

Iowa Department on Aging

**Case Management
Program for Frail Elders
(CMPFE)**

**Fiscal Year 2009
Activity Report**

Iowa Department on Aging
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(September, 2009)

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Introduction

The Case Management Program for Frail Elders (CMPFE) is a coordinated comprehensive system that strives to provide Iowa's frail older consumers with the opportunity to make their own choices regarding long-term care and to receive home and community-based services in the home and community setting.

CMPFE gives older Iowans an alternative to a nursing facility and other forms of institutionalized services. CMPFE coordinates the delivery of needed community services which allow older Iowans to remain safely in their own homes. Each consumer is assisted and monitored by an individual case manager. The case manager provides assistance to the consumer in making the appropriate choices that best fits the consumer's needs.

The Iowa Department on Aging (IDA) is the state agency responsible for the Case Management Program for Frail Elders (CMPFE). Area Agencies on Aging administer the program at the local level.

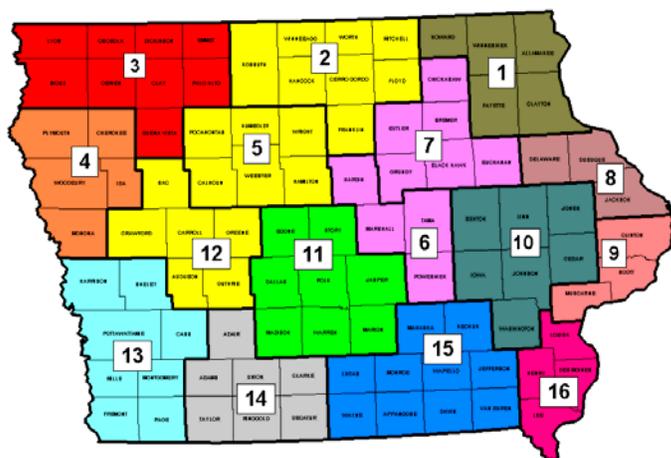
In October 2006, case management became a service under the medical assistance elderly waiver, thereby allowing utilization of federal Medicaid dollars. Twelve of the 13 area agencies on aging enrolled with the Department of Human Services (DHS) to become Medicaid case management providers. Other types of service agencies also enrolled as Medicaid case management providers. All of the area agencies on aging continue to serve older consumers who are not eligible for Medicaid but need case management to help them remain in their homes. The CMPFE 2009 report deals only with those consumers who were served by the area agencies on aging.

On June 30, 2009, there were **9,191** active consumers participating in CMPFE with **12,389** total consumers served by the department and the area agencies on aging during the year.

Currently all Iowans over the age of 60 can access CMPFE and its services

Iowa's Area Agencies on Aging

make it possible for thousands of frail and/or low-income older Iowans to stay in their homes and local communities.



Area 1

Northland Agency on Aging
(private non-profit organization)
Bruce Butters, Director
808 River Street
Decorah, IA 52101
(563) 382-2941 or (800) 233-4603
Fax (563) 382-6248
mail@northlandaging.com

Area 2, 5 & 12

Elderbridge Agency on Aging
(private non-profit organization)
Lahoma Counts, Director
22 N Georgia, Suite 216
Mason City, IA 50401
(641) 424-0678 or (800) 243-0678
Fax (641) 424-2927
Fort Dodge (515) 955-5244 or
(800) 543-3280
Carroll (712) 792-3512 or (800) 543-3265
elderbridge@elderbridge.org

Area 3

Northwest Aging Association
(private non-profit organization)
Cynthia Beauman, Director
714 10th Ave. East
Spencer, IA 51301
(712) 262-1775 or (800) 242-5033
Fax (712) 262-7520
naa@nwaging.org

Area 4

Siouxland Aging Services, Inc.
(private non-profit organization)
Kim Keleher, Director
2301 Pierce Street
Sioux City, IA 51104
(712) 279-6900 or (800) 798-6916
Fax (712) 233-3415
siouxlandaging@siouxlandaging.org

Area 6 & 7

Hawkeye Valley Area Agency on Aging
(private non-profit organization)
Donna Harvey, Director
2101 Kimball Avenue, Suite 320
Waterloo, IA 50704
(319) 272-2244 or (800) 779-8707
Fax (319) 272-2455
hvaaa@hvaaa.org

Area 8

Scenic Valley Area Agency on Aging
(private non-profit organization)
Linda McDonald, Director
3505 Stoneman Road, Suite 4
Dubuque, IA 52002
(563) 588-3970, Fax (563) 588-1952
scenicaaa@aol.com

Area 9

Generations Area Agency on Aging
(private non-profit organization)
Marvin Webb, Director
935 E. 53rd
Davenport, IA 52807
(563) 324-9085, Fax (563) 324-9384
mwebb@genage.org

Area 10

Heritage Area Agency on Aging
(separate organizational unit)
Liz Selk, Director
6301 Kirkwood Blvd SW
PO Box 2068
Cedar Rapids, IA 52406
(319) 398-5559 or (800) 332-5934
Fax (319) 398-5533
elizabeth.selk@kirkwood.edu

Area 11

Aging Resources of Central Iowa
(private non-profit organization)
Joel Olah, Director
5835 Grand Avenue, Suite 106
Des Moines, IA 50312
(515) 255-1310 or (800) 747-5352
Fax (515) 255-9442
agingres@aol.com

Area 13

Southwest 8 Senior Services, Inc.
(private non-profit organization)
Barbara Morrison, Director
300 W. Broadway, Ste 240
Council Bluffs, IA 51501
(712) 328-2540 or (800) 432-9209
Fax (712) 328-6899
bmorrison@southwest8.org

Area 14

Area XIV Agency on Aging
(private non-profit organization)
Steve Bolie, Director
215 E. Montgomery
Creston, IA 50801
(641) 782-4040, Fax (641) 782-4519
arexiv@iowatelecom.net

Area 15

Seneca Area Agency on Aging
(private non-profit organization)
Connie Holland, Director
117 North Cooper Street, Suite 2
Ottumwa, IA 52501
(641) 682-2270 or (800) 642-6522
Fax (641) 682-2445
senecaaaa@seneca-aaa.org

Area 16

Southeast Iowa Area Agency on Aging, Inc
(private non-profit organization)
Dennis Zegarac, Director
509 Jefferson Street
Burlington, IA 52601-5427
(319) 752-5433 or (800) 292-1268
Fax (319) 754-7030
zegarac.dennis@mchsi.com

Iowa Department on Aging
Case Management Program for Frail Elders (CMPFE)
Statewide SFY 2009 Activity Report
(July 1, 2008 - June 30, 2009)

- 1 - Northland Agency on Aging
- 2, 5 & 12 - Elderbridge Area Agency on Aging
- 3 - Northwest Aging Association
- 4 - Siouxland Aging Services
- 6 & 7 - Hawkeye Valley Area Agency on Aging
- 8 - Scenic Valley Area VIII Agency on Aging



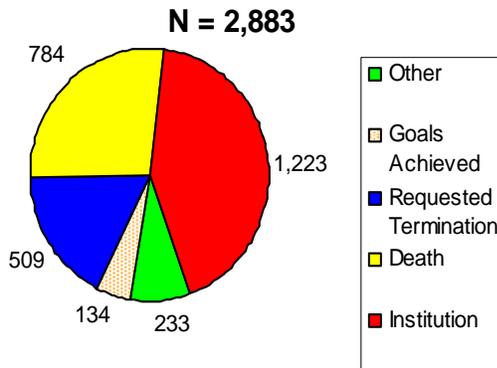
16 - Southeast Iowa Agency on Aging

- 9 - Generations Area Agency on Aging
- 10 - Heritage Area Agency on Aging
- 11 - Aging Resources of Central Iowa
- 13 - Southwest 8 Senior Services, Inc.
- 14 - Area XIV Agency on Aging
- 15 - Seneca Area Agency on Aging

CMPPE Activity

Total Number of Consumers Served	12,389
Consumers Admitted	3,170
Active Consumers, Monthly Average	9,233

Total Discharges by Type



Medicaid Elderly Waiver Activity

<p style="text-align: center;"><i>AAA CMPFE Monthly Report, June 30, 2009</i></p> <p style="text-align: center;">Elderly waiver consumers in CMPFE: 7,975</p> <p style="text-align: center;">Elderly waiver consumers as a % of total CMPFE consumers: 86.4%</p>
<p style="text-align: center;"><i>DHS B-1 Report*</i></p> <p style="text-align: center;">Dollars paid for services for elderly waiver consumers: \$84,132,002</p> <p style="text-align: center;">Avg. monthly payment per consumer: \$747</p> <p style="font-size: small;">* Includes elderly waivers consumers who were in CMPFE and also consumers who were served by other Medicaid case management providers.</p>

Iowa Department on Aging
Case Management Program for Frail Elders (CMPFE)
1 - Northland Area Agency on Aging
SFY 2009 Activity Report

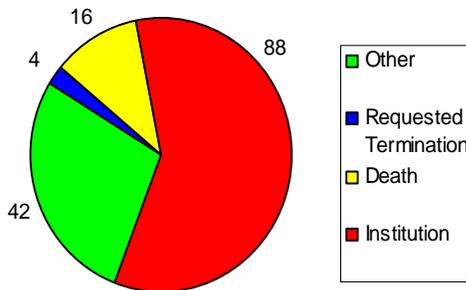


Counties
Allamakee, Clayton, Fayette,
Howard, Winneshiek

CMPPE Activity

Total Number of Consumers Served	520
Consumers Admitted	142
Active Consumers, Monthly Average	373

Total Discharges by Type
N = 150



Medicaid Elderly Waiver Activity

AAA CMPFE Monthly Report, June 30, 2009

Elderly waiver consumers in CMPFE: 344

Elderly waiver consumers as a % of
total CMPFE consumers: 93.7%

*DHS B-1 Report**

Dollars paid for services for
elderly waiver consumers: \$2,626,117

Avg. monthly payment
per consumer: \$691

* Includes elderly waivers consumers who were in
CMPFE and also consumers who were served by other
Medicaid case management providers.

Iowa Department on Aging
Case Management Program for Frail Elders (CMPFE)
2,5 & 12 – Elderbridge Area Agency on Aging
SFY 2009 Activity Report



Counties

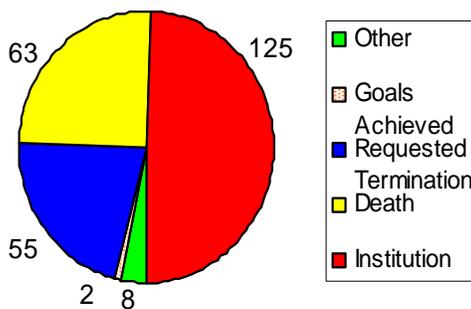
**Audubun, Calhoun, Carroll, Cerro Gordo,
Crawford, Floyd, Franklin, Greene, Guthrie,
Hamilton, Hancock, Humboldt, Kossuth,
Mitchell, Pocahontas, Sac, Webster,
Winnebago, Worth, Wright**

CMPPE Activity

Total Number of Consumers Served	1,001
Consumers Admitted	240
Active Consumers, Monthly Average	744

Total Discharges by Type

N = 253



Medicaid Elderly Waiver Activity

AAA CMPFE Monthly Report, June 30, 2009

Elderly waiver consumers in CMPFE: 704

Elderly waiver consumers as a % of
total CMPFE consumers: 97.0%

*DHS B-1 Report**

Dollars paid for services for elderly
waiver consumers: \$7,805,414

Avg. monthly payment
per consumer: \$635

* Includes elderly waivers consumers who were in
CMPFE and also consumers who were served by
other Medicaid case management providers.

Iowa Department on Aging
Case Management Program for Frail Elders (CMPFE)
3 – Northwest Area Agency on Aging
SFY 2009 Activity Report

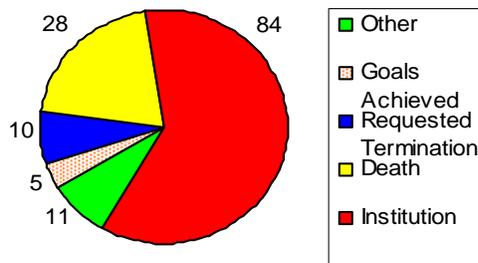


Counties
Buena Vista, Clay, Dickinson, Emmet, Lyon, O'Brien, Osceola, Palo Alto, Sioux

CMPPE Activity

Total Number of Consumers Served	551
Consumers Admitted	130
Active Consumers, Monthly Average	410

Total Discharges by Type
N = 133



Medicaid Elderly Waiver Activity

<i>AAA CMPFE Monthly Report, June 30, 2009</i>	
Elderly waiver consumers in CMPFE:	335
Elderly waiver consumers as a % of total CMPFE consumers:	83.5%
<i>DHS B-1 Report*</i>	
Dollars paid for services for elderly waiver consumers:	\$2,444,202
Avg. monthly payment per consumer:	\$630
* Includes elderly waivers consumers who were in CMPFE and also consumers who were served by other Medicaid case management providers.	

Iowa Department on Aging
Case Management Program for Frail Elders (CMPFE)
4 – Siouxland Aging Services, Inc.
SFY 2009 Activity Report



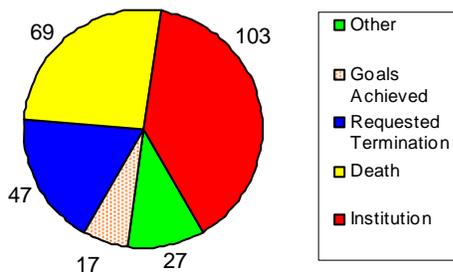
Counties
Cherokee, Ida, Monona,
Plymouth, Woodbury

CMPPE Activity

Total Number of Consumers Served	984
Consumers Admitted	205
Active Consumers, Monthly Average:	726

Total Discharges by Type

N = 263



Medicaid Elderly Waiver Activity

AAA CMPFE Monthly Report, June 30, 2009

Elderly waiver consumers in CMPFE: 536

Elderly waiver consumers as a % of
total CMPFE consumers: 75.4%

*DHS B-1 Report**

Dollars paid for services for elderly
waiver consumer: \$4,823,651

Avg. monthly payment
per consumer: \$767

* Includes elderly waivers consumers who were in
CMPFE and also consumers who were served by
other Medicaid case management providers.

Iowa Department on Aging
Case Management Program for Frail Elders (CMPFE)
6 & 7 – Hawkeye Valley Area Agency on Aging
SFY 2009 Activity Report

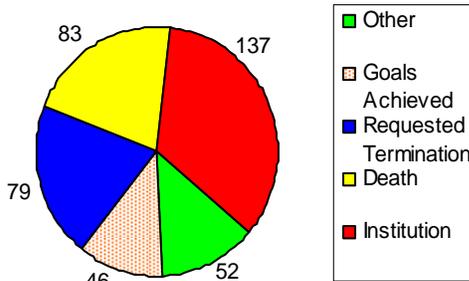


Counties
Black Hawk, Bremer, Buchanan,
Butler, Chickasaw, Grundy, Hardin,
Marshall, Poweshiek, Tama

CMPPE Activity

Total Number of Consumers Served	1,591
Consumers Admitted	443
Active Consumers, Monthly Average:	1,148

Total Discharges by Type
N = 397



Medicaid Elderly Waiver Activity

<i>AAA CMPFE Monthly Report, June 30, 2009</i>	
Elderly waiver consumers in CMPFE:	920
Elderly waiver consumers as a % of total CMPFE consumers:	80.6%
<i>DHS B-1 Report*</i>	
Dollars paid for services for elderly waiver consumers:	\$9,133,371
Avg. monthly payment per consumer:	\$703
* Includes elderly waivers consumers who were in CMPFE and also consumers who were served by other Medicaid case management providers.	

Iowa Department on Aging
Case Management Program for Frail Elders (CMPFE)
8 – Scenic Valley Area VIII Agency on Aging
SFY 2009 Activity Report

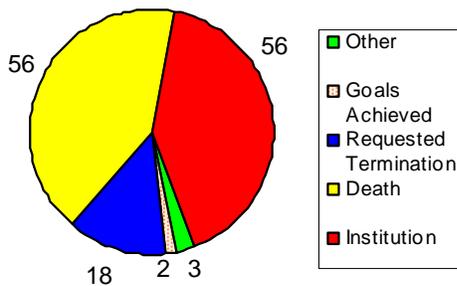


Counties
Deleware, Dubuque, Jackson

CMPPE Activity

Total Number of Consumers Served	644
Consumers Admitted	219
Active Consumers, Monthly Average:	443

Total Discharges by Type
N = 135



Medicaid Elderly Waiver Activity

AAA CMPFE Monthly Report, June 30, 2009

Elderly waiver consumers in CMPFE: 431

Elderly waiver consumers as a % of
total CMPFE consumers: 86.9%

*DHS B-1 Report**

Dollars paid for services for
elderly waiver consumers: \$2,947,301
Avg. monthly payment
per consumer: \$728

* Includes elderly waivers consumers who were in CMPFE and also consumers who were served by other Medicaid case management providers.

Iowa Department on Aging
Case Management Program for Frail Elders (CMPFE)
9 – Generations Area Agency on Aging
SFY 2009 Activity Report

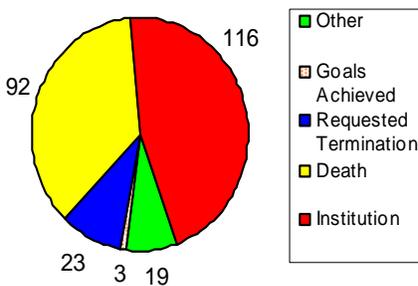


Counties
Clinton, Muscatine, Scott

CMPPE Activity

Total Number of Consumers Served	1,171
Consumers Admitted	313
Active Consumers, Monthly Average:	869

Total Discharges by Type
N = 253



Medicaid Elderly Waiver Activity

AAA CMPFE Monthly Report, June 30, 2009

Elderly waiver consumers in CMPFE: 883
Elderly waiver consumers as a % of total CMPFE consumers: 98.9%

*DHS B-1 Report**

Dollars paid for services for elderly waiver consumers: \$8,686,318
Avg. monthly payment per consumer: \$813

* Includes elderly waivers consumers who were in CMPFE and also consumers who were served by other Medicaid case management providers.

Iowa Department on Aging
 Case Management Program for Frail Elders (CMPFE)
10 – Heritage Area Agency on Aging
 SFY 2009 Activity Report



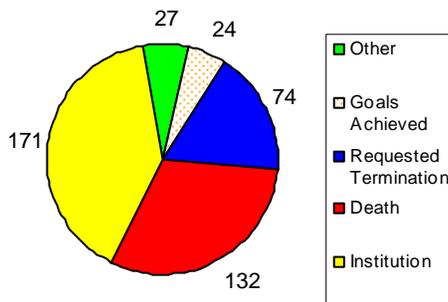
Counties
 Benton, Cedar, Iowa, Johnson,
 Jones, Linn, Washington

CMPPE Activity

Total Number of Consumers Served	1,650
Consumers Admitted	335
Active Consumers, Monthly Average:	1,291

Total Discharges by Type

N = 428



Medicaid Elderly Waiver Activity

AAA CMPFE Monthly Report, June 30, 2009

Elderly waiver consumers in CMPFE: 956

Elderly waiver consumers as a % of
 total CMPFE consumers: 78.4%

*DHS B-1 Report**

Dollars paid for services for elderly
 waiver consumers: \$9,003,927

Avg. monthly payment
 per consumer: \$700

* Includes elderly waivers consumers who were in
 CMPFE and also consumers who were served by
 other Medicaid case management providers.

Iowa Department on Aging
Case Management Program for Frail Elders (CMPFE)
11 – Aging Resources of Central Iowa
SFY 2009 Activity Report

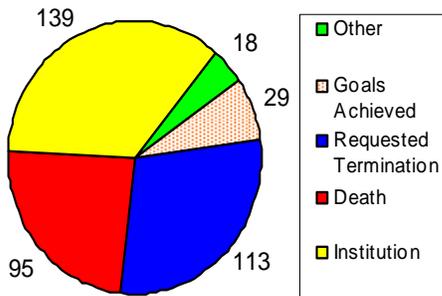


Counties
Boone, Dallas, Jasper, Madison,
Marion, Polk, Story, Warren

CMPPE Activity

Total Number of Consumers Served	1,883
Consumers Admitted	536
Active Consumers, Monthly Average	1,378

Total Discharges by Type
N = 394



Medicaid Elderly Waiver Activity

AAA CMPFE Monthly Report, June 30, 2009

Elderly waiver consumers in CMPFE: 1,227

Elderly waiver consumers as a % of
total CMPFE consumers: 87.6%

*DHS B-1 Report**

Dollars paid for services for elderly
waiver consumers: \$17,254,450

Avg. monthly payment per consumer:
\$835

* Includes elderly waivers consumers who were in CMPFE and also consumers who were served by other Medicaid case management providers.

Iowa Department on Aging
Case Management Program for Frail Elders (CMPFE)
13 – Southwest 8 Senior Services, Inc.
SFY 2009 Activity Report

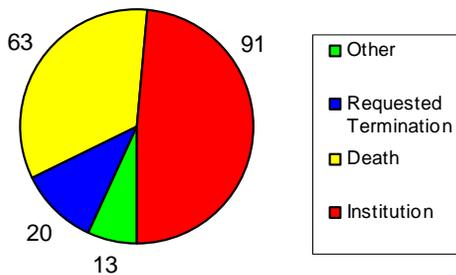


Counties
Cass, Fremont, Harrison, Mills,
Montgomery, Page, Pottawattamie,
Shelby

CMPPE Activity

Total Number of Consumers Served	849
Consumers Admitted	196
Active Consumers, Monthly Average	641

Total Discharges by Type
N = 187



Medicaid Elderly Waiver Activity

AAA CMPFE Monthly Report, June 30, 2009

Elderly waiver consumers in CMPFE: 533

Elderly waiver consumers as a % of
total CMPFE consumers: 84.5%

*DHS B-1 Report**

Dollars paid for services for elderly
waiver consumers: \$5,026,627

Avg. monthly payment
per consumer: \$717

* Includes elderly waivers consumers who were in
CMPFE and also consumers who were served by
other Medicaid case management providers.

Iowa Department on Aging
Case Management Program for Frail Elders (CMPFE)
14 – Area XIV Agency on Aging
SFY 2009 Activity Report

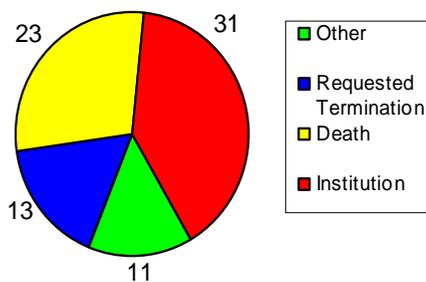


Counties
Adair, Adams, Clarke, Decatur,
Ringgold, Taylor, Union

CMPPE Activity

Total Number of Consumers Served	388
Consumers Admitted	162
Active Consumers, Monthly Average	284

Total Discharges by Type
N = 78



Medicaid Elderly Waiver Activity

<i>AAA CMPFE Monthly Report, June 30, 2009</i>	
Elderly waiver consumers in CMPFE:	234
Elderly waiver consumers as a % of total CMPFE consumers:	80.1%
<i>DHS B-1 Report*</i>	
Dollars paid for services for elderly waiver consumers:	\$2,740,078
Avg. monthly payment per consumer:	\$717
* Includes elderly waivers consumers who were in CMPFE and also consumers who were served by other Medicaid case management providers.	

Iowa Department on Aging
Case Management Program for Frail Elders (CMPFE)
15 – Seneca Area Agency on Aging
SFY 2009 Activity Report



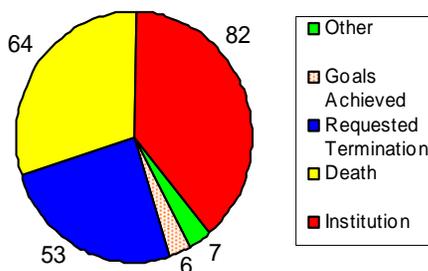
Counties

Appanoose, Davis, Jefferson, Keokuk,
Lucas, Mahaska, Monroe, Van Buren,
Wapello, Wayne

CMPPE Activity

Total Number of Consumers Served	1,146
Consumers Admitted	238
Active Consumers, Monthly Average	918

Total Discharges by Type
N = 212



Medicaid Elderly Waiver Activity

AAA CMPFE Monthly Report, June 30, 2009

Elderly waiver consumers in CMPFE: 834

Elderly waiver consumers as a % of
total CMPFE consumers: 92.6%

*DHS B-1 Report**

Dollars paid for services for elderly
waiver consumers: \$8,612,439

Avg. monthly payment per consumer: \$835

* Includes elderly waivers consumers who were in CMPFE and also consumers who were served by other Medicaid case management providers.

Iowa Department on Aging
Case Management Program for Frail Elders (CMPFE)
16 – Southeast Iowa Agency on Aging
SFY 2009 Activity Report



Counties
Des Moines, Henry, Lee, Louisa

CMPPE Activity

Total Number of Consumers Served	11
Consumers Admitted	11
Active Consumers, 6-Month Average	8

There were no discharges for SFY 2009

Medicaid Elderly Waiver Activity

Southeast Iowa Area Agency on Aging is not a Medicaid case management provider.	
<i>DHS B-1 Report*</i>	
Dollars paid for services for elderly waiver consumers:	\$3,028,107
Avg. monthly payment per consumer:	\$748
*Data reflects elderly waivers consumers who were served by a Medicaid case management provider, not SE Iowa.	