. Therefore, FY '09 Actual Data may be the first year data was collected and thus reported to IDA in the Data Table.

FY'2012 Progress Update of Goal 4 / Local Objective 2

Goal 4. Ensure the Rights of Older Iowans and Prevent Their Abuse, Neglect, and Exploitation.

Agency-Specific Performance Measure Advocacy - Contacts

Local Objective 2

Increase and enhance the public awareness in FY2010 of Area XIV Agency on Aging and the role it plays in home and community based services through increased outreach efforts,

Needs Being Addressed

No Change

Local Strategies / Action Steps

Plans to achieve the outcome measure in FY10:

- a. At least twelve press releases will be issued highlighting the variety of the needs and giftedness of seniors and the services available.
- b. Better record-keeping of persons served will result in a more accurate, and higher, picture of the advocacy services provided by Area XIV.
- c. Information/assistance and outreach services will be improved by the assignment of this role to one person in the agency and working toward CIRS-A certification for one or more staff including the Executive Director.
- d. Advocate on behalf of seniors on legislation that would impact seniors. Efforts will include:
 - ❖ Support of the Older Iowans Legislature by the AAA and recruitment of at least one OIL member/delegate from each county in the service area.
 - ❖ Regular reports to the Advisory Council and other venues of advocacy opportunities and efforts as well as the results of those efforts.
 - ❖ Increased participation of the Executive Director in advocacy efforts in the state legislature and Congress via letters and personal visits.
 - ❖ Publicity in presentations and media of the area agency's role in advocating for the needs and rights of seniors in the area.

The action steps recur each year.

List Major Accomplishment(s) Achieved Since Last Area Plan Submission

- Frequent press releases and good coverage in area newspapers.
- Monthly appearance by one or more staff on local radio.
- Four seniors from the area were O.I.L. delegates and increase of two from 2009.
- The outreach and public information functions are enhanced by having a part-time staff person to handle this and related function.

Key Activities:

List Current and Future Challenges/Barriers

Barriers:

Area XIV Agency on Aging struggles to be “at the table” with other human service agencies when senior issues are discussed. For example, emergency planning largely bypasses the agency.

Plans to Overcome Barriers:

Continued efforts to partner with local human service agencies on senior issues.
 Coordinate quarterly meetings of providers of services to seniors.

Challenges/Barriers:

Plans to Overcome Barriers:

Table 4.2

Agency-Specific Activity Being Measured	FY'07 Baseline Data	FY'08 Actual Data	FY'09 Actual Data	FY'2010 Actual Data	FY'2011 YTD Data	FY'2012 Performance Projection
Contacts	108/1000	Data Not Available	Data Not Available	Data Not Available	15 thru 2/11	100

Note: For some agency-specific measures, the columns for FY '07 Baseline Data and FY '08 Actual Data will be reported as “N/A” because the AAA was not yet collecting data for the activity when the agency-specific measure was originally submitted to IDA on April 1, 2009. Therefore, FY '09 Actual Data may be the first year data was collected and thus reported to IDA in the Data Table.

Section 1.6 Required Documents

Request for Direct Service Waiver

The *Request for Direct Service Waiver* form is a mandatory form, which is required to be included in the AAA's submission of the Area Plan Update. Section 307(a)(8) of the Older Americans Act provides that services will not be provided directly by the Area Agency on Aging unless, in the judgment of the State agency, it is necessary due to one or more of the three provisions listed below. IAC 17-6.12(231) requires AAAs to submit a request to provide direct services as part of the area plan. Refer to the Instructions Template for a list of services exempt from the requirements in subrule 6.12(3).

1. Service Selection:

- a. The area agency does not request a Direct Service Waiver in FY2012.
- b. A waiver is required once every four years for each service provided directly by the area agency if the waiver is maintained for the entire four-year period of the area plan.

The area agency declares that each service it provides in FY2012 is the same service directly provided since FY2010. The services are:

Nutrition-Congregate Meals, Nutrition-Home-delivered Meals, Nutrition Counseling, Nutrition Education, and Transportation services. We continue to provide these services directly, and do not seek additional waivers at this time.

If option "a" or "b" is selected by the area agency, it is not necessary to complete the remaining portion of the Request for Direct Service Waiver Form.

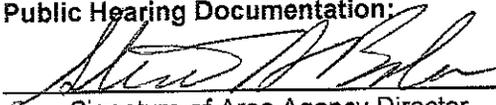
2. The service for which the area agency seeks a Request for Direct Service Waiver is:

Please select the basis for which the waiver request is required (more than one may be selected).
Use the left mouse to double click on the box to open the box and insert an "x."

- c. Provision of the service(s) by the area agency on aging is necessary to assure an **adequate supply** of such services.
- d. Such service(s) are directly related to area agency on aging **administrative functions**.
- e. The service(s) is provided **more economically, and with comparable quality**, by the area agency on aging.

3. Justification for Direct Service Waiver: For each direct service requested, provide the following:

4. Public Hearing Documentation:



Signature of Area Agency Director

March 31, 2011

Date

Area XIV Agency on Aging

Name of Area Agency on Aging

Equipment and Real Property Acquisitions

The *Equipment and Real Property Acquisitions* form is a mandatory form, which is required to be included in the AAA's submission of the Area Plan Update.

If the area agency is not reporting equipment and/or real property acquisitions, insert an "x" in the box to the left. Using the left Mouse, double click on the box to open and insert an "x."

If the area agency is reporting equipment and/or real property, insert an "x" in the box to the left. The area agency is required to: (1) List planned purchases of equipment equal to or greater than \$5,000 and (2) real property valued at \$10,000 or more. In addition, all property valued at \$10,000 or more [real property acquisitions] must be explained in an attached narrative, including sources of funding, amount required, and expected life.

Tax #	Service Support or Delivery Category	Description	Source	Amount
				\$

List of Contracts with For-Profit, Not For-Profit or Provider Pool POS

Organizations & Contract Notice

The *List of Contracts* form is a mandatory form, which is required to be included in the AAA's submission of the Area Plan Update each year of the four-year area plan. The form must be signed and dated.

If the area agency is not reporting contracts with For-Profit, Not For-Profit or POS provider organizations, insert an "x" in the box to the left.
(Using the left Mouse, double click on the box to open the box and insert an "x.")

	Provider ✓ Medicare/ Medicaid Payment Denial	OAA Service(s) to be provided	Provider Type	Cost/Unit of Service
Circle of Friends, P.O. Box 569, Chariton, IA 50049	No	Homemaker	POS	\$19.81/hour
Decatur County Public Health, 1502 NE Poplar, Leon, IA 50144	No	Homemaker	POS	\$19.81/hour
Gerald Parmer, 30708 240th Ave., Davis City, IA 50144	No	Chore	POS	\$7.44/half hour
Greater Community Outreach Services, 1715 W. Prairie St., Creston, IA 50801	No	Homemaker	POS	\$19.81/hour
Merry Ann Swank, 804 W. Summit, Creston, IA 50801	No	Respite	POS	\$12/hour
Nurses on Call, Inc., 500 E. Taylor, Creston, IA 50801	No	Homemaker	POS	\$19.81/hour
Ringgold Counth Public Health, 119 S. Fillmore, Mt. Ayr IA 50801	No	Homemaker	POS	\$19.81/hour
South Central Home Care, 303 SW Lorraine, Leon IA 50144	No	Homemaker Chore	POS	\$20/hour \$7.44/half hour
Taylor County Public Health, 407 Jefferson, Bedford, IA 50833	No	Respite	POS	\$35/hour

No sample contact available - Purchases of services have been relatively small amounts arranged for individual consumers who choose the provider they wish to provide the needed service. This process and the purchasing of services will be formalized in FY12.



Signature of Area Agency Director

3-31-11

Date

Area XIV Agency on Aging

Name of Area Agency on Aging

Public Hearing – FY 12 Area Plan Update
Preceding Advisory Council
February 22, 2011
1:30 p.m.

There were 12 persons present for the Public Hearing. The public hearing was for the addition of a service category, Grandparent Support, to the third year of the four year area plan for the Area XIV Agency on Aging.

After the presentation of the proposed amendment to the FY12 area plan there was some discussion of the proposal. All comments were favorable including:

- good use of the money to help children
- opportunity to reach out to another area of need

Public hearing closed at 1:45 p.m.

Subsequent to the Public Hearing, the Advisory Council voted to recommend approval of the proposed amendment. The Board of Directors' approval of the amendment was included in their approval of the area plan.

RECEIVED FEB 03 2011

AFFIDAVIT OF PUBLICATION

Area XIV Agency on Aging Notice of Public Hearing

Prepared by Creston News Advertiser, 503 W. Adams St., P.O. Box 126, Creston, IA 50801-0126

I, Richard E. Paulsen, depose and say that I am publisher of the Creston News Advertiser, a newspaper published in Creston, Union County, Iowa, that the annexed printed notice in the above entitled action was published on:

1. January 17, 2011
- 2.
- 3.

Publication cost: \$ 9.03

Richard E. Paulsen

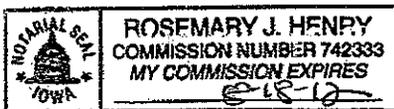
Richard E. Paulsen

Sworn to before me and subscribed in my presence by the said Richard E. Paulsen this 17th day of January, 2011

Rosemary J. Henry

Rosemary J. Henry

Notary Public



Notice of Public Hearing

Notice is hereby given that a public hearing will be held by the Active Agency on Aging in the Area Agency Conference Room at 215 E. Montgomery in Oksport, Iowa 50801 at 1:00 p.m. on the day of February 22, 2011.

The purpose of the hearing is to receive comments on the Agency plan to add a service category to the existing plan in order to be able to provide caregiver services to elderly grandparents caring for grandchildren in Adair, Adams, Clarke, Decatur, Ringgold, Taylor and Union Counties.

Any interested person is invited to attend this hearing. Written or oral statements will be accepted. For additional information, please call 712-339-4040.

Publication Date: January 17, 2011
Legal No. 10692

Deaths

Rosa Miller

Mount Ayr

Rosa M. Miller, 93, of Mount Ayr died Jan. 16, 2011, at Mount Ayr Health Care Center.



Miller

Funeral services will be 10 a.m. Tuesday, Jan. 18, at Watson-Armstrong Funeral Home, 205 W. Monroe St.,

piece of Central Iowa. One 1
condolences may be left
www.watsonarmstrong.com.

Rosa M. Miller, daughter of Alice (Owings) and Nas shall Byrom, was born Jan. 1918, in Brock, Neb.

Rosa lived most of adult life in Mount Ayr.

Rosa worked at Sunnlope Nursing Home and retired from Clearview Hotel in Mount Ayr.

Rosa is survived by sister Augusta M. Oldfi of Papillion, Neb.

photo of Tucson Tea Party co-founder Trent Humphries at the event, organized by ABC News, and shouted, "You're dead!" He also screamed that others at the gathering were "whores," police said.

(c) 2011, Los Angeles Times.

Distributed by McClatchy-Tribune Information Services.

zi's recovery, expressing the family's love for her and their
Publication Dates: January 10, 17, 24, 2011
Legal No.: 10692.

Notice of Public Hearing
Notice is hereby given that a public hearing will be held by the Area XIV Agency on Aging in the Area Agency Conference Room at 215 E. Montgomery in Creston, Iowa, 50801, at 1:00 p.m. on Tuesday, February 22, 2011.

The purpose of the hearing is to receive comments on the Agency's plan to add a service category to the FY12 area plan in order to be able to provide caregiver services to elderly grandparents caring for grandchildren in Adair, Adams, Clarke, Decatur, Ringgold, Taylor, and Union Counties.

Any interested person is invited to attend this hearing. Written or oral statements will be accepted. For additional information, please call (641) 782-4040.

Publication Date: January 17, 2011
Legal No.: 10697.

action for the sum of \$94,722.55 with interest at 5.5% per annum from and including May 1, 2010, on the promissory note executed by Charles Joynes and mortgage executed by Charles Joynes to Mortgage Electronic Registration Systems, Inc. and assigned to Plaintiff, who is the sole and absolute owner thereof.

Said note, together with the mortgage given to secure the same are due and payable by reason of the failure of the Defendants Charles Joynes to pay the installments of principal when due. Plaintiff also prays in said Petition for the foreclosure of said mortgage dated April 24, 2009 recorded in Book 951, Page 158 in the Recorder's Office of Union County, Iowa, with said note dated April 24, 2009 on the following described property, to-wit:

The South One Hundred Fifty (150) feet of the West One Hundred Fifteen (115) feet of the East One Hundred Thirty (130) feet of Block Six (6), Section Sixteen (16), Township Seventy-two (72) North, Range Twenty-nine (29) West of the

WITHOUT REDEMPTION, THIS MEANS THAT THE SALE OF TWO-FAMILY THE MORTGAGED PROPERTY UNTIL TWO WILL OCCUR PROMPTLY AFTER ENTRY OF JUDGMENT MORTGAGED UNLESS YOU FILE WITH THE COURT A WRITTEN DEMAND IS RESIDENCE TO DELAY THE SALE. IF YOU FILE A WRITTEN DEMAND DWELLING. THE SALE WILL BE DELAYED UNTIL SIX MONTHS FROM AFTER THE ENTRY OF JUDGMENT IF THE PURCHASER AT MORTGAGED PROPERTY IS BE ENTITLED YOUR RESIDENCE AND IS POSSESSION OF ONE-FAMILY OR TWO-FAMILY DWELLING OR UNTIL TWO MONTHS FROM ENTRY OF JUDGMENT IF THE MORTGAGED PROPERTY IS NOT YOUR RESIDENCE OR IS RESIDENCE BUT NOT A ONE-FAMILY OR TWO-FAMILY DWELLING. YOU WILL HAVE NO RIGHT OF REDEMPTION AFTER THE SALE. THE PURCHASER AT THE SALE WILL BE ENTITLED TO IMMEDIATE POSSESSION OF THE MORTGAGED PROPERTY. YOU MAY PURCHASE AT THE SALE.

attorneys are
oecker, L.L.P. by
er, whose address
Street, Suite 100,
-8308, telephone
-9400, facsimile
9121.
ve a motion or
e the 13th day of
within a reason-
file your motion
wa District Court
at the Courthouse

According to Matt McCutchan, chief financial officer for GRMC, the estimated cost of the project is \$17.5 million. A bond issue will be used to pay for the project. The estimated cost of the project is \$17.5 million. A bond issue will be used to pay for the project.

Steve Bolie

From: Steve Bolie [areaxiv@iowatelecom.net]
Sent: Thursday, January 13, 2011 12:26 PM
To: 'Creston News Advertiser news desk'
Cc: 'Teresa Pendegraft - CNA'
Subject: Public notice for publication

Please publish the following as a public notice in the January 17 edition of the Creston News Advertiser and invoice this agency for the cost. We will need a proof of publication affidavit to accompany the invoice. Thank you.

Steve Bolie, Executive Director
Area XIV Agency on Aging

Notice of Public Hearing

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Any interested person is invited to attend this hearing. Written or oral statements will be accepted. For additional information, please call (641) 782-4040.

Publication Date: January 17, 2011
Legal No.

Area XIV Agency on Aging



FY'2012 Emergency Preparedness Roadmap

Area Plan on Aging

April 1, 2011

PLANNING & TRAINING CHECK LIST

PLANNING

Update Existing COOP

	Yes	No	Complete	Comments
Clarify AAA chain of command	X			
Select AAA disaster POC	X			
Update communication protocols	X			
Educate staff (& family) on COOP	X			
Evaluation & shelter-in-place plan		X		In process
Develop volunteer assistance plan		X		In process
Other				

Building Facilities & Alternate Facilities

	Yes	No	Complete	Comments
Identify alternate operations facility		X	Partial	In process
Identify mission critical services	X			
Organize service delivery plans		X		In process
Secure IT Systems	X			
Secure client files, records, data base	X			
Secure financial systems	X			
Other				

Gaps in Services / Products

Have VOADS cataloged this information? Is it available to AAA

	Yes	No	Complete	Comments
Identify unmet needs before disaster strikes (special needs shelters; mental health)		X		
Identify Service Areas & Resources		X		
Identify Current Capacity/ Meet Needs		X		
Design Mechanism to get Resources to emergency managers		X		
Other				

TRAINING

	Yes	No	Complete	Comments
Train AAA staff	X			
Participate in training exercises		X		Problem continues to be included by local emergency planners
Test COOP		X		
Promote regionally sponsored training among partners		X		
Other				

NETWORKS & PARTNERSHIPS CHECK LIST

NETWORKS & PARTNERSHIPS

Identify existing local service networks

	Yes	No	Complete	Comments
SEOC	X			
County EMAs, First Responders	X			
Local Law Enforcement	X			
Councils of Government	X			
Local Service Providers	X			
Churches, Food Pantries, Soup Kitchens	X			
Nursing Homes, Asst. Living Facilities	X			
Long Term Recovery Committee	X			

Identify existing regional networks

	Yes	No	Complete	Comments
State Government	X			
National Guard / Military	X			
Other	X			

Identify existing national networks

	Yes	No	Complete	Comments
Red Cross	X			
VOADS	X			
Federal Agencies	X			
Other				

PARTNERSHIPS

	Yes	No	Complete	Comments
Cooperative Agreements with partners Before federal declaration.		X		
Cooperative Agreements with partners after federal declaration. Examples: Provision of meals to responders, translator services.		X		
Capabilities / communications in place	X			
Other				

COMMUNICATIONS & COORDINATION CHECK LIST

Before Disaster				
	Yes	No	Complete	Comments
Within AAA				
COOP		X		
Expanded disaster roles		X		
Training		X		
Distribution of Information		X		
With DEA				
Contacts & backup information	X			
Disaster plans	X			
Identification of resources	X			
With Consumers				
Special needs assessment	X			Thru case management
Contact mechanism	X			
Strategy to distribute information		X		
With Partners				
Contact points with backups		X		
Hand-off & interaction plans		X		
Known gaps assessment	X			
Roles & capabilities		X		
Information sharing		X		
With Vendors				
Alternate contacts		X		
Contingency plans		X		
Backup suppliers		X		
Response to Disaster				
	Yes	No	Complete	Comments
Within AAA				
Backup contact information	X			
Roles, responsibilities & backups	X			
With DEA				
Access to advice & resources	X			
Authority issues	X			
Reporting requirements	X			
With Consumers				
Establishing contact	X			Thru case management
Needs assessment	X			Thru case management
Connect with resources	X			Thru case management
With Partners				
Hand-offs		X		In Process
Information sharing		X		In Process
Advocacy		X		In Process

With Vendors				
Assess capabilities		X		In Process
Transmit needs		X		In Process
Recovery from Disaster				
	Yes	No	Complete	Comments
Within Agency				
Roles & responsibilities		X		In Process
Debriefing		X		In Process
Reporting		X		In Process
With DEA				
Advice & resources	X			
Authority	X			
Reporting	X			
With Consumers				
Follow-up contacts		X		In Process
Needs reassessment		X		In Process
Resource connections & hand-offs		X		In Process
With Partners				
Hand-offs		X		In Process
Information sharing		X		In Process
Advocacy		X		In Process
With Vendors				
Status updates		X		In Process

RESPONSE CHECK LIST				
Safe to Initiate Response Activity				
	Yes	No	Complete	Comments
Staff	X			
Volunteers		X		
Key Partners	X			
Operational Location (s)		X		
Activation of Plan Components				
	Yes	No	Complete	Comments
Communications	X			
Assessment of Need				
	Yes	No	Complete	Comments
Identify Needs being met by other resources	X			
Identify Unmet Needs	X			
Determine Role				
	Yes	No	Complete	Comments
Allocation of Resources	X			
Maintenance of Response				
	Yes	No	Complete	Comments
Communication	X			

RECOVERY CHECK LIST

Recovery

Update Existing COOP

	Yes	No	Complete	Comments
Clarify AAA chain of command	X			
Select AAA recovery POC	X			
Update communication protocols	X			
Educate staff (& family) on COOP	X			
Develop volunteer assistance plan	X			
Other				

Building Facilities & Alternate Facilities

	Yes	No	Complete	Comments
Re-establish alternate operations facility	X			
Re-establish mission critical services	X			
Re-establish service delivery plans	X			
Re-establish IT Systems	X			
Re-establish client files, records, data base	X			
Re-establish financial systems	X			
Other	X			

Client Unmet Needs (immediate versus long term)

	Yes	No	Complete	Comments
Chore services	X			
Legal services (insurance settlements, appeals)	X			
Transportation services	X			
Handyman services	X			
Meal programs	X			
Miscellaneous programs/assistance				
Other				

