

Iowa Department of Human Services

Balancing Long Term Care within Health Care Redesign

Marni Bussell

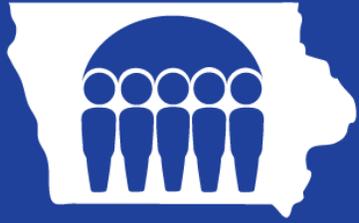
SIM Project Director

State of Iowa



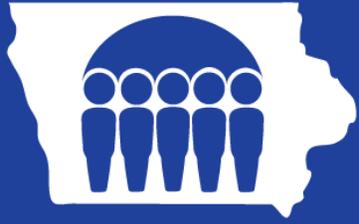
Why change?

- Health care delivery system is fragmented
- Cost of health care is unaffordable and unsustainable for citizens and taxpayers
- We need to increase quality/outcomes & lower cost
- Iowa's long term care system relies more on institutional services than community based care

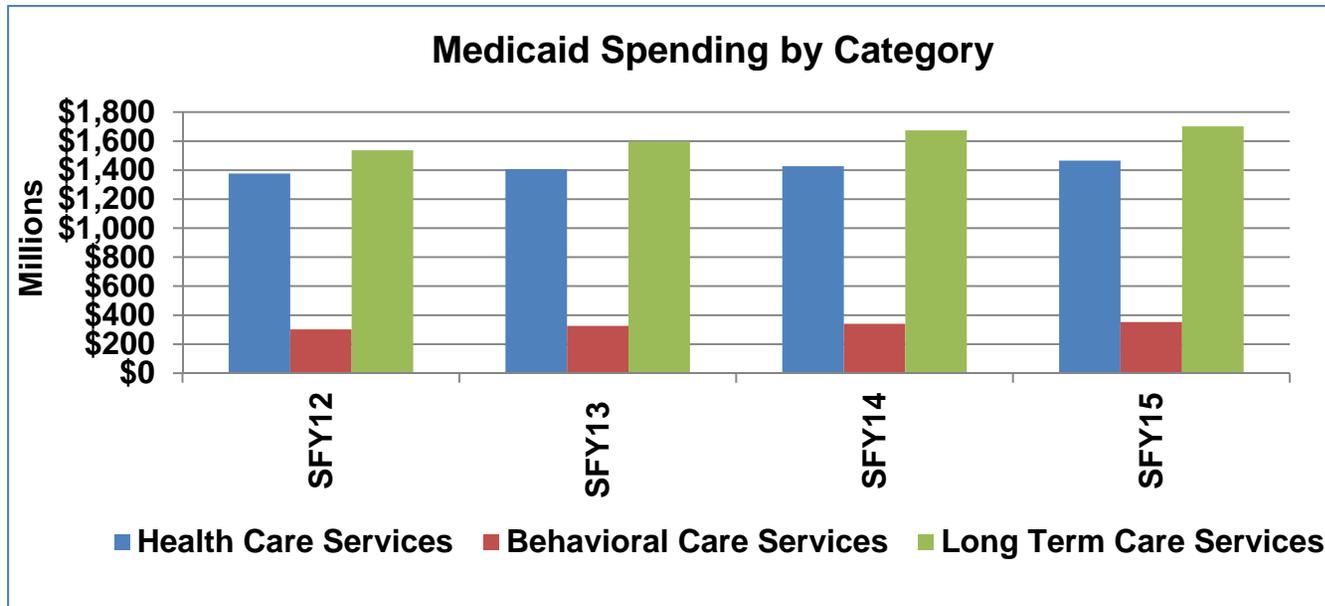


Why is Long Term Care Important?

- The populations have diverse needs and are our most vulnerable
- It is more than half of Iowa Medicaid expenditures for about 10% of the population
- Olmstead decision is calling for inclusion and the development of community based options



Medicaid Services Provided





Current State

- Multiple unique populations with distinct delivery systems and needs – chronically ill, elderly, intellectually disabled, seriously mentally ill, etc.
- Delivery systems targeted to these unique populations to meet their needs, but not coordinated across continuum of care
 - e.g. Persons with mental illness die, on average, 25 years sooner than other populations
- How do we create integration and balancing while at the same time ‘do no harm’?



Iowa's Goals

- Integration of long term care and physical health care to improve quality outcomes and lower cost
- Increase use of home and community based services through integrated settings and choice of options



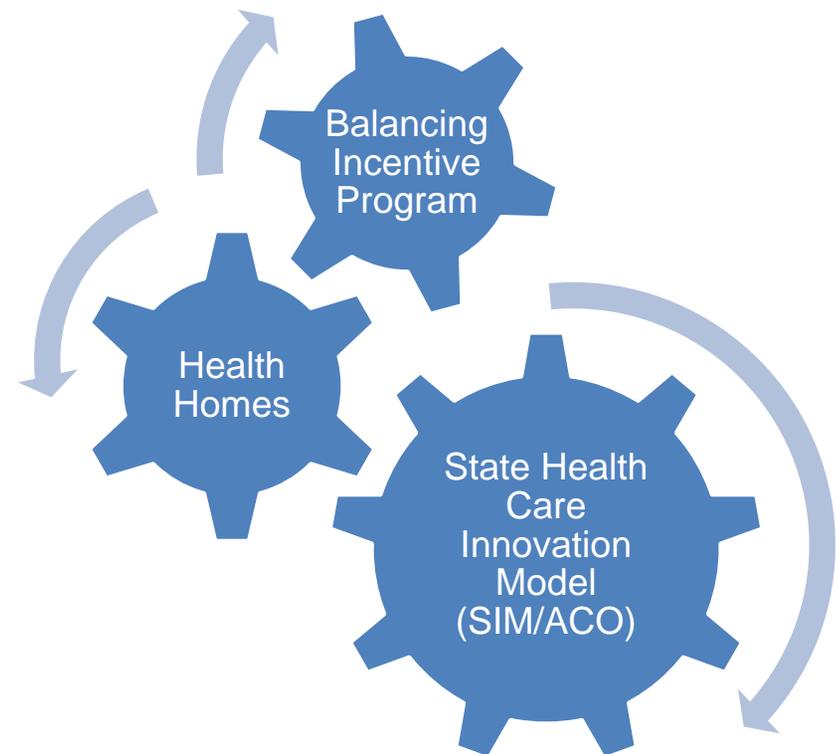
Complex Systems can change by influencing 'levers'

- Medicaid has ability to influence delivery systems through 'levers' or aspects of the system that drive behaviors, for example:
 - What and how we pay for services: Accountability, payment, and contracting methodologies
 - Ensuring individuals know their options and have access to coordination of care
 - How well we assess needs and provide the right services at the right time



Strategies

- Iowa is braiding together several new options that provide funding/flexibility for strategies that support Iowa's goals





Iowa seeks to target particular strategies to specific levers to achieve goals

Goal	Lever	Strategy
Accountability for value (cost and quality)	Contracting and payment strategies	State Innovation Model: Accountable Care Organizations
High quality care coordination	Pay for Care coordination with accountability for results	Integrated Health Homes
Increase use of Home and Community Svc.	Point of entry / navigation	Balancing Incentive Program
Assess needs and get the right services	Improve use of assessment tools	Balancing Incentive Program



Bridge to Transformation

Current State: Mostly FFS
Unmanaged Care
Silos of Care Delivery
Limited Access
Volume Based Purchasing



Future State: Value Based Purchasing
Clear Accountability
Integrated Care Delivery
Alignment in Measures and Analytics
Data are timely and Secure



State Innovation Model (SIM)

- Grants available to Governors from the Centers for Medicare and Medicaid Innovation
- 2 tracks: Design (Iowa) or testing
- Provides funding for developing State Health Care Innovation Plan
- Iowa's Plan will be complete by January
- Will apply for Testing funds

2013 Design:
State Health Care
Innovation Plan

2014 Testing:
Application for funds /
authority to test

2016? Implementation



Iowa State Innovation Model Plans

Improve value and align payment models

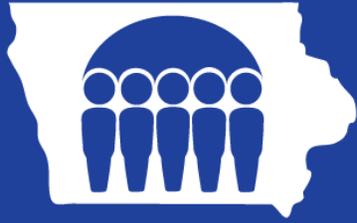
- ✓ Valued based payment reform
- ✓ Organized, coordinated delivery systems
- ✓ Build on developing health homes / medical homes
- ✓ Align payors to provide 'critical mass' to support needed investments in change

• Strategy 1: Implement a multi-payer ACO* methodology across Iowa's primary health care payers

• Strategy 2: Expand on the multi-payer ACO methodology to address integration of long term care services and supports and behavioral health services

• Strategy 3: Population health, health promotion, member incentives

* 'Accountable Care Organizations' are a reimbursement method that incents accountability for outcomes and lowers costs



What is an ACO?

Accountable care organization

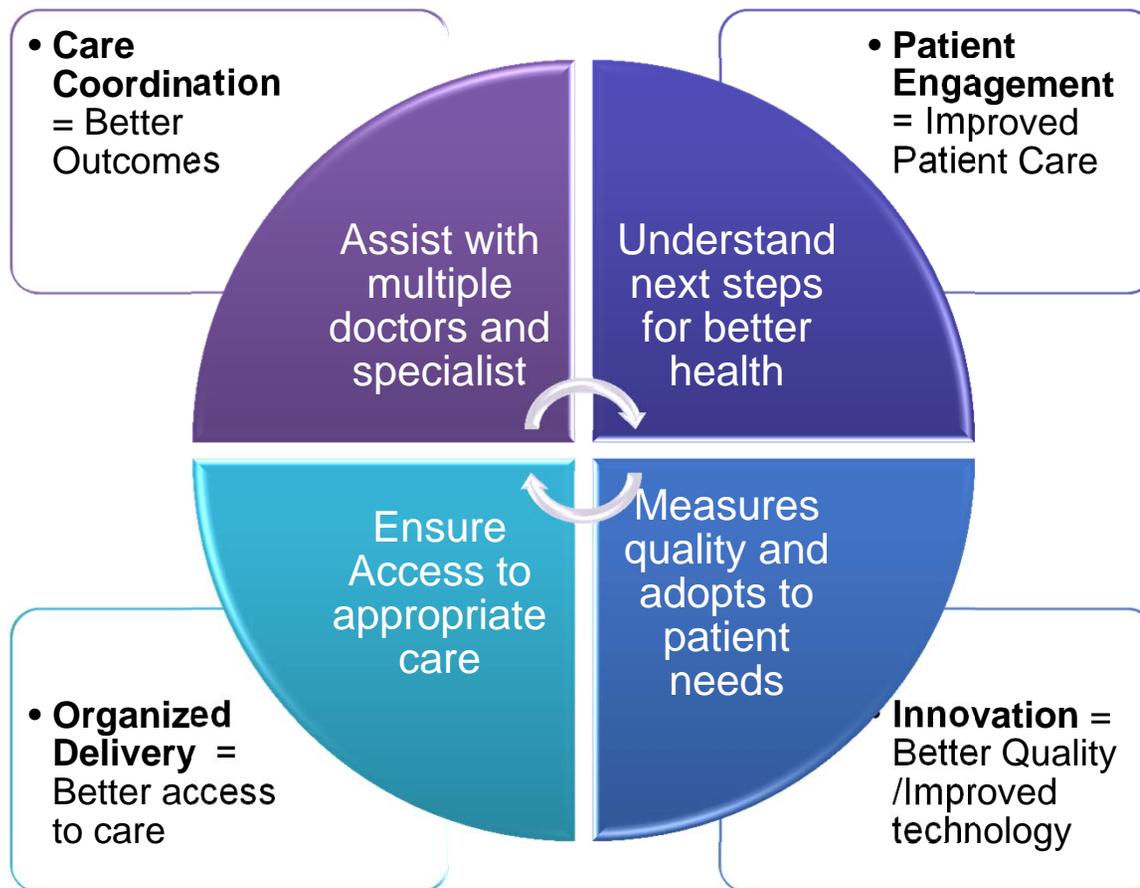
From Wikipedia, the free encyclopedia

An accountable care organization (ACO) is a healthcare organization characterized by a payment and care delivery model that seeks to tie provider reimbursements to quality metrics and reductions in the total cost of care for an assigned population of patients. A group of coordinated health care providers forms an ACO which then provides care to a group of patients. The ACO may use a range of payment models (capitation, fee-for-service with

“...characterized by a payment and delivery model that seeks to tie provider reimbursements to quality metrics and reductions in the total cost of care for an assigned population...”



What does an ACO do?





Balancing Incentive Program (BIP)

- Affordable Care Act Section 10202
- Increased FMAP to “states that undertake structural reforms to increase access to non-institutional long-term services and supports (LTSS)” as an incentive to states to increase access to Home and Community Based Services (HCBS)
- States required to implement specific steps to streamline access to services, improve efficiency, consistency and fairness in eligibility determination and assessments, and ensure conflict-free case management

Iowa's Award

- ✓ Approved effective July 1, 2012 through September 30, 2015.
- ✓ Up to \$61.8 million
- ✓ Amount based on an increased federal match of 2% for non-institutional community based services.
- ✓ As of July 2012, Iowa spent approximately 46.5% of its Medicaid LTSS funds on HCBS



Balancing Incentive Program

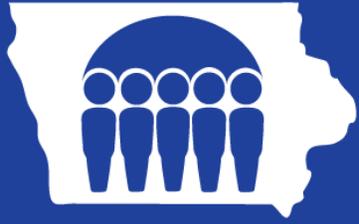
Required Reforms:

- No Wrong Door/Single Entry Point System
- Core Standardized Assessments to guarantee consistency and equitable resource allocation
- Implement conflict free case management

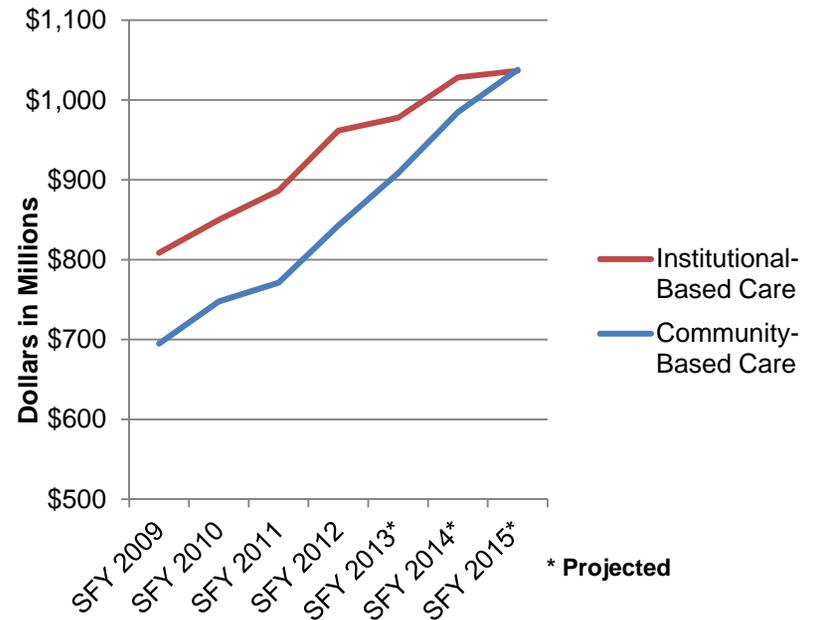
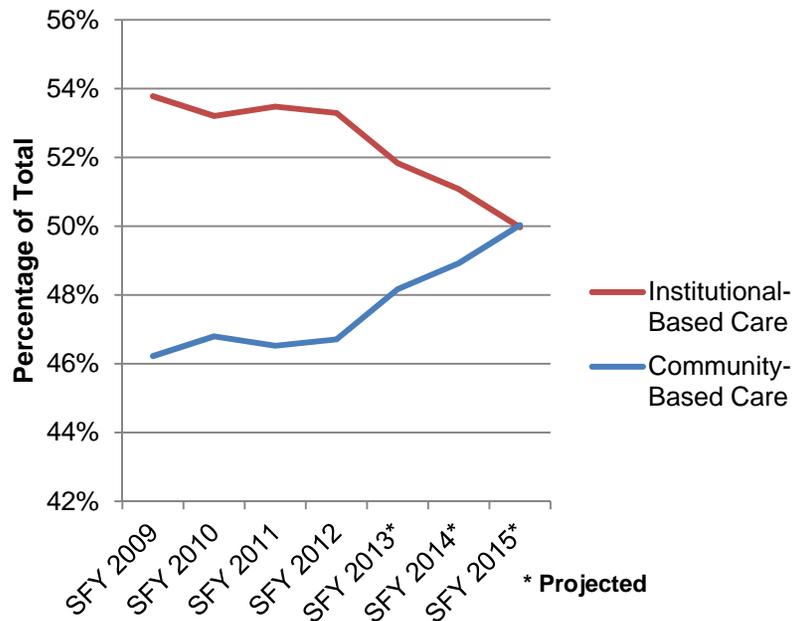
Vision: Coordinated access to long term care services through development of a statewide integrated system

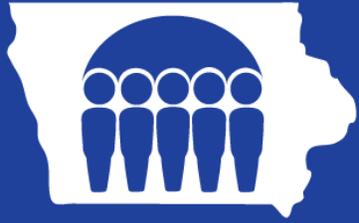
Expanded use of cost effective community based long term services and support

Improved quality measurement & oversight



Iowa LTSS Expenditure Trends





No Wrong Door/ Single Entry Point (SEP) System

- Network of designated SEP agencies
- Website and Statewide 1-800 number
- Assists individuals with navigation to find services and options counseling



- Iowa Medicaid working with Iowa Dept. on Aging - Aging and Disability Resource Centers (ADRCs), and new Regions to implement
- Will assist in increasing awareness and access to HCBS

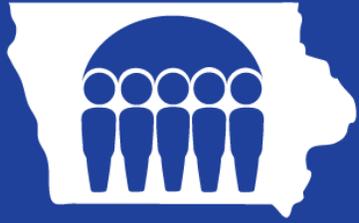


Core Standardized Assessment

- Uniform assessments to determine individual need
- Promotes person-centered approach to needs assessment
- More accurate reflection of individual need prevents over- and under- utilization



- Iowa released Request for Proposals this month. RFP includes:
 - Selection of assessment tools, including Support Intensity Scale (SIS) for Persons with Intellectual Disabilities
 - Performing assessments statewide
 - Assessments to inform level of care and development of service plans
 - Will improve quality, consistency, and independence of assessments

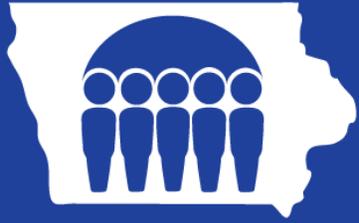


Conflict-Free Case Management

- Agency policies and firewalls protect member choice
- Prevent conflict of interest in assessment and LTSS referral-
Core Standardized Assessments



- Iowa largely in compliance, but some policy changes needed



Health Homes

- Option under 2703 of the Affordable Care Act
- Allows payment for Health Home teams to perform care coordination, peer support, health coaching
- Provides 90% federal match for 8 quarters



- Iowa has two approved programs:
 - Chronic disease (primary care model)
 - Integrated Health Homes for adults with Chronic Mental Illness and children with Serious Emotional Disturbance



Integrated Health Homes

- Partnered with Behavioral Health Managed Care Plan – Magellan Health Services
- Magellan contracts with and supports Integrated Health Homes
- Adults with Chronic Mental Illness and children with Serious Emotional Disturbance
- Improve integration of physical and behavioral health care
- Whole person approach
- Accountability for outcomes



Questions?

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