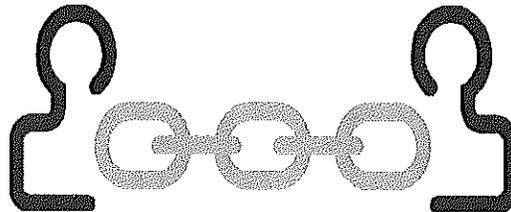




# Connections Area Agency on Aging

PSA #6

Area Plan on Aging  
SFY 2014 - 2015



April 1, 2013

**Table of Contents for  
Connections Area Agency on Aging  
SFY2014-2015 Area Plan**

Section 1: Executive Summary .....	3
Section 2: Organizational Structure .....	5
Section 3: Area Plan Development.....	6
Section 4: Profile of Planning and Service Area .....	9
Targeting Plan.....	11
Section 5: Strategies for Service Delivery.....	12
Section 6: Subcontractor Oversight and Monitoring .....	14
Section 7: Sustainability .....	16
Section 8: Area Plan Budget Report.....	17
Section 9: Attachments	
Attachment 1: Verification of Intent.....	20
Attachment 2: Authorized Signatures.....	21
Attachment 3: Governing Body.....	22
Attachment 4: Advisory Council.....	24
Attachment 5: Table of Organization.....	28
Attachment 6: By-Laws and Articles of Incorporation .....	34
Attachment 7: Table of 3A-1 Services by County.....	44
Attachment 8: Nutrition Services.....	46
Attachment 9: Contracts with Service Providers of OAA Services.....	52
Attachment 10: Request for Direct Service Waiver .....	58
Attachment 11: Future Equipment and Real Property Acquisitions.....	67
Attachment 12: Compliance with Assurances and General Provisions .....	68
Attachment 13: Older Americans Act Assurances .....	69
Attachment 14: Assurance of Compliance with Minority Impact Statement.....	72
Attachment 15: Performance Measure 1: Percent of Projected 3A-1 Consumers Served and Units Provided .....	74
Attachment 16: Performance Measure 2: Congregate Meal Site Registration .....	76
Attachment 17: Public Hearing Documentation .....	78
Attachment 18: Other Documents .....	NA

## Section 1. Executive Summary

Southwest 8 Senior Services is looking forward to becoming Connections Area Agency on Aging July 1, 2013 and serving 20 counties in the west central, southwest, and south central portion of Iowa. The area being served has two major communities in Sioux City and Council Bluffs, and then the rest is a rural area. A challenge this present is the geographic distance to be traveled by staff and providers to insure adequate provision of services. The area has 82,470 60+ individuals. This translates into 21.3% of the overall population. This means the area has a higher 60+ population then the State as a whole does (19.55%). Of the 82,470 60+ individuals, 39,697 or 48.14% live in a rural area. This too is higher than the statewide average of 39.7%. The area has 6,629 60+ individuals at or below poverty. This translates into 8.04% of the 60+ population is at or below poverty. Once again, this average is higher than the statewide average of 7.16%. So overall, Connections Area Agency on Aging will be serving a more rural and poverty stricken area with a higher than average 60+ populations. A challenge to the area is the actual number of 60+ individuals. Connections Area Agency on Aging has the next to the lowest number of individuals 60+. When you couple this with the geographic distances that need to be covered, a fairly big challenge presents itself.

The **mission** of Connections Area Agency on Aging is "To enhance the quality of life for elders in our service area through education, planning and coordination of services." Our **vision** is to be the premier agency offering assistance to individuals 60 years of age and older, their families and caregivers in our service area. Our **core values** include: Integrity, Honesty and Compassion.

The main, and overriding, focus for FY'14 will be to continue providing current services to current clientele. As input was gathered through meetings with staff, town hall meetings, current Advisory Councils and Policy Boards, the main concern and fear was that there would be great change as the new agency is formed. Therefore, the decision was made to focus the first year on coming together as a new agency and make very few, if any, changes to the services currently being provided. After the first year, will be the time that a closer look will be taken to the overall needs in the 20 counties and how service provision should be prioritized. The first year will also focus on establishing a new organizational culture that encompasses the staff of all three current Area Agencies. From discussions held to date, it appears that most of the staff is looking forward to meeting the individuals who work at the other area agencies and learning more about the way things are done in their area. The challenge will then be to find the best way for the new Connections Area Agency on Aging to conduct business. Key ingredients to our success will be honesty, trust, negotiation skills, flexibility, and open communication. Of course a sense of humor is always helpful too. The approach being taken involves staying positive and trying to achieve a system that provides for no change for the seniors being served, combines best practices, provides for efficiency in services, leads to equal access to equal services and finally results in a stronger agency and statewide network.

The agency will be led by a President/CEO, Chief Operating Officer/COO, and five Program Directors (Fiscal, Healthy Aging, Independent Living, Information and Resource and Housing).

Connections Area Agency on Aging will be governed by a 9-11 member board. Members will come from throughout the area and represent a variety of skills and experiences. The Board will meet at least six times per year, with an initial plan to meet monthly. The Board will receive input from the agency's Advisory Council. The Advisory Council will consist of three regional councils that will be represented on the leadership

team of the Advisory Council. The Advisory Council as a whole will meet once a year. It is believed that regional councils will provide greater local input into the business and workings of the agency. The Chair of the Advisory Council will be invited to all Board meetings and asked to make reports.

The budget included with this plan utilized the planning figures provided by the Iowa Department on Aging and reflects \$213,000 decrease over the budget figures the three separate area agencies were working with for FY'13. This includes lower State and Federal funding due to new census figures being utilized in current funding formulas, lower State Elderly Service funding based on the proposed FY'14 budget, and lower federal funding due to sequestration. Initially it appeared to be a very daunting task to continue providing the same services to all individuals who had been receiving services with this amount of decrease in funding. As the plan has come together, several events have occurred that is making it possibly for the agency to accomplish the task. The first event was the separation of Regional Transit Agency, Southern Trolley, from Area XIV Area Agency on Aging. The Executive Director of the Area Agency went with the Regional Transit Agency. The Second event that happened was that the Executive Director of Siouxland Aging Services resigned. With these two individuals leaving, the organizational chart of Connections Area Agency on aging was modified to reflect one Associate Director rather than two Vice Presidents. This modification has allowed Connections Area Agency on Aging to save administrative expenses. A third event that has occurred is that Siouxland Aging Services received a grant from the Centers for Medicare and Medicaid (CMS) for a Community Care Transition Program. The agency had been piloting a care transition program utilizing their federal and state funding. By obtaining the grant, they will no longer need to utilize their OAA and State Elderly Services funding for the program. This is about a \$30,000 savings. A fourth event was Siouxland Aging Services deciding at the beginning of FY'13 to close and/or reduce the days of service at some of their senior centers. They have projected a \$30,000 saving due to these changes. Then there were some minor reductions to a variety of programs to achieve a balanced budget for FY'14 with no major reduction in services.

Connections Area Agency on Aging will provide a wide range of services. We will provide the mandated services of Case Management, Congregate Meals, Home Delivered Meals, Health Promotion, Information and Assistance, Legal Assistance, Nutrition Counseling and Nutrition Education. Most of these are provided area wide currently. Those that are not will be expanded into unserved or underserved areas. Connections Area Agency on Aging is requesting waivers to provide the following services directly: Congregate Meals, Home Delivered Meals, Nutrition Education, Health Promotion, Evidence-Based Health Activities, Recreation, and Reassurance/Visiting. The request for both congregate and home delivered meals is for eleven out of 20 counties. The remaining requests are for all 20 counties. Regarding the Federal Title IIIB Priority areas, Connections Area Agency on Aging exceeds the minimum percentages in all three categories. Legal Services has a 3% requirement and this plan allots 8% of the total Title III B funding. In-Home Services requires 5% and this plan allots 8.25 % of our total Title III B funding to the following In-Home services: Adult Day Care, Chore, Homemaker, Personal Care, Reassurance/Visiting and Respite. The final category is Access Services and has a 10% requirement. This plan allots 46.8% of our total III B funding to the following Access Services: Assisted Transportation, Assessment/Intervention, Case Management, Information and Assistance, and Transportation. Connections Area Agency on Aging will provide a variety of other services including: money management, volunteer support, material aid, public information, mental health outreach, and advocacy. And finally, the agency will provide all of the Family Caregiver services: Access Assistance, Counseling, Information Services, Respite, Supplemental, Grandparent Counseling and Grandparent Supplemental. Most

of these are provided throughout the area. The exception is services for grandparents. The agency will be working on expanding these services over the next two years.

## **Section 2. Organizational Structure**

The **mission** of Connections Area Agency on Aging is "To enhance the quality of life for elders in our service area through education, planning and coordination of services." Our **vision** is for Connections Area Agency on Aging to be the premier agency offering assistance to individuals 60 years of age and older, their families and caregivers in our service area. Our **core values** include: Integrity, Honesty and Compassion.

**Board Formation:** The Board for Connections Area Agency on Aging will be comprised of 9-11 members. After the transition time, Board members will serve 3-year terms and will be eligible to serve 2 terms. For the initial set up of the Board and in order to stagger the terms of office, 3 initial members of the new Board will serve a 1-year term, 3-5 members will serve a 2-year term and 3 members will serve a 3-year term.

The Board will be comprised of 1 individual representing each of 3 geographic regions. The remaining members will be selected on the basis of skills, experience, and diversity which have been identified as being helpful in the planning, guidance, advocacy, and oversight of the agency. Note: For the initial Board formation, efforts will be made to have at least 6 of the 9-11 members have previous experience with an Area Agency on Aging either as a Board member or Advisory Council member. The rationale for this is to provide knowledge of current operations and the Older Americans Act that will be of great assistance in the transition from 3 AAA's to one.

During solicitation of Board members and during their orientation session, the Board Job Description and Commitment Pledge will be reviewed and discussed. The job description very clearly lays out the policy setting responsibilities of the Board. The job description also informs Board members their advocacy responsibilities. One of their stated duties is to "Represent organization to individuals, the public and other organizations." As part of the Policy Board Member Service Commitment Pledge, there are a couple of pledges that Board members make that speak to their advocacy duties. One is "Always act for the good of Connections Area Agency on Aging and the Policy Board and represent the interests of all." Another is "To represent this organization and the seniors of Connections Area Agency on Aging in a positive and supportive manner at all times."

In addition, at all Board meetings, there will be an update of legislative activities going on and the Board members will be informed of how they can be an effective advocate regarding the current legislative issues.

**Advisory Council Formation:** Each region within the new Area Agency (there will be 3) will have an advisory council known as a Regional Advisory Council. The purpose of the Regional Councils is to obtain grassroots input from all parts of the Planning and Service Area. The Regional Councils will meet at least quarterly. An Annual Advisory Committee meeting, to which all Regional Advisory Council members are invited, will be held once a year. At the Annual meeting, officers for the Advisory Committee will be elected. The Exec Committee (officers) of the Advisory Committee will meet 2-3 times per year. The Chair of the Advisory Council will be invited to all Board meetings and invited to make a report when appropriate.

Each Regional Advisory Council will be limited to 3 members per county. To form the new Regional Advisory Councils, current Board members and Advisory Council members have been invited to participate. As

demonstrated in attachment # 6 the council composition requirements are not met for the whole and definitely for two of the regional councils. We will be working with the third regional council to meet all of the composition requirements. If the final regional council falls short, additional members will be solicited.

**Role of the Board and Advisory Council:** The plan for Board operations will be detailed in job descriptions for: Members of the Board, Chair of the Board, Members of Committees and Chairperson of Committees. Each year there will be new member orientation that will be open to all members of the Board. During this orientation, the job descriptions will be reviewed. As you can see the role or purpose of the Board is clearly spelled out. It includes: development of policies, procedures and regulations for the operation of the organization, monitoring the organization's financial health, programs and overall performance, and providing the executive director with the resources to meet the needs of those the organization serves. The job description goes on to delineate not only the full Board's responsibilities but also the individual Board member responsibilities.

The specific details of how the Board will take an active role in hiring, firing, supervising, and evaluating the performance of the organization and executive director are: They will first approve a job description for the executive director that details out what the responsibilities of the position are. Second, they will conduct a yearly evaluation of the executive director in how well the individual meets all of the responsibilities listed in the job description. During the annual review, if there are areas that the Board would like the individual to improve upon or put more focus on, those goals and objectives will be put down in writing, monitored throughout the year, and evaluated at the end of the year. Third, if the Board finds itself in a position of needing to fire the executive director, after following proper procedure and consulting the agency's legal advisory, they have the authority to do so. Fourth, if due to a firing, death, resignation, or retirement the Board needs to hire a new executive director, they have the authority to do so and would follow the procedures laid out in the succession plan of the agency.

The way that the Board will evaluate the performance of the organization is through monthly monitoring of financial statements and quarterly monitoring of goals and outcomes as defined in the area plan. In addition the Board will receive monthly reports from the executive director and members of the management team on the activities of the agency. On top of this a annual outside audit will be completed and there will be potential monitoring visits from any or all of our major funders; Iowa Department on Aging, Department of Human Services, the Administration on Aging, and the U.S. Department of Agriculture.

**Role of the Advisory Council:** The role/duties/responsibilities of the Advisory Council will be spelled out in their bylaws. For the Area Plan development, input will be received from them throughout the year as to what they are seeing as unmet needs in their respective areas. Once the preliminary plan is written, it will be presented to them for their input and suggested modifications, if any. Through information presented to them at their meetings, they will be asked to serve as advocates for the agency. They will be some of our greatest ambassadors, passing along information on all of the programs and services we have available. Regarding the evaluation of the performance of the agency and staff, they will have no role in the evaluation of staff. Their evaluation on the performance of the agency will be through receiving the same reports the Policy Board does on the financial status of the agency and how well we are meeting our established service goals.

### **Section 3. Area Plan Development**

The agency worked hard over the last two years soliciting input from the 20 counties in PSA 6 in order to create the Application to be an Area Agency. That application forms the basis of the Area Plan Development. In

addition, since Southwest 8 was selected to be the area agency on aging, several additional things have occurred that have provided additional input for the area plan. They have included:

- A meeting of the management teams from all 3 current AAA's in December.
- Face to face and telephonic meetings of division heads from the three AAA's.
- All three AAA's were asked to review the units of service they projected for the application and suggest any modifications they felt would be good for the new agency.
- All three AAA's were asked to review the budget that they had submitted for the application and make modifications based upon the most current information available.
- Regular reports have been made to the Policy Boards of all three agencies with a concentration on Siouxland Aging Services and Southwest 8 Senior Services. (Reason: I was personally at these meetings and able to give updated reports.) Input was obtained on questions/concerns they might have.
- Reports were made to the Advisory Councils of all three agencies with a concentration on Siouxland Aging services and Southwest 8 Senior Services for the reason stated above. Input was obtained on questions/concerns they might have.
- A town hall meeting was held in Sioux City on March 15th.
- A town hall meeting was held in Creston on March 18th.
- A Public Hearing was held in Council Bluffs on March 21st.
- A meeting of staff from the 3 agencies on March 25<sup>th</sup>.
- A telephone meeting of the Southwest 8 Advisory Council on March 25<sup>th</sup>.
- The Siouxland Aging Services Policy Board reviewed the area plan at their March 26<sup>th</sup> meeting.
- The Southwest 8 Policy Board reviewed and approved the plan at their March 27<sup>th</sup> meeting.

The plan was developed with the idea that if at all possible all current services would be available to current recipients throughout the 20 county area. The goal has been stated and still exists that current seniors receiving services will see no change except for a name change on forms or possibly a shirt. We believe we have achieved this. The following is a summary of the FY'14 services.

#### Mandated services

- Case management will have 29 case managers serving all 20 counties.
- Congregate/Home Delivered meals will be provided through 49 senior centers/meals sites and 4 contracted Meals on Wheels programs.
- Health Promotion is not currently being provided in all 20 counties. Plans are for expanding the provision of this service to all 20 counties by the end of the 2<sup>nd</sup> year.
- Information & Assistance is being provided currently to all 20 counties. To insure that individuals feel that they aren't losing touch with their area agency, an office will be staffed in Sioux City, Council Bluffs, and Creston.
- Legal Assistance will be provided through a single contract throughout all 20 counties.
- Nutrition Counseling is a service the agency is willing to offer in all 20 counties, but a service for which qualified providers are difficult to find. We will be looking to expand this service.
- Nutrition Education is provided at a minimum twice a month as required. We will be reviewing the materials utilized for this service and working on upgrading the content quality.

#### IIIB Priority Services

- Legal Assistance – 3% required. Our plan allots 8% of our Title IIIB funds for legal assistance through a single contract.

- In-Home Services – 5% required. Our plan allots 8.25% of our Title IIIB funds for the following In-Home services: Adult Day Care, Chore, Homemaker, Personal Care, Reassurance/Visiting and Respite. [Note: the agency spends a large amount of State Elderly Service funds also on these services.]
- Access Services – 10% required. Our plan allots 46.8% of our Title IIIB funds to Assisted Transportation, Case Management, Information & Assistance, and Transportation.

Direct Waiver Services - These are Direct Service Waiver request included for the following 7 services:

- Congregate Meals
- Home Delivered Meals
- Nutrition Education- see notes under mandated services.
- Health Promotion- see notes under mandated services.
- Evidence-Based Health Activities – it is estimated that funding is available to hold 16 Better Choices /Better Health , Matter of Balance, or Powerful Tools for Caregiver workshops in the 20 county area.
- Recreation- provided to some degree at all senior centers/meal sites currently. We will be looking to establish some quality standards for the service and expand the amount of recreational services provided throughout the 20 county area.
- Reassurance/Visiting – provided in 13 of the counties currently. We will be looking at expanding the service to all 20 counties within the next 2 years.

Other Services – These are the other services, not mentioned above, that will be provided by Connections Area Agency on Aging:

- Money Management – is currently offered in 13 of the 20 counties. Will look to expand this service.
- Volunteer Support – Is offered/provided to some degree in all 20 counties. The service is not always reported as Volunteer Support. We will work on standardizing the service and activity.
- Material Aid – is offered in all 20 counties.
- Public Information – is offered in all 20 counties. We will be working on standardizing and elevating this activity.
- Mental Health Outreach – is offered through purchase of service agreements in 13 counties currently. We will be working on finding potential provider(s) of this service in the other 7 counties.
- Advocacy – is a formalized service in 13 counties currently. This service will be available in all 20 counties within the first year of this two year plan.
- Medication Management-is currently provided through contracts or purchase of service in 13 counties. If additional funding becomes available, we will look to expand this program.
- Placement Services- is provided in 2 counties and relates to placement of individuals into HUD subsidized housing units.
- Training & Education- this service currently relates to training of staff.
- Elder Rights – is a service currently provided in 8 counties. It is not directly reflected in the area plan as there is no taxonomy for this service. Our intent is to expand this program to all 20 counties through first public education efforts and secondly training staff (case managers and service counselors) on elder rights issues and how to handle them.

Family Caregiver Services

- Access Assistance – available in all 20 counties.
- Counseling – currently available in 15 counties. Will look to expand.
- Information Services – available in all 20 counties.



## PSA 6 Demographic Profile

	<u>Total</u>	<u>60+</u>
• Population	386,845	82,470 21.3% 19.55%
• Rural Population	176,687 45.67% 37.84%	39,697 48.14% 39.70%
• Below Poverty	44,298 11.45% 10.9%	6,629 8.04% 7.16%

This demographic profile definitely presents some challenges in being able to provide a wide range of services efficiently and cost effectively. One of the first challenges is the rural nature of PSA 6 and the distance that needs to be traveled by staff, providers and participants. Whereas in an urban area you may have several service providers available within a relatively small geographic area (community), that is not the case in the rural areas. You often have only one or possibly no providers of a service in the county and other providers are coming from outside of the county. When the service providers need to travel, they need a minimum number of clients to make the trip economically feasible. This isn't always the case. The rural nature of the area and miles that need to be covered also add to the cost of the AAA being able to provide access to services. Case managers, supervisory staff, administrator need to travel longer distances to see the same number of people that urban AAA's can do within a small geographic area, possibly even blocks rather than miles. Within the new PSA 6, case managers will not necessarily find greater distance to travel to see clients, but supervisory staff and administrative staff will find a greater challenge in overseeing the 20 counties versus the 5, 8 or 7 counties they were previously responsible for. It is anticipated that there will be greater travel costs involved going forward.

Within PSA 6, there are many economic and social resources available. Part of the abundance is demonstrated in Attachment #9 which lists all of the providers that we will be utilizing either through a contractual arrangement or through a purchase of service agreement. In addition, there are two significant outside resources that will be available within certain parts of the agency. These are a Community Care Transition Program grant award that was initially awarded to Siouxland Aging Services and a Senior Corp Program Award that was initially awarded to Southwest 8 Senior Services. The Community Care Transition Program grant through CMS will allow the agency to hire Transition Coaches who will work with the two (2) hospitals in Sioux City and their patients, to reduce hospital readmissions within 30 days of discharge. Although the grant specifies the geographic area that the grant funding can be used for, it is anticipated that lessons can be learned that can be shared/utilized throughout the entire PSA 6 area. The Senior Corp Program Award provides funding for a Foster Grandparent Program in 3 counties and a Senior Companion Program in 1 county. The Senior Corp programs are available elsewhere within PSA 6 through another State contractor.

In addition to these two major outside grants, there are 3 strong community colleges, access to the University of Nebraska – Omaha and Morningside College.

A sampling of special initiatives undertaken within PSA 6 over the last several years include:

- In 2005 receiving outside funding to begin an Elder Abuse Intervention program patterned after the pilot statewide program being conducted by the Department on Aging. We wanted to put ourselves in position

to successfully be part of this effort if/when additional grants were being awarded. With a year's experience under our belts, the opportunity to become one of the Elder Abuse Intervention Pilot programs presented itself and SW8 was a successful grant applicant. The program continues to this day with a plan to expand the program to all 20 counties over the next two years.

- Over the last couple of years, a need for expanded Evidence Based Programs was seen and we have been successful throughout the area in obtaining outside funding that has allowed us to do that. Once source of additional funding as the Iowa West Foundation in Council Bluffs. Another source has been select Public Health entities within our 20 counties. The Siouxland Community Health Center has also been a partner that has allowed for expansion of the program.
- Since 2001 Southwest 8 has provided a frozen meal option to individuals on the Elderly Waiver and those who do not have access to a hot home delivered meal. We had been purchasing prepared frozen meals in 5 day packs. We were hearing from our clients that the pre-packaged 5 day pack did not always meet their needs, so listening to their concerns, in 2008 we developed our own customized frozen meal program. In 2012, this program won an Innovation Award from the National Association of Area Agencies on Aging. Siouxland Aging Services has been preparing and providing frozen meals on a small scale for several years. We are planning on expanding the larger customized frozen meal program throughout all 20 counties over the next 2 years.
- Around 2007, SW8 noticed that they were being contacted by several people that were able to meet their day-to-day, ongoing expenses, but some sort of emergency or hardship had arisen that needed a cash outlay that they did not have. In order to meet the emergency, they needed to decide what not to pay (rent, prescriptions, food). To meet this identified need, the agency developed our Solution Options for Seniors (SOS) program. Funded by private donations, a multidisciplinary staff team review applications monthly and provide funding for emergency needs. Individuals are eligible to obtain funding once every 12 months. We will be examining fundraising opportunities that will allow us to expand this program to all 20 counties.
- To further meet the nutrition education needs of our clientele, staffs have developed a series of nutrition education modules that pattern the style of the Evidence Based Chronic Disease Self-Management and Matter of Balance programs. We are pilot testing the program with our senior centers and hope to begin working with an educational institution to achieve Evidence Based recognition.
- In Sioux City, the agency's SMP program has done a collaborative shredding and drug take-back event twice annually with the Siouxland Center for Active Generations, a shredding service and the Sioux City Police. In the fall of 2012, nearly 2,000 pounds of personal papers were disposed of safely.
- Both the Sioux City office and Council Bluffs office have been SHIP locations for several years and provided a large amount of assistance to seniors. Through the SHIP program, the Sioux City office began First Friday Coffee's that feature Welcome to Medicare information. These have been very successful and something we will explore expanding throughout the 20 county area.

### Targeting Plan

Area 6 will employ a multi-faceted approach to marketing to our targeted population of individuals age 60 and older and their family caregivers. We will utilize the following approaches to market ourselves:

- Technological
- Opportunities to Partner / Relationship Building
- Traditional & Paid Marketing
- Business to Business engagement

**Technological:** The development of a new website is a critical "must" for PSA 6, Connections Area Agency on Aging. This opportunity for innovation will allow us to produce a site that is user and access friendly. The

new site will feature all of the same great news, events, and information, but will allow us to provide a more interactive experience for visitors by offering event registration, blogging and message board activities, and eventually payment for donations, events, or services online. We will be taking the best of all three current websites and merging them into one. We will also utilize Facebook, Twitter and YouTube as technological marketing tools. This will be new to some parts of PSA 6 as Area XIV had not previously utilized this media.

**Relationship Building / Partnerships:** Area 6 will continue to cultivate and seek out networking opportunities that promote the agency in the 20 county service area. Southwest 8 has always been actively engaged in the community through participation in various civic groups and local board and council service. We built strong partnerships with the local newspaper, which has provided generous advertising benefit to the agency. We work closely with the spectrum of housing options, and receive referrals as a result. We have become a vital resource to law enforcement, other agencies and the department of human services through our SHIP and MIPPA efforts. We have partnered successfully with Jennie Edmundson Hospital to provide care transition service to discharged patients. Southwest 8 was the founding member and remains the coordinator of the Southwest Iowa Networking Group which is a group of over 55 agencies, housing facilities, organizations and providers who specialize in working with individuals over age 60 in our community. This networking group has successfully assisted Southwest 8 in conducting an annual resource fair for family caregivers of the elderly, and this provides much exposure to Southwest 8 as the leader of comprehensive services and information for seniors and family caregivers.

**Traditional & Paid Marketing:** The agency will continue to seek marketing opportunities that maximize our exposure to our targeted population, such as Senior Resource guides, press releases, and special marketing editions like Alzheimer's' and Family Caregiver. We will also employ some targeted marketing to the private pay clientele.

**Business to Business Engagement:** As the agency moves to a new era of fee-for-service, it is important that we operate as a business and we engage other businesses as well. We plan a heightened Chamber presence, especially to rebrand ourselves with our new name, and we plan to offer the valuable information and services that we possess to the business community and private pay community as such. As the older population grows, businesses will see more and more of their employees who work full or part time in addition to caring for an older relative. We can offer services through either direct employee benefits or through the businesses' insurance coverage.

## **Section 5. Strategies for Service Delivery**

- a. **Consumer Need:** Wide varieties of strategies were used and will be utilized to identify and track the needs of the consumers in PSA 6. Initially town hall meetings were held in Creston and Sioux City to gather input on the concerns and needs of individuals in the area currently served by Area XIV and Siouxland Aging Services. Presentations were made to the Advisory Councils at Siouxland Aging Services and Southwest 8 Senior Services. The biggest concern right now is the unknown of exactly how this new agency will function. They are concerned about whether their current senior centers/meal sites will remain open, will they still have their same case manager working with them, and will they have their same homemaker provider or chore provider. Although information was presented at the town hall meetings about possible expansion of service provision, the concern concentrated on the continuation of what they have available to them currently and not what unmet needs or expansion of service may come their way in the future.

The process of determining the needs of individuals within PSA 6 has just begun. It will be an on-going process over the next few years and beyond. Everyone needs to get acclimated to the new agency, get comfortable with the fact that services have continued and then everyone can focus on the unmet needs in the area. We will continue to try and obtain the grassroots input on what is needed by consumers, what has worked that should be retained, and what additions are needed. One way we will gather this information will be by conducting surveys with key stakeholders (contractors, purchase of service providers, and other partners). Satisfaction and needs surveys of our consumers will also be conducted. Current partners already report unmet needs to the agency. Compilations of these reports will also be used to identify unmet needs. One of our great challenges in meeting these identified unmet needs is funding. PSA 6 starts out with close to \$200,000 fewer dollars than the three separate AAA's are operating with in FY'13. With this reduction in funding, we believe we are doing well to be able to continue providing all current services. Our hope is that when the Iowa Legislature adjourns their 2013 session, there will be additional State funding for the AAA's for elderly services. Our further hope is that a new funding formula will be approved by the Iowa Commission on Aging that will assist the AAA's that have a large rural contingency and were adversely affected when the 2010 demographics were used in the current funding formulas.

b. The strategy and implementation plan to ensure that older individuals throughout PSA 6 receive equal access to services, regardless of location within the Planning and Service Area includes:

- Having 3 regional offices. (Sioux City, Council Bluffs, and Creston)
- Having equalized Board representation from throughout the PSA.
- Having 3 strong regional Advisory Councils.
- Examining the availability of all services throughout the PSA, identifying where gaps exist, and establishing actions plans to fill in the gaps.
- Conducting strategic planning sessions that would include: Board and Advisory Council members, staff, consumers, and stakeholders from throughout PSA 6.
- Having a toll free number that anyone throughout the PSA or nationally can utilize to access information on services available.
- Having a strong and adequate workforce to identify and meet the needs of older individuals, their families and caregivers in PSA 6.
- Training Senior Advocates so that they can advocate at the State and Federal levels for adequate funding for services that will assist them in staying independent and safe in their own home for as long as possible.
- Utilizing the 49 senior centers/meal sites throughout PSA 6 to disseminate information on services.
- Utilizing a variety of media to ensure everyone in PSA 6 is aware of the programs and services available through the area agency on aging.
  - ✓ Print media
  - ✓ Radio
  - ✓ Television
  - ✓ Website
  - ✓ Facebook
  - ✓ Twitter
  - ✓ YouTube
  - ✓

**C. Development of Collaborative Partnerships:** There is a long history of developing partnerships at the local, state, and federal levels within PSA6. To maintain these partnerships and develop additional relationships/partnerships throughout the 20 counties, the following strategies will be utilized.

- Holding regional meetings with contractors and local service providers located within PSA 6.
- Visiting all current senior centers/meal sites.
- Meeting with each County Board of Supervisors in all 20 counties.
- Identifying unmet needs and reaching out to agencies/providers that may be able to assist in meeting the unmet need.
- Being active with the Iowa Association of Area Agencies on Aging.
- Reaching out to and engaging other state agencies who touch the lives of older Iowans.
- Being active with the National Associations of Area Agencies on Aging.
- Being an integral part of local disaster preparedness groups.
- Joining and/or creating local networking groups. [Southwest 8 is part of the Southwest Iowa Networking Group]
- Collaborating with local, state, and federal agencies on providing educational opportunities for older Iowans.

**d. ADRC Engagement Potential:** Connections Area Agency on Aging is currently not an ADRC but is very, very interested in becoming a designated ADRC. As Southwest 8 Senior Services, we currently promote ourselves and are seen as the information and resource agency for long term services and supports for the 60 and older population. Siouxland Aging Services also has this reputation. Southwest 8 Senior Services, Siouxland Aging Services and Area XIV Area Agency on Aging already have extensive networks and partnerships to serve as entry points for access to needed LTSS. Connections Area Agency on Aging will promote partner resources and will continue to expand partnerships to maximize combined resources.

Connections Area Agency on Aging will work with local mental health and disability service agencies, Independent Living Centers, county boards of supervisors, and others that are identified MH/DD stakeholders in PSA 6 to coordinate access and information in a streamlined no wrong door entry system. Connections Area Agency on Aging will connect with the newly designated MH/DD regions within PSA 6 and partner on developing a strong information and referral system that provides consistency, ease of access, and options counseling. An expanded network of access points that provide expertise in various types of long term services and supports will be developed. Located at each of the 3 regional offices, Connections has AIRS certified individuals who are capable of being the front line individuals for a strong ADRC system. Working with the Iowa Association of Area Agencies on Aging, we have the foundation of a strong data base of services. We are poised and ready to take on a leadership role for an ADRC when the opportunity presents itself.

## **Section 6. Subcontractor Oversight and Monitoring**

**Selection of Service Providers:** Connections Area Agency on Aging utilized a Request for Proposal system to identify contractors for FY 2014. The RFP was put on the websites of Southwest 8 Senior Services and Siouxland Aging Services. Official Public Notices were also put in the major newspaper in each of our 20 counties. In addition, anyone who has contracted with Southwest 8 Senior services,

Siouxland Aging Services, or Area XIV Area Agency on Aging this past year was emailed an RFP. To eliminate confusion and insure that current services will be provided, bids were solicited for specific services in specific counties.

- a. Legal Services: All 20 counties listed above.
- b. Chore Service: Adams, Adair, Cass, Clarke, Decatur, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, Ringgold, Shelby, Taylor, and Union counties.
- c. Transportation: Adams, Adair, Cass, Clarke, Decatur, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, Ringgold, Shelby, Taylor, and Union counties.
- d. Homemaker: Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, and Shelby counties.
- e. Assisted Transportation: Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, and Shelby counties.
- f. Respite: Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, and Shelby counties.
- g. Material Aid (Emergency Response Systems): Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, and Shelby counties.
- h. Medication Management: Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, and Shelby counties.

The procedure for selecting contractors is: Once the proposals were received, they were reviewed for completeness and conformity to the bid requirements. A review sheet is then filled out for each proposal. A spread sheet showing the requests, with comparisons to previous years, is developed. At this point program staff takes a look at the budget to see what financial limitations there are. Program staff also provides input as to how well the contractor performed in previous years, if they had a contract with one of the three current AAA's. Recommendations for selection funding are then taken to the Advisory Council and then the Policy Board for final approval.

In addition, Connections will utilize a Purchase of Service program. The program is aimed at providing an opportunity for frail adults to receive services to enable them to continue living in their home and community environment. Consumer's needs are objectively identified through a screening and/or comprehensive assessment process and community services are authorized accordingly by Connections Purchase of Service program personnel. Services are monitored and adjusted as necessary based upon consumer choice and funding availability.

The Purchase of Service program directly purchases needed services for consumers from a pool of competing providers who have opted into agreements with SW8SS. The Purchase of Service program provider pool is established through formal agreements with existing community service providers but allows for new providers to be added. A maximum reimbursement rate is set for each service. This maximum rate mirrors the Medicaid Elderly Waiver maximum rate.

**Oversight and Monitoring:** Provider meetings will be held in all three regions to explain the requirements of contractors and purchase of service (POS) vendors. At these meetings reporting and billing processes will also be reviewed. Once the fiscal year begins, desk top monitoring of the contractors and POS providers will be done on a monthly basis. The monitoring will track what they said they would provide and resources they said they would utilize versus actual.

In addition, an annual monitoring visit will be made to all contractors. The monitoring tool will be patterned after the monitoring that the Department on Aging utilizes for the Area Agencies. The contractors have signed assurances that they will follow the applicable federal, state, and local rules and regulations; we will ask for

documentation that they have indeed done so. The monitoring team, at a minimum, will consist of a program person and fiscal representative. One of the challenges is the amount of time it takes to visit all of the contractors due to geographic distances. This will be overcome, by setting a schedule for the visits that spans several months.

One final way that contractors will be monitored is by reports received from the public, current clients, and case managers. Reports and questions will be forwarded to our compliance officer.

## **Section 7. Sustainability**

One of the key ways Connections Area Agency on Aging plans on sustaining the agency during the upcoming 2014-2015 planning cycle is by adopting a "We will not fail" and "We are in this together" attitude. Bringing three different agencies with different cultures together is a very, very difficult task. We have had meetings among leadership staffs from all three current AAA's, both in person and telephonically. These will continue up until July 1, 2013 as we refine our initial plans and beyond as we know we will need to tweak our plans. We will have a social event to which all staff from all three agencies will be invited so that people can get to know one another and learn a little bit about their backgrounds and where they are coming from. It will be an opportunity to learn some new ideas.

To fully bring the three agencies together and become a well-oiled and functioning AAA will take 3-5 years. There will definitely be challenges along the way. One of the challenges we are already noticing is having the capacity to provide all of the services equally throughout the 20 county area. Part of the capacity challenge is not having the right amount of staff, with the necessary skills in the locations where they needed. Time should help take care of part of this. A strength of the AAA is having very knowledgeable staff that can provide additional training to those in need. This will assist in meeting this capacity challenge. In addition, we are looking at attrition possibly assisting us having the right people at the right locations. As people leave over the next several years, a re-evaluation of what job is needed at their geographic location will need to be completed. Another part of our capacity challenge of providing all services equally throughout the 20 county area is having adequate funding. Area XIV has traditionally received much lower funding than Southwest 8 Senior Services and Siouxland Aging Services. Two major factors contributing to this are the number of 60+ in the area and the number of 60+ who are rural. With no additional funding available to PSA 6 at this time, to provide some of the services that are found currently in the other two AAA's to the counties served by Area XIV will take a re-distribution of funds. Discussions will need to be held on how much this can be done and how fair is it to everyone.

Another challenge is just in merging the cultures of all 3 agencies. It will require staff to be flexible and open to new ways of doing things. It will take some compromise on everyone's part. We will be attempting to take the best of all three current agencies and adopt those ideas as the new culture. This too won't happen overnight and it will take time and open communication to accomplish. A positive attitude by agency leadership should help a great deal.

## **Section 8: Area Plan Budget Report**

SERVICE	Total Service Units	Total Undup Clients	60+ Rural	60+ Minority	60+ Minority Below Poverty	60+ Below Poverty	SLP Low Income	SLP Moderate Income
01A: Administration	General Aging							
	Caregiver							
1: Personal Care	General Aging 262	20	9	1	1	3		
2: Homemaker	General Aging 10,775	573	406	8	5	79		
3: Chore	General Aging 2,837	95	69	5	3	60		
4: HD Meals	General Aging 166,524	1,531	1,135	41	41	849		
5: Adult Daycare	General Aging 90	12	1	1	1	1		
6: Case Management	General Aging 15,265	1,985	1,127	60	31	688		
7: Congregate Meals	General Aging 205,000	3,401	2,950	54	6	1,658		
8: Nutrition Counseling	General Aging 205	95	81	1	1	68		
9: Assisted Transportation	General Aging 435	46	31	1	1	28		
10: Transportation	General Aging 55,814	1,410	1,165	5	2	751		
11: Legal Assistance	General Aging 735	387	141	8	2	62		
12: Nutrition Education	General Aging 3,961	3,961	2,560	53	5	908		
13: Information & Assistance	General Aging 10,160	6,980	3,366	19	12	1,716		
14: Outreach	General Aging 24	24	10	2	1	3		
B02: Preventive Health Promotion	General Aging 12,722	2,220	1,384	2	2	373		
B03: Respite	General Aging 228	8	1	1	1	1		
B05: Mental Health Outreach	General Aging 238	15	1	1	1	1		
B06: Medication Management	General Aging 402	334	26	4	1	33		
B07: Evidence Based Health Activities	General Aging 484	427	225	24	8	51		
C01: Advocacy	General Aging 1,984	1,150	550	30	15	350		
C05: Legal Education	General Aging							
C10: Cash and Counseling	General Aging							
C11: Money Management	General Aging 623	19	13	1	1	1		
D01: Training & Education	General Aging 50	50	50			10		
D02: Recreation Activities	General Aging 12,137	3,923	3,625	4	4	1,002		
D03: Reassurance/Visiting	General Aging 9,295	395	282	8	4	161		
E01: Counseling	General Aging							
E02: Placement Svc	General Aging 549	110	1	1	1	1		
E03: Assessment & Intervention	General Aging 1,838	1,170	212	15	7	102		
F02: Material Aide	General Aging 395	395	161	12	10	102		
F03: Public Information	General Aging 2,943	913,500	8,565	63	42	5,455		
F05: Volunteer Support	General Aging 48,000	500	440			250		

SERVICE	Total Service Units	Total Undup Clients	60+ Rural	60+ Minority	60+ Minority Below Poverty	60+ Below Poverty	SLP Low Income	SLP Moderate Income
CG1: CG Access Assistance	Caregiver 4,500	4,500	2,450	40	17	1,017		
CG2: CG Cash and Counseling	Caregiver							
CG3: CG Counseling	Caregiver 485	42	20	1	1	7		
CG4: CG Information Services	Caregiver 3,675	3,675	3,101	30	10	1,996		
CG5: CG Respite	Caregiver 1,397	53	34	2	2	16		
CG6: CG Supplemental Services	Caregiver 582	95	58	5	5	41		
CG7: CG Home Delivered Meals	Caregiver							
G01: GO Access Assistance	Caregiver							
G02: GO Cash and Counseling	Caregiver							
G03: GO Counseling	Caregiver 192	16	3	1	1	5		
G04: GO Information and Assistance	Caregiver							
G05: GO Respite	Caregiver							
G06: GO Supplemental Services	Caregiver 71	39	11	3	2	22		
G07: GO Home Delivered Meals	Caregiver							

**Section 9: Attachments**

Instructions are on page 23 of the Area Plan on Aging SFY 2014-2015 document.

**Attachment 1  
Verification of Intent**

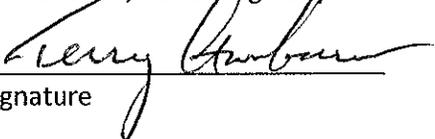
Southwest 8 Senior Services (AAA) accepts full authority and responsibility to develop and administer the SFY 2014-SFY 2015 Area Plan on Aging in accordance with all requirements of the Older Americans Act as amended 2006, state laws, rules, and procedures. By accepting this authority and responsibility, the area agency agrees to develop and administer the Area Plan for a comprehensive and coordinated system of service and to serve as the advocate and focal point for all Iowans 60+ years of age in the area agency's planning and service area.

The Area Plan on Aging reflects input from a cross section of service providers, consumers, and caregivers that are representative of all areas and culturally diverse populations in the planning and service area; its contents are true, accurate, and incorporate the comments and recommendations of the Area Agency's Advisory Council and has been reviewed and approved by the Area Agency's Governing Body. It is acknowledged that intentional misrepresentation or falsification may result in the termination of financial assistance.

**The Governing Body has reviewed the SFY 2014-SFY 2015 Area Plan on Aging, approves the Plan in its entirety, and hereby submits the Area Plan to the Iowa Department on Aging for approval by the Iowa Commission on Aging.**

Terry Amburn

Name: Chair, Governing Body

  
Signature

3-27-13  
Date Signed

**The Advisory Council has reviewed the SFY 2014-SFY 2015 Area Plan on Aging, approves the Plan in its entirety, and hereby submits the Area Plan to the Iowa Department on Aging for approval by the Iowa Commission on Aging.**

Gale Brown

Name: Chair, Governing Body

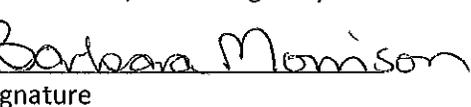
  
Signature

3-27-13  
Date Signed

**The Executive Director has reviewed the SFY 2014-SFY 2015 Area Plan on Aging, approves the Plan in its entirety, and hereby submits the Area Plan to the Iowa Department on Aging for approval by the Iowa Commission on Aging.**

Barbara Morrison

Name: Chair, Governing Body

  
Signature

3-27-13  
Date Signed

Instructions are on page 23 of the Area Plan on Aging SFY 2014-2015 document.

**Attachment 2  
Authorized Signatures**

Southwest 8 Senior Services  
Name of Area Agency on Aging (Type)  
300 West Broadway Suite 240  
Street Address  
Council Bluffs, Iowa 51503  
City, State, Zip Code

Type of Agency: AAA

Date of Area Agency Designation: 1977

**Authorized Signatures for Funding Applications and Contracts**

Barbara Morrison  
Signature of Executive Director

3-27-13  
Date Signed

Kerry Grubben  
Signature of Chair, Governing Body

3-27-13  
Date Signed

**Authorized Signatures for Fiscal Reports**

Barbara Morrison  
Signature of Executive Director

3-27-13  
Date Signed

Kerry Grubben  
Signature of Chair, Governing Body

3-27-13  
Date Signed

Ann Wilson  
Signature of Treasurer

3/27/13  
Date Signed

**Authorized Signatures for Program Reports**

Barbara Morrison  
Signature of Executive Director

3-27-13  
Date Signed

Kelly A Butts  
Signature of Program Director/Coordinator

3-27-13  
Date Signed

Instructions are on page 23 of the Area Plan SFY 2014-2015 document.

**Attachment 3  
Governing Body**

Governing Body of Southwest 8 Senior Services  
Name of Area Agency on Aging (Type)

**Chair**

Name: Terry Amburn  
Address: 23210 Ellington Avenue  
City & Zip Code: Glenwood 51534  
County: Mills  
Phone: 712-527-3001  
E-mail: atamburn2@live.com  
Term Expires: \_\_\_\_\_

**Vice-Chair**

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City & Zip Code: \_\_\_\_\_  
County: \_\_\_\_\_  
Phone: \_\_\_\_\_  
E-mail: \_\_\_\_\_  
Term Expires: \_\_\_\_\_

**Secretary/Secretary Treasurer**

Name: Christina Hankins  
Address: 1368 Western Avenue  
City & Zip Code: Thurman 51654  
County: Fremont  
Phone: 712-374-2685 X2012  
E-mail: chankins@grapehospital.com  
Term Expires: \_\_\_\_\_

**Treasurer (if separate officer)**

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City & Zip Code: \_\_\_\_\_  
County: \_\_\_\_\_  
Phone: \_\_\_\_\_  
E-mail: \_\_\_\_\_  
Term Expires: \_\_\_\_\_

**Other Members**

**Name:** Burt Conn  
City/County: Atlantic 50022  
Phone: 712-254-9059  
E-mail: btconn@mediacombb.net

**Name:** Marilyn Schroeder  
City/County: Treynor 51575  
Phone: 712-487-3522  
E-mail: momschroeder1@msn.com

**Name:** Dwight Zimmerman  
City/County: Harlan 51537  
Phone: 712-755-3246  
E-mail: gwightdzimmerman@gmail.com

**Name:** Rollie Roberts  
City/County: Dunlap  
Phone: 712-263-7848  
E-mail: rolbeth@iowatelecom.net

**Other Members (continued)**

**Name:** Jon Waltz

City/County: RedOak 51566

Phone: 712-623-3384

E-mail: jjwaltz@live.com

**Name:** \_\_\_\_\_

City/County: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Instructions are on page 23 of the Area Plan SFY 2014-2015 document.

**Attachment 4  
Advisory Council**

**Older Americans Act Section 306(a)(6)(D).** Each area agency on aging shall establish an advisory council consisting of older individuals (including minority individuals and older individuals residing in rural areas) who are participants or who are eligible to participate in programs assisted under this Act, family caregivers of such individuals, representatives of the business community, local elected officials, providers of veterans' health care (if appropriate), and the general public, to advise continuously the area agency on aging on all matters relating to the development of the area plan, the administration of the plan and operations conducted under the plan.

**Older Americans Act Code of Regulations, Subpart C, Sec. 1321.57(b) Composition of council.** The council shall include individuals and representatives of community organizations who will help to enhance the leadership role of the area agency in developing community-based systems of services. The advisory council shall be made up of:

1. More than 50 percent older persons, including minority individuals who are participants or who are eligible to participate in programs under this part;
2. Representatives of older persons;
3. Representatives of health care provider organizations, including providers of veterans' health care (if appropriate);
4. Representatives of supportive services provider organizations;
5. Persons with leadership experience in the private and voluntary sectors;
6. Local elected officials; and
7. The general public.

**If the agency's Advisory Council does not currently meet all 7 composition criteria listed above, provide the following information:**

- 1) **Composition criteria yet to be satisfied by the Council (# 1, 2, 3, 4, 5, 6, 7)**

**Advisory Council of:** Southwest 8 Senior Services  
Name of Area Agency on Aging (Type)

**Chair**

Name: Gale Brown  
Address: P.O.Box 4  
City, State, Zip Code: Neola, Ia. 51559  
County: Pott.  
Phone: 712-485-2484  
E-mail: galebrown36@walnutel.net  
Term Expires: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 1,2,3,5,7,

**Vice - Chair**

Name: Gary Frederiksen  
Address: 1006 Simms Avenue  
City, State, Zip Code: Council Bluffs, Ia.51503  
County: Pott.  
Phone: 712-256-0291  
E-mail: cbdanegf@gmail.com  
Term Expires: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 1,2,3,5,

**Secretary or Secretary Treasurer**

Name: Rose Schoening  
Address: P.O.Box 8  
City, State, Zip Code: Silver City, Ia. 51571  
County: Mills  
Phone: 712-525-1170  
E-mail: iowasrose@msn.com  
Term Expires: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 1,2,3,4,5,

**Treasurer (if separate officer)**

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City, State, Zip Code: \_\_\_\_\_  
County: \_\_\_\_\_  
Phone: \_\_\_\_\_  
E-mail: \_\_\_\_\_  
Term Expires: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): \_\_\_\_\_

**Other Members**

Name: Kristi Wernimont  
City/County: Atlantic, Cass  
Phone: 712-774-5684  
E-mail: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 2,4,5,7

**Other Members**

Name: Sheri Bowen  
City/County: Glenwood, Mills  
Phone: 712-527-9699  
E-mail: SheriB@mcph.us  
OAA Composition Criteria (1 to 7): 5,6,7

Name: Nancy Coziahr  
City/County: Council Bluffs, Pott.  
Phone: 712-323-4008  
E-mail: ncoziahr@gmail.com  
OAA Composition Criteria (1 to 7): 1,2,5,

Name: George Gillespie  
City/County: Council Bluffs, Pott.  
Phone: 712-256-3945  
E-mail: gillespie51503@cox.net  
OAA Composition Criteria (1 to 7): 1,2,3,5,

Name: Julie Handbury  
City/County: Neola, Pott.  
Phone: 712-485-2062  
E-mail: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 1,2,3,5,6,7

Name: Tom Hoogestraat  
City/County: Glenwood, Mills  
Phone: 712-527-4688  
E-mail: tomhoog@q.com  
OAA Composition Criteria (1 to 7): 1,2,3,5,

Name: Evelyn Lynch  
City/County: Missouri Valley, Harrison  
Phone: 712-642-2883  
E-mail: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 1,2,3,5,6,7

Name: Bob Neuman  
City/County: Council Bluffs, Pott.  
Phone: 712-323-7076  
E-mail: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 1,2,3,5,

Name: Keith Oliver  
City/County: Woodbine, Harrison  
Phone: 712-647-2026  
E-mail: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 1,2,5,

Name: Jean Palensky  
City/County: Council Bluffs, Pott.  
Phone: 712-322-1402  
E-mail: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 1,3,5,6

Name: Dorothy Teig  
City/County: Atlantic, Cass  
Phone: 712-243-3209  
E-mail: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 1,3,5,

Name: Mary Ann Arens  
City/County: LeMars, Plymouth  
Phone: 712-546-4434  
E-mail: majarens@yahoo.com  
OAA Composition Criteria (1 to 7): 1,2,4,5,7

Name: Joan Bruhn  
City/County: Sioux City, Woodbury  
Phone: 712-277-3534  
E-mail: joan@trilc.org  
OAA Composition Criteria (1 to 7): 2,4,5,7

Name: Marlys Dose  
City/County: Holstein, Ida  
Phone: 712-368-4569  
E-mail: waymarl@frontier.com  
OAA Composition Criteria (1 to 7): 1,2,5,7

Name: Dick Sievers  
City/County: Remsen, Plymouth  
Phone: 712-786-1522  
E-mail: dsievers@midsioux.org  
OAA Composition Criteria (1 to 7): 2,4,5,6,7

Name: Lorraine Sacino Murphy  
City/County: LeMars, Plymouth  
Phone: 712-548-5270  
E-mail: sacinoLX@stlukescollege.edu  
OAA Composition Criteria (1 to 7): 2,3,4,5,7

Name: Anne Beery  
City/County: Ida Grove, Ida  
Phone: 712-364-3311  
E-mail: abeery@hornmemorialhospital.org  
OAA Composition Criteria (1 to 7): 2,3,5,7

Name: Forrest Teig  
City/County: Atlantic, Cass  
Phone: 712-243-3209  
E-mail: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 1,3,5

Name: Rev. Roger Kissel  
City/County: Sidney, Fremont  
Phone: \_\_\_\_\_  
E-mail: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): \_\_\_\_\_

Name: Terry Brewer  
City/County: Sioux City, Woodbury  
Phone: 712-279-6919  
E-mail: terry@simpco.org  
OAA Composition Criteria (1 to 7): 2,4,5,7

Name: Shelli Dannenberg  
City/County: Holstein, Ida  
Phone: 712-368-4304  
E-mail: sdannenb@good-sam.com  
OAA Composition Criteria (1 to 7): 2,3,5,7

Name: Sharon Ehlers  
City/County: Holstein, Ida  
Phone: 712-368-4848  
E-mail: none  
OAA Composition Criteria (1 to 7): 1,2,4,5,7

Name: Sherry Flansburg  
City/County: Sioux City, Woodbury  
Phone: 712-276-6605  
E-mail: none  
OAA Composition Criteria (1 to 7): 1,2,5,7

Name: Linda Burkhart  
City/County: Cherokee, Cherokee  
Phone: 712-255-3922  
E-mail: burkhart@ncn.net  
OAA Composition Criteria (1 to 7): 1,2,5,7

Name: Ardelle Staver  
City/County: Aurelia, Cherokee  
Phone: 712-434-5675  
E-mail: arstaver@evertek.net  
OAA Composition Criteria (1 to 7): 1,2,5,7

Name: Ike Rayford  
City/County: Sioux City, Woodbury  
Phone: 712.203.2052  
E-mail: ikerayford@aol.com  
OAA Composition Criteria (1 to 7): 2,5,7

Name: Warren Woods  
City/County: Creston, Union  
Phone: 641-782-2000  
E-mail: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 6

Name: Pat Rhoades  
City/County: Lenox, Adams  
Phone: 641-333-4204  
E-mail: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 1

Name: Carol Plowman  
City/County: Adair, Adair  
Phone: 641-742-3717  
E-mail: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 1

Name: Connie Updike  
City/County: Osceola, Clarke  
Phone: 641-445-6303  
E-mail: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 1

Name: Irma Johnson  
City/County: Beaconsfield, Ringgold  
Phone: 641-783-2194  
E-mail: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 1

Name: Garry Rankin  
City/County: Bedford, Taylor  
Phone: 712-523-2566  
E-mail: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 1

Name: Dorothy McNaught  
City/County: Afton, Union  
Phone: 641-347-5398  
E-mail: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 1

Name: Kim Rupp  
City/County: Cherokee, Cherokee  
Phone: 712-225-5129  
E-mail: krupp@ensigngroup.net  
OAA Composition Criteria (1 to 7): 2,3,7

Name: Dale Juergens  
City/County: Clearfield, Taylor  
Phone: 641-336-2336  
E-mail: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 5

Name: Ken Blazek  
City/County: Orient, Adair  
Phone: 641-345-2896  
E-mail: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 1

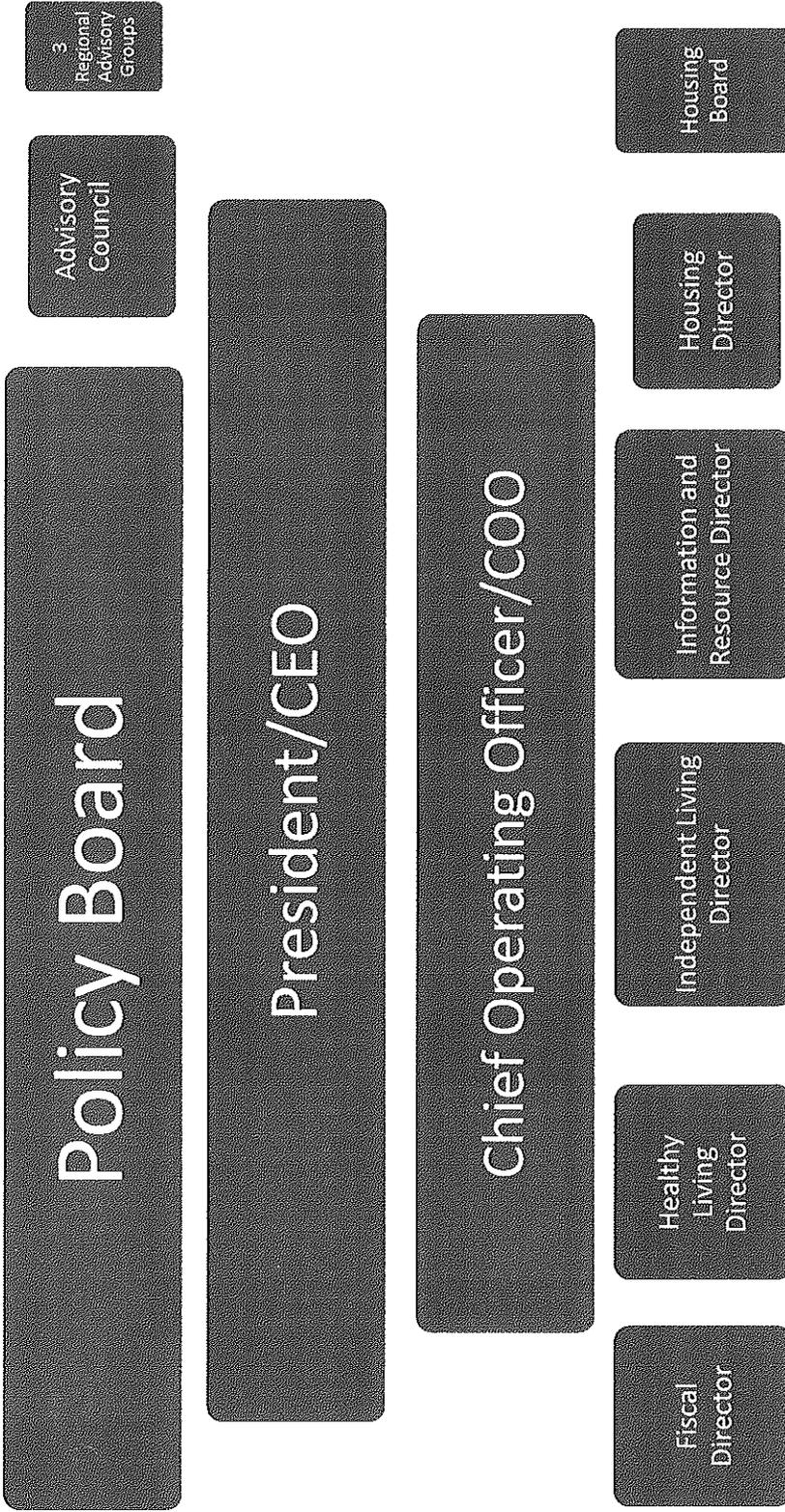
Name: Leona Westphal  
City/County: Corning, Adams  
Phone: 641-322-3815  
E-mail: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 1

Name: Robert Kilgore  
City/County: Leon, Decatur  
Phone: 641-446-4503  
E-mail: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 1

Name: Neil Johnson  
City/County: Beaconsfield, Ringgold  
Phone: 641-783-2194  
E-mail: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 1

Name: Bob Osborn  
City/County: Clearfield, Taylor  
Phone: 712-523-3550  
E-mail: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 1

Name: Monica McCarthy  
City/County: Creston, Union  
Phone: 641-782-3265  
E-mail: \_\_\_\_\_  
OAA Composition Criteria (1 to 7): 1



Each division's detailed organizational chart is attached.

# Fiscal Director

Payroll  
Administrator

Billing & Accounts Payable Administrator

Billing Clerk

Client Intake  
Coordinator

Accounting  
Clerk

# Healthy Living Director

## Assistant Director

### Program Coordinator

Evidence Based Program Assistant

Senior Center Managers

Frozen Meal Administrative Assistant

Nutrition Assistant

MOWS Coordinator

Senior Center Managers

Evidence Based Coaches

Meal Transporters

Kitchen Aides

Frozen Meal Transporters

Senior Center Managers

Cooks

Meal Transporters

Meal Transporters

Kitchen Aides

Kitchen Aides

# Independent Living Director

Team A  
Leader

Case  
Managers

Administrative  
Assistant

Team B Leader

Case  
Managers

Transition  
Coaches

Administrative  
Assistant

Team C Leader

Case  
Managers

Transition  
Coaches

Administrative  
Assistant

# Information and Resource Director

## Community Coordinator

## Access Coordinator

Resource Specialist

Intake Specialist

Service Counselor - Region A

Service Counselors - Region B

Service Counselors - Region C

Senior Corps Supervisor

Public Information Specialists

SMP Supervisor

# Housing and Property Management Director

Service  
Coordinator

4 Resident  
Managers

Administrative  
Assistant

**SOUTHWEST 8 SENIOR SERVICES, INC.**  
**3319 NEBRASKA AVE.**  
**COUNCIL BLUFFS, IA. 51501**

**POLICY BOARD BY-LAWS**

*"The mission of Southwest 8 Senior Services is to enhance the quality of life of elders in our service area through education, planning, and coordination of services."*

**Article I**

Name and Geographical Area

- Section 1. The name of the organization is Southwest 8 Senior Services, Incorporated under the Code of the State of Iowa, Chapter 504A, as a nonprofit corporation, hereinafter referred to as The Corporation.
- Section 2. This Corporation shall serve an area consisting of Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, and Shelby Counties including Metro Council Bluffs, in the State of Iowa.

**Article II**

Purpose and Objectives

The purpose and objectives of this corporation shall be to:

- Section 1. Serve as an advocate with and for the elderly of Southwest Iowa by cooperating with government officials, providers of services, senior citizen organizations, and individual senior citizens in establishing human service programs, educational, legislative, and action programs to improve the quality of life, independence, dignity, and pride of older person.
- Section 2. Exercise any and all such powers necessary or convenient to conduct properly the business of the Agency as stated in The Code of the State of Iowa, Chapter 504A.
- Section 3. Designate that the needs of the area older persons are assessed on a regular basis, and programs developed to meet the special and peculiar needs of senior citizens, pool local resources to fund and implement said programs, and facilitate the co-ordination of existing services by the Area Agency serving as the focal point for advocacy, planning, coordination, and pooling of resources.

## Article III

### Board of Directors

- Section 1. Membership. There shall be (8) members, one from each county in the Southwest 8 service area. At least (5) of the members must be 60 years of age or older. Current employees of Southwest 8 senior Services or their immediate family members are not eligible to be members. Former employees who left the agency in good standing (resignation with proper notice or reduction in force) are eligible to be members after an absence from the agency of three years. Former employees who were not in good standing when they left the agency (termination, mutual agreement) are not eligible to be members.
- Section 2. Authority. The Board of Directors (Policy Board) shall be the governing body empowered to conduct the business of The Corporation.
- Section 3. Term of Office. The term of office shall be for two years, and the term shall run from July through June. The members from Pottawattamie, Page, Fremont, and Mills counties shall be elected for a period of two years during one election year; the following year members for Cass, Shelby, Harrison, and Montgomery counties shall be elected for a period of two years. Policy Board members shall be eligible to serve up to three consecutive terms or six consecutive years. Any member who has served three consecutive two year terms must have a one year break in service from serving on the Policy Board before that member would be eligible for reelection. The exception is, at the end of six years, if an replacement cannot be found the current office holder may continue in office until the next regular election.
- Section 4. Election. Policy Board members shall be elected by the 60+ populations at public elections held annually in June in each of the eight (8) counties. Each county Council on Aging is responsible for conducting elections in their county under the direction of Southwest 8 Senior Services, Inc. Policy Board elections will be held at the same time as Advisory Council elections. Two different news releases announcing the elections are to be published in area newspapers prior to the elections. Nominations for Policy Board will be submitted to the general office of Southwest 8 Senior Services, Inc.
- Section 5. Vacancies. Failure to attend three (3) consecutive meetings of the Board of Directors without good reason shall result in that member's seat being declared vacant. All vacancies on the Board shall be filled by appointment of the Board from nominations

received from the COA in the county where the vacancy has occurred.

- Section 6. Regular Meetings. The regular meeting of the Policy Board shall be on the 4<sup>th</sup> Friday of every month at the central office of Southwest 8 Senior Services.
- Section 7. Annual Meeting. The annual meeting of The Corporation shall be held in October of each year at a time and place designated by the Board of Directors.
- Section 8. Special Meetings. Matters requiring immediate attention shall be conducted at special meetings or polling of the members by telephone. A special meeting of the Board of Directors may be called at any time by the Chairperson, or five (5) members of the Board of Directors upon giving a written notice of the time, place and purpose of the meeting to each Board member. No actions by Board members shall be taken between meetings.
- Section 9. Notice of Meetings. Notice of all regular meetings shall be mailed to each member of the Board of Directors at least seven (7) days in advance.
- Section 10. Quorum. A majority of the members of the Board at any regular meeting or special meeting shall constitute a quorum.
- Section 11. Parliamentary Procedure. Except as otherwise specified in these By-Laws, all regular and special meetings shall be conducted in accordance with Robert's Rules of Order, Revised. Each member present shall be entitled to one (1) vote. No proxy vote shall be allowed and no alternate shall be elected.

#### **Article IV**

##### **Officers**

- Section 1. Officers. The officers of The Corporation shall consist of a Chairperson, a Vice-Chairperson, and a Secretary/Treasurer and shall constitute the Executive Committee.
- Section 2. Qualifications, Election, and Terms of Office. The officers of the Board of Directors shall be elected at the annual meeting of the Board of Directors. Any member of the Board of Directors shall qualify to serve as an officer of the Board. No officer shall serve more than two (2) consecutive one year terms as Chairperson, Vice-Chairperson, or Secretary/Treasurer of the Corporation.

Section 3. Vacancies. A vacancy occurring on the Executive Committee may be filled by an affirmative vote of a majority of the Board of Directors for the unexpired term of office.

Section 4. Duties of Officers.

A. Chairperson. The Chairperson of the Board of Directors shall preside at all of its meeting, sign warrants and drafts, and all orders drawn upon the Secretary/Treasurer as provided by law, sign all contracts made by the Board, and appear in behalf of The Corporation in all actions brought by or against it, unless Chairperson is party to the action, in which case this duty shall be performed by the Secretary/Treasurer.

B. Vice-Chairperson. The Vice-Chairperson shall perform such duties as may be assigned by the Chairperson of the Board of Directors and shall serve as Acting Chairperson during the absence of the Chairperson.

C. Secretary/Treasurer. The Secretary/Treasurer shall insure that an accurate record of all proceedings of the Board of Directors is kept, and that the financial books and records of The Corporation are kept in accordance with generally accepted accounting principles and with requirements of the various state and federal agencies to which The Corporation is required to report.

Section 5. Absence of Officers. In the event both the Chairperson and the Vice-Chairperson are absent, the Secretary/Treasurer shall serve as temporary Chairperson for the purpose of selecting a Chairperson pro-tempore.

Section 6. Closed Session. Meetings of the Board shall be open to the Public. By a two-thirds (2/3) vote of the Board members present, closed session may be called when considering personnel, the purchase of property, or for other matters judged to be in the best interests of The Corporation. No Board action may be recorded in executive or closed session.

## **Article V**

### **Committees**

Section 1. Executive Committee. The Executive Committee shall consist of the officers of The Corporation.

Section 2. Standing Committees. The Chairperson of the Board of Directors shall appoint the following standing committees at the Annual Meeting. (1) Finance Committee, (2) Personnel Committee. The

Chairperson shall designate the terms of office on these Committees at the time the Committee is created.

## **Article VI**

### **Code of Conduct**

Each member of the Board of Directors of The Corporation shall be personally responsible for maintaining a high standard of honesty, integrity, impartiality, and conduct. As a guide, the Board of Directors shall comply with the standards of Conduct for Title III of the "Older Americans' Act." In addition, each Policy Board will sign a Service Commitment Pledge. The Board shall further be accountable for enforcing all Sections of The Corporation's Personnel Policies and Procedures Manual.

## **Article VII**

### **Amendments**

Section 1. Amendments. These By-Laws may be amended by a two-thirds (2/3) vote of the Board of Directors present at any regular meeting of the Board of Directors; provided the proposed amendment was read in full at the previous meeting of the Board and included in full in the minutes of that meeting.

## **Article VIII**

### **Liquidation and Dissolution**

Section 1. Liquidation and Dissolution. In the event of dissolution, winding up, or the liquidation of the assets of The Corporation, its assets shall be applied as follows: (1) All liabilities and obligations of The Corporation shall be paid and discharged, or adequate provisions shall be made therefore, (2) Assets held by The Corporation under condition requiring return, transfer, or conveyance, which condition occurs by reason of the dissolution, shall be returned, transferred, or conveyed in accordance with such requirements, (3) All remaining assets shall be transferred or conveyed exclusively for the purposes of The Corporation in such a manner, or to such organization or organizations organized and operated for charitable, educational, religious, or scientific purposes as shall at the time qualify as a exempt organization or organizations under Section 501 (c) (3) 26 U.S.C.A., Internal Revenue Code 1954, as the Board of Directors shall determine.

The By-Laws were duly acted upon and changes adopted at the May 27<sup>th</sup>, 2005 meeting of the Southwest 8 Senior Services, Inc. Policy Board.

Policy Board:

\_\_\_\_\_  
Bonnie Shannon, Chairperson

\_\_\_\_\_  
Virginia Lynn, Secretary/Treasurer

\_\_\_\_\_  
Barbara Morrison, Executive Director

1980 JULY 8 AM 8:53

PAT ENGLAND

RECORDER

MONTGOMERY CO., IOWA

\$ 12.00 Fee Pd.

*Southwest Eight of Area III Agency on Aging*

TO: Secretary of State, State of Iowa

We, the undersigned, acting as Incorporators of a corporation under the Iowa Nonprofit Corporation Act, Chapter 504A, of the Iowa Code, 1975, adopt the following Articles of Incorporation for such Corporation.

RECORDED  
JUN 6 10 19 AM '80  
SECRETARY OF STATE

ARTICLE I

The name of the corporation is *Southwest Eight of Area III Agency on Aging*

ARTICLE II

The period of its duration is perpetual.

RECORDED  
JUN 12 10 09 AM '80  
SECRETARY OF STATE

ARTICLE III

Section 1. The purposes for which the corporation is organized are to serve as an advocate with and for the elderly by cooperating with government officials, providers of services and senior citizens in establishing educational, legislative, scientific research, safety, charitable and action programs to improve the quality of life for the older citizens in the area served by the corporation. Further, to promote social service programs which allow senior adults to live with independence, dignity and pride.

Section 2. The area to be served by this corporation in carrying out the above-stated purposes shall be in the State of Iowa, the counties of Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, and Shelby.

Section 3. The corporation shall have all the powers enumerated in the Iowa Nonprofit Corporation Act, Chapter 504A.

Section 4. In carrying out the objectives and purposes of the corporation as a corporation organized not for profit, and to remain exempt within the provisions of Section 501 (C)(3), 26 U.S.C.A., Internal Revenue Code of 1954, no part of the net earnings of this corporation shall be distributed to, or inure to the benefit of any member, director, or officer of this corporation, contributor or private individual, either during the existence of this corporation or upon its dissolution, except that the corporation shall be authorized and empowered to pay reasonable compensation for services rendered and to make necessary payments in furtherance of the stated purposes of the corporation. No substantial part of the activities of this corporation shall be to carry on propaganda or otherwise attempt to influence legislation. No part of the activities of this corporation shall be to intervene in any political campaign on behalf of any candidate for public office.

Section 5. Notwithstanding any other provision of these Articles, the Corporation shall not carry on any other activities not permitted to be carried on (a) by a corporation exempt from Federal income tax under Section 501 (C)(3) of the Internal Revenue Code of 1954 (or the corresponding provision of any future United States Internal Revenue law) or (b) by a corporation contributions to which are deductible under Section 170(C)(2) of the Internal Revenue Code of 1954 (or the corresponding provisions of any future United States Internal Revenue law).

ARTICLE IV

The address of the initial registered office for the corporation in the State of Iowa is: Post Office Box 57, Elliott, Iowa 51532, and the name of its original registered agent at such address is Dorothy Murren.

ARTICLE V

The number of directors constituting the initial Board of Directors is seven and the names and addresses of such persons are:

ARTICLE V (Continued)

1. Dorothy Murren, Box 57, Elliott, Iowa 51532 - 101 Front St.
2. Rev. Charles Smith, 1605 Oak, Atlantic, Iowa 50022
3. Milton Foster, 702 Eaton Street, Dunlap, Iowa 51529
4. Marie Martin, 157 Keeline Avenue, Council Bluffs, Iowa 51501
5. Margaret Hemphill, 418 W. Main, Clarinda, Iowa 51632
6. Lawrence T. Wedemeyer, R.R. 3, Atlantic, Iowa 50022
7. Alice Jensen, 1107 3 Willow, Harlan, Iowa 51537

ARTICLE VI

The date on which the corporate existence shall begin is that day on which the Secretary of State of Iowa issues the Certificate of Incorporation of this corporation.

ARTICLE VII

The names and addresses of the Incorporators are:

1. Dorothy Murren, Box 57, Elliott, Iowa 51532 - 101 Front St.
2. Rev. Charles Smith, 1605 Oak, Atlantic, Iowa 50022
3. Milton Foster, 702 Eaton Street, Dunlap, Iowa 51529
4. Marie Martin, 157 Keeline Avenue, Council Bluffs, Iowa 51501
5. Margaret Hemphill, 418 W. Main, Clarinda, Iowa 51632
6. Lawrence T. Wedemeyer, R.R. 3, Atlantic, Iowa 50022
7. Alice Jensen, 1107 3 Willow, Harlan, Iowa 51537

ARTICLE VIII

The members of the corporation shall be all interested persons who are sixty years of age or over within the area serviced by the corporation.

ARTICLE IX

In the event of a dissolution, winding up, or other liquidation of the assets of this corporation, its assets shall be applied as follows:

1. All liabilities and obligations of the corporation shall be paid and discharged, or adequate provision shall be made therefore;
2. Assets held by the corporation under condition requiring return, transfer, or conveyance, which condition occurs by reason of the dissolution, shall be returned, transferred, or conveyed in accordance with such requirements;
3. All remaining assets shall be transferred or conveyed exclusively for the purposes of the corporation in such a manner, or to such organization or organizations organized and operated and operated exclusively for charitable, educational, religious or scientific purposes as shall at the time qualify as an exempt organization or organizations under Section 501 (C)(3), 26 U.S.C.A., Internal Revenue Code of 1954, as the Board of Directors shall determine.

ARTICLE X

The private property of the officers, directors, and members of the corporation

ARTICLE X (Continued)

shall be exempt from liability for the debts and obligations of the corporation.

IN WITNESS WHEREOF, the undersigned, as subscribing Incorporators, have executed and acknowledged this instrument on this 3 day of June, 1980.

Jarothy Murren  
Incorporator

Charles A. Smith  
Incorporator

Milton X. East  
Incorporator

Marie Martin  
Incorporator

Margaret Humphreys  
Incorporator

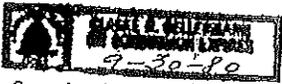
Lawrence J. Frederick  
Incorporator

Alice Jansini  
Incorporator

STATE OF IOWA )  
                  ) ss:  
COUNTY OF

On this 7 day of June, 1980, before me, the undersigned, a Notary Public in and for the State of Iowa, personally appeared Dorothy Murren, Rev. Charles Smith, Milton Foster, Marie Martin, Margaret Hemphill, Lawrence T. Wedemeyer and Alice Jensen, and who, being by me duly sworn, did say that they are the persons named in and who executed the foregoing Articles of Incorporation and Acknowledged that they executed the same as their voluntary acts and deeds.

Clark R. Gledhill  
NOTARY PUBLIC IN AND FOR THE STATE OF IOWA



My Commission expires on Sept. 30, 1980.

OFFICE OF THE SECRETARY OF STATE
This instrument recorded in 8-0 490 June 12, 1980
Expires <u>Perpetual</u> 110713
Filed by <u>Dorothy Murren</u> Elliott, Iowa
Filing Fee <u>10.00</u> Recording Fee <u>2.00</u> <u>Clark R. Gledhill</u> Secretary of State

Instructions are on page 24 of the Area Plan SFY 2014-2015 document.

**Attachment 7: PSA 6 – Southwest 8 Senior Services, Inc.  
Table of 3A-1 Services by County Form  
Mandatory and Other Services**

<b>PSA 6: Southwest 8 Senior Services Mandatory &amp; Other Services</b>	<b>Adair</b>	<b>Adams</b>	<b>Cass</b>	<b>Cherokee</b>	<b>Clark</b>	<b>Decatur</b>
Case Management	<input checked="" type="checkbox"/>					
Congregate Meals	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Health Promotion	<input checked="" type="checkbox"/>					
Home Delivered Meals	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Information & Assistance	<input checked="" type="checkbox"/>					
Legal Assistance	<input checked="" type="checkbox"/>					
Nutrition Counseling	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Nutrition Education	<input checked="" type="checkbox"/>					
<b>Other Service(s)</b>	<input type="checkbox"/>					
Adult Day Care/Adult Day Health	<input type="checkbox"/>					
Evidence-Based Health Activities	<input checked="" type="checkbox"/>					
Options Counseling	<input type="checkbox"/>					
Outreach	<input type="checkbox"/>					
Respite	<input checked="" type="checkbox"/>					
Transportation	<input checked="" type="checkbox"/>					
<b>PSA 6: Southwest 8 Senior Services Mandatory &amp; Other Services</b>	<b>Fremont</b>	<b>Harrison</b>	<b>Ida</b>	<b>Mills</b>	<b>Monona</b>	<b>Montgomery</b>
Case Management	<input checked="" type="checkbox"/>					
Congregate Meals	<input checked="" type="checkbox"/>					
Health Promotion	<input checked="" type="checkbox"/>					
Home Delivered Meals	<input checked="" type="checkbox"/>					
Information & Assistance	<input checked="" type="checkbox"/>					
Legal Assistance	<input checked="" type="checkbox"/>					
Nutrition Counseling	<input type="checkbox"/>					
Nutrition Education	<input checked="" type="checkbox"/>					
<b>Other Services</b>	<input type="checkbox"/>					
Adult Day Care/Adult Day Health	<input type="checkbox"/>					
Evidence-Based Health Activities	<input checked="" type="checkbox"/>					
Options Counseling	<input type="checkbox"/>					
Outreach	<input type="checkbox"/>					
Respite	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Transportation	<input checked="" type="checkbox"/>					

**PSA 6: Southwest 8 Senior Services (Continued)**

<b>PSA 6: Southwest 8 Senior Services Mandatory &amp; Other Services</b>	<b>Page</b>	<b>Plymouth</b>	<b>Pottawattamie</b>	<b>Ringgold</b>	<b>Shelby</b>	<b>Taylor</b>
Case Management	<input checked="" type="checkbox"/>					
Congregate Meals	<input checked="" type="checkbox"/>					
Health Promotion	<input checked="" type="checkbox"/>					
Home Delivered Meals	<input checked="" type="checkbox"/>					
Information & Assistance	<input checked="" type="checkbox"/>					
Legal Assistance	<input checked="" type="checkbox"/>					
Nutrition Counseling	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Nutrition Education	<input checked="" type="checkbox"/>					
<b>Other Services</b>	<input type="checkbox"/>					
Adult Day Care/Adult Day Health	<input type="checkbox"/>					
Evidence-Based Health Activities	<input checked="" type="checkbox"/>					
Options Counseling	<input type="checkbox"/>					
Outreach	<input type="checkbox"/>					
Respite	<input checked="" type="checkbox"/>					
Transportation	<input checked="" type="checkbox"/>					
<b>PSA 6: Southwest 8 Senior Services Mandatory &amp; Other Services</b>	<b>Union</b>	<b>Woodbury</b>				
Case Management	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				
Congregate Meals	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				
Health Promotion	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				
Home Delivered Meals	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				
Information & Assistance	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				
Legal Assistance	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				
Nutrition Counseling	<input checked="" type="checkbox"/>	<input type="checkbox"/>				
Nutrition Education	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				
<b>Other Services</b>	<input type="checkbox"/>	<input type="checkbox"/>				
Adult Day Care/Adult Day Health	<input type="checkbox"/>	<input checked="" type="checkbox"/>				
Evidence-Based Health Activities	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				
Options Counseling	<input type="checkbox"/>	<input type="checkbox"/>				
Outreach	<input type="checkbox"/>	<input type="checkbox"/>				
Respite	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				
Transportation	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				



**Attachment 8  
Nutrition Services**

	Location					Services (one service per line)	Breakfast						Lunch						Dinner						Average Weekly Meals
	Name	Street Address	County	City	Zip	Home Delivered(H) Congregate (C) Frozen (F) Shelf Stable(S)	M	T	W	TH	F	S/S	M	T	W	TH	F	S/S	M	T	W	TH	F	S/S	
27	Sidney	2820 N Ridge Road	Fremont	Sidney	51652	C							X	X	X	X	X								95
28						H							X	X	X	X	X								110
29	Stanton	326 Broad Avenue	Montgomery	Stanton	51573	C								X	X	X	X								22
30						H								X	X	X	X								6
31	Villisca	312 S 3rd Avenue	Montgomery	Villisca	50864	C							X	X	X	X	X								40
32						H							X	X	X	X	X								30
33	Woodbine	411 Walker Street	Harrison	Woodbine	51579	C							X	X	X	X	X								65
34						H							X	X	X	X	X								90
35	American Red Cross MOWS		Pottawattamie	Council Bluffs	51501	H							X	X	X	X	X								415
36	Creston	116 W Adams	Union	Creston	50801	C							X	X	X	X	X								194
37						H							X	X	X	X	X								165
38	Afton	230 Douglas Street	Union	Afton	50830	C										X									29
39	Lorimor	406 Minnesota	Union	Lorimor	50149	C							X												18
40	Corning	601 6th and Benton	Adams	Corning	50841	C								X		X	X								65
41						H								X		X	X								26
42	Adair	410 Audubon Street	Adair	Adair	50002	C								X		X	X								66
43						H								X		X	X								24
44	Greenfield	202 N Townline Rd	Adair	Greenfield	50849	C							X		X		X								113
45						H							X		X		X								53
46	Orient	School Street	Adair	Orient	50858	C								X		X									47
47						H								X		X									0
48	Osceola	114 S Fillmore Street	Clarke	Osceola	50213	C							X	X	X	X	X								266
49						H							X	X	X	X	X								112
50	Lamoni	200 Crown Colony	Decatur	Lamoni	50140	C							X	X	X	X	X								101
51						H							X	X	X	X	X								37
52	Leon	203 NE 2nd Street	Decatur	Leon	50144	C							X	X	X	X	X								173

**Attachment 8  
Nutrition Services**

	Location					Services (one service per line)	Breakfast						Lunch						Dinner						Average Weekly Meals
	Name	Street Address	County	City	Zip	Home Delivered(H) Congregate (C) Frozen (F) Shelf Stable(S)	M	T	W	TH	F	S/S	M	T	W	TH	F	S/S	M	T	W	TH	F	S/S	
53						H							X	X	X	X	X							60	
54	Mount Ayr	1302 S Cleveland Street	Ringgold	Mount Ayr	50854	C									X	X	X							143	
55						H									X	X	X							48	
56	Tingley	Main Street	Ringgold	Tingley	50863	C							X	X			X							157	
57						H							X	X			X							63	
58	Bedford	115 East Pearl Street	Taylor	Bedford	50833	C							X		X	X								113	
59						H							X		X	X								53	
60	Clearfield	Broadway	Taylor	Clearfield	50840	C								X	X		X							60	
61						H								X	X		X							11	
62	Aurelia	235 Main Street	Cherokee	Aurelia	51005	C							X		X		X							17	
63	Akron	240 4th Street	Plymouth	Akron	51001	C							X	X	X	X	X							126	
64						H							X	X	X	X	X							60	
65						F							X	X	X	X	X							3	
66	Centennial	441 West 3rd Street	Woodbury		51101	C								X		X	X							47	
67																									
68	Cherokee Comm Ct	530 Bluff Street	Cherokee	Cherokee	51012	C							X		X		X							28	
69	Correctionville	312 Driftwood	Woodbury	Correctionville	51016	C							X		X	X	X							70	
70						H							X		X	X	X							22	
71						F							X		X	X	X							2	
72	Fairmount Park	210 S Fairmount	Woodbury	Sioux City	51106	C							X		X		X							66	
73																									
74	Holstein	505 W 2nd Street	Ida	Holstein	51025	C							X		X		X							15	
75						H							X	X	X	X	X							30	
76	Galva MOW	505 2nd Street	Ida	Holsten	51025	H							X	X	X	X	X							22	
77	Ida Grove Comm Ct	301 Main Street	Ida	Ida Grove	51445	C							X	X	X	X	X							39	
78						H							X	X	X	X	X							61	

**Attachment 8  
Nutrition Services**

	Location					Services (one service per line)	Breakfast						Lunch						Dinner						Average Weekly Meals
	Name	Street Address	County	City	Zip	Home Delivered(H) Congregate (C) Frozen (F) Shelf Stable(S)	M	T	W	TH	F	S/S	M	T	W	TH	F	S/S	M	T	W	TH	F	S/S	
79	LeMars Sr Center	110 1/2 6th Avenue NE	Plymouth	LeMars	51031	C							X	X	X	X	X							55	
80						H							X	X	X	X	X							79	
81	Mapleton Comm Ct	511 Main Street	Monona	Mapleton	51034	C							X		X		X							55	
82						H							X		X		X							14	
83	Marcus Sr Ctr	405 No Main Street	Cherokee	Marcus	51035	C							X		X		X							43	
84						H							X		X		X							14	
85	Merrill Civic Ctr	308 4th Street	Plymouth	Merrill	51038	C							X	X	X	X	X							64	
86						H							X	X	X	X	X							7	
87	Moville Sr Ctr	110 S 2nd Street	Woodbury	Moville	51039	H							X		X		X							15	
88						C							X		X		X							74	
89	Onawa Sr Ctr	1017 8th Street	Monona	Onawa	51040	C							X	X	X	X	X							62	
90						H							X	X	X	X	X							94	
91						F							X	X	X	X	X								
92	Pheasant Acres	3640 Indian Hills Drive	Woodbury	Sioux City	51104	C								X		X								41	
93																									
94	Siouxland Aging	2301 Pierce Street	Woodbury	Sioux City	51104	H							X	X	X	X	X							680	
95	MOWS					F							X	X	X	X	X							23	
96	Remsen Park Shelter	North Madison	Woodbury	Remsen	51050	C							X	X	X	X	X							54	
97						H							X	X	X	X	X							21	
98	Riverside Lutheran	1817 Riverside Blvd	Woodbury	Sioux City	51109	C								X	X	X	X							64	
99	Riverside Gardens	715 Brunner	Woodbury	Sioux City	51109	C							X											16	
100	Sgt Bluff Sr Ctr	205 C Street	Woodbury	Sergeant Bluff	51054	C							X		X		X							27	

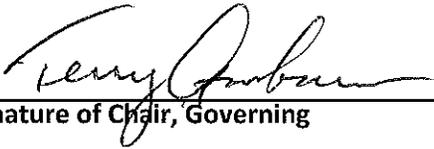
**Attachment 8  
Nutrition Services**

	Location						Services						
	Name	Street Address	County	City	Zip	Is the site owned by the AAA? (Y/N)	Meal Site	Recreation Classes	Lifelong Learning	Focal Point	Evidence Based Health Promotion	Other	Comment
1	Council Bluffs	714 S Main Street	Pottawattamie	Council Bluffs	51501	N	X	X	X		X		
2	Carter Lake	626 E Locust Street	Pottawattamie	Carter Lake	51510	N	X	X	X		X		
3	Clarinda	1140 E Main Street	Page	Clarinda	51632	N	X	X	X		X		
4	Dunlap	619 Iowa Avenue	Harrison	Dunlap	51529	N	X	X	X		X		
5	Glenwood	112 Ebaugh Street	Mills	Glenwood	51534	N	X	X	X		X		
6	Harlan	706 Victoria Street	Shelby	Harlan	51537	N	X	X	X	X	X		
7	Irwin	520 Ann Street	Shelby	Irwin	51446	N	X	X	X		X		
8	Logan	108 W 4th Street	Harrison	Logan	51546	N	X	X	X		X		
9	Malvern		Mills	Malvern	51551	N	X	X	X		X		
10	Missouri Valley	100 S 4th Street	Harrison	Missouri Valley	51555	N	X	X	X		X		
11	Neola	110 4th Street	Pottawattamie	Neola	51559	N	X	X	X		X		
12	Oakland	618 N HWY	Pottawattamie	Oakland	51560	N	X	X	X		X		
13	Red Oak		Montgomery	Red Oak	51566	N	X	X	X		X		
14	Sidney	2820 N Ridge Road	Fremont	Sidney	51652	N	X	X	X		X		
15	Stanton	326 Board Avenue	Montgomery	Stanton	51573	N	X	X	X		X		
16	Villisca	312 S 3rd Avenue	Montgomery	Villisca	50864	N	X	X	X		X		
17	Woodbine	411 Walker Street	Harrison	Woodbine	51579	N	X	X	X		X		
18	Corning	601 6th & Benton Street	Adams	Corning	50841	N	X	X	X		X		
19	Adair	410 Audubon Street	Adair	Adair	50002	N	X	X	X		X		
20	Greenfield	202 N Townline Road	Adair	Greenfield	50849	N	X	X	X		X		
21	Orient	School Street	Adair	Orient	50858	N	X	X	X		X		
22	Osceola	114 S Fillmore	Clarke	Osceola	50213	N	X	X	X		X		
23	Lamoni	200 Crown Colony	Decatur	Lamoni	51040	N	X	X	X		X		
24	Mount Ayr	1302 S Cleveland Street	Ringgold	Mount Ayr	50854	N	X	X	X		X		
25	Tingley	Main Street	Ringgold	Tingley	50863	N	X	X	X		X		
26	Bedford	115 East Pearl Street	Taylor	Bedford	50833	N	X	X	X		X		
27	Clearfield	Broadway	Taylor	Clearfield	50840	N	X	X	X		X		
28	Creston	116 W Adams Street	Union	Creston	50801	N	X	X	X		X		
29	Afton	230 Douglas Street	Union	Afton	50830	N	X	X	X		X		

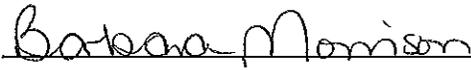


**Attachment 9**  
**Contracts with Service Providers of OAA Services listed in 3A-1 Form**

Name of Area Agency on Aging: Southwest 8 Senior Services

  
\_\_\_\_\_  
Signature of Chair, Governing

Date: 3-27-13

  
\_\_\_\_\_  
Signature of Executive Director

Date: 3-27-13

Instructions are on page 25 of the Area Plan SFY 2014-2015 document.

The signature page is the second sheet of the workbook.

Attachment 9

Contracts with Service Providers of OAA Services listed in 3A-1 Form

Name of Area Agency on Aging:										
Name of OAA Service Provided	Service Provider Name	Service Provider Address	Service Provider City	Service Provider State	Service Provider Zip Code	Number of County(s) in which Service is Provided	Contract Period (Month/Year to Month/Year)	Entered into INAPIS System (Yes/No)	Contract Type FP (For Profit) NP (Not-for-Profit) POS (Purchase of Service Provider Contract)	Cost Per Unit of Service
Chore	Matura Action Corp.	207B North Elm	Creston	Iowa	50801	5	July 13 / June 14		NP	\$23
Legal Assistance	Iowa Legal Aid	532 1st Avenue Ste.300	Council Bluffs	Iowa	51503	20	July 13 / June 14	Yes	NP	\$70.00
Homemaker	Southwest Iowa Home Health	301 Main Street	Sidney	Iowa	51652	1	July 13 / June 14	Yes	NP	\$28.79
Respite	"	"	"	"	"	1	"	"	"	\$28.79
Medication Management	"	"	"	"	"	1	"	"	"	\$132.07
Homemaker	Page County Public Health	1208 W. Nishna Rd. Ste. B	Shenandoah	Iowa	51601	1	July 13 / June 14	Yes	*PA	\$31.11
Medication Management	Harrison County Hm.& Public	116 N 2nd Avenue	Logan	Iowa	51546	1	July 13 / June 14	Yes	*PA	\$170.00
Homemaker	Mills County Public Health	212 Independence Street	Glenwood	Iowa	51534	1	July 13 / June 14	Yes	*PA	\$33.75
Assisted Transportation	"	"	"	"	"	1	"	"	"	\$36.25 (S) \$91.50 (L)
Transportation	Southwest Iowa Transit Agency	1501 SW 7th Street	Atlantic	Iowa	50022	4	July 13 / June 14	Yes	*PA	\$16.75
Chore	Senior Futures	109 South 6th Street	Missouri Valley	Iowa	51555	2	July 13 / June 14	Yes	NP	\$26.00
Homemaker	Montgomery County Public He	1109 Highland Avenue	Red Oak	Iowa	51566	1	July 13 / June 14	Yes	NP	\$32.00
Homemaker	Harrison County Homemaker	111 N 2nd Avenue	Logan	Iowa	51546	1	July 13 / June 14	Yes	*PA	\$35.87
Respite	"	"	"	"	"	1	"	"	"	\$35.87
Material Aid	Cass County Memorial Hosp.	1501 E 10th Street	Atlantic	Iowa	50022	8	July 13 / June 14	Yes	NP	\$30.59
Chore	Cass County Home Care	1500 E.10th Street	Atlantic	Iowa	50022	1	July 13 / June 14	Yes	NP	\$12.16
Homemaker	"	"	"	"	"	1	"	"	"	\$57.92
Transportation	"	"	"	"	"	1	"	"	"	\$0.93
Homemaker	Myrtue Medical Center	1213 Garfield Avenue	Harlan	Iowa	51537	2	July 13 / June 14	Yes	*PA	\$80.95
Medication Management	"	"	"	"	"	2	"	"	"	\$172.91
Emergency Response	"	"	"	"	"	2	"	"	"	\$27.00
Transportation	Southern Iowa Trolley	215 E. Montgomery Street	Creston	Iowa	50801	7	July 13 / June 14		*PA	\$15.00
Homemaker	Caring for People of Omaha	11128 John Galt Blvd. Ste.102	Omaha	NE.	68137	1	July 12 / June 13	Yes	FP /POS	\$18.50
Respite										\$18.00

\*PA (Public Agency)

Name of OAA Service Provided	Service Provider Name	Service Provider Address	Service Provider City	Service Provider State	Service Provider Zip Code	Number of County(s) in which Service is Provided	Contract Period (Month/Year to Month/Year)	Entered into INAPIS System (Yes/No)	Contract Type FP (For Profit) NP (Not-for-Profit) POS (Purchase of Service Provider Contract)	Cost Per Unit of Service
Personal Response	Philips Lifeline	111 Lawrence Street	Framingham	MA	1702	13	July 12 / June 13	Yes	FP / POS	\$46 Install \$30 Mo.
Medication Dispenser	"	"	"	"	"	13	"	"	"	\$55.00
Mental Health Outreach	Southwest Iowa Families Inc.	215 E. Washington Street	Clarinda	Iowa	51632	2	July 12 / June 13	Yes	NP / POS	\$24.00
Personal Response	Shenandoah Medical Center	300 Pershing Avenue	Shenandoah	Iowa	51601	8	July 12 / June 13	Yes	NP / POS	\$50install/45-50 mo
Home Delivered meals	"	"	"	"	"	8	"	"	"	\$5.85
Homemaker	Mills County Public Health	212 Independence	Glenwood	Iowa	51534	1	July 12 / June 13	Yes	NP / POS	\$20.01
Medication Management	"	"	"	"	"	1	"	"	"	\$100.00
Respite	"	"	"	"	"	1	"	"	"	\$18.19
Assisted transportation	"	"	"	"	"	1	"	"	"	\$57.29 (L) \$21.40 (S)
Personal Response	Premier Alert Systems	P.O.Box 390442	Omaha	NE	68139	2	July 12 / June 13	Yes	FP / POS	\$25-\$30 install
	"	"	"	"	"	2	"	"	"	\$27-\$30 P/Mo.
Medication Management	Premier Alert Systems	P.O.Box 390442	Omaha	NE	68139	2	July12 / June13	Yes	FP / POS	\$190 buy-\$24.95 Mo.
Homemaker	Harrison County Homemaker	111 2nd Avenue		Iowa	51546	1	July12 / June13	Yes	NP / POS	\$20.01
Respite	"	"	"	"	"	1	"	"	"	\$18.19
Personal Response	Cass County Foundation	1500 E. 10th Street	Atlantic	Iowa	50022	8	July 12 / June 13	Yes	NP / POS	\$35 install / \$28 mo.
Homemaker	Home Instead Senior Care	1311 Harlan Drive	Bellevue	NE	68005	2	July12 / June13	Yes	FP / POS	\$20.00
Personal Response	Montgomery County Memorial	2301 Eastern Avenue	Red Oak	Iowa	51566	6	July12 / June13	Yes	NP / POS	\$40 install / \$36 mo.
Personal Response	Critical Signal Technologies	22600 Haggerty Road	Farmington Hills	MI	48335	13	July12 / June13	Yes	FP / POS	\$50.03 install
	"	"	"	"	"	13	"	"	"	\$38.91 mo.
Medication Management	Critical Signal Technologies	22600 Haggerty Road	Farmington Hills	MI	48335	13	July12 / June13	Yes	FP / POS	\$100
Chore	Caretech Inc.	11904 Arbor Street Ste.201	Omaha	NE	68144	8	July12 / June13	Yes	FP / POS	\$15.57
Personal Response	"	"	"	"	"	8	"	"	"	\$40 install / \$38 mo.
Homemaker	"	"	"	"	"	8	"	"	"	\$18.65
Home repairs	"	"	"	"	"	8	"	"	"	\$1000 max
Material Aid	"	"	"	"	"	8	"	"	"	\$111.15 max.
Respite	"	"	"	"	"	8	"	"	"	\$17.23

\*PA (Public Agency)

Name of OAA Service Provided	Service Provider Name	Service Provider Address	Service Provider City	Service Provider State	Service Provider Zip Code	Number of County(s) in which Service is Provided	Contract Period (Month/Year to Month/Year)	Entered into INAPIS System (Yes/No)	Contract Type FP (For Profit) NP (Not-for-Profit) POS (Purchase of Service Provider Contract)	Cost Per Unit of Service
Assisted transportation	Caretech Inc.	11904 Arbor Street Ste.201	Omaha	NE	68114	8	July12 / June13	Yes	FP / POS	\$57.29(L) \$21.40(S)
Transportation	"	"	"	"	"	8	"	"	"	\$28.64(L) \$10.70(S)
Personal Response	Clarinda Regional Health	220 Essie Davison Drive	Clarinda	Iowa	51632	3	July12 / June13	Yes	NP / POS	\$50 install / \$35 mo.
Homemaker	Home Sweet Home Care Inc.	16 West 6th Street	Atlantic	Iowa	50022	2	July12 / June13	Yes	FP / POS	\$20
Personal Response	Lifeline by Immanuel	6801 No.67th Plaza Ste.100	Omaha	NE	68152	8	July12 / June13	Yes	NP / POS	\$20 install / \$35 mo.
Home Delivered meals	Little Red Wagon	1306 C. Avenue	Essex	Iowa	51638	1	July12 / June13	Yes	NP / POS	\$5.00
Personal Response	MediGuard	4760 So.135th Street	Omaha	NE	68137	8	July12 / June13	Yes	FP / POS	\$50 install / \$25 mo.
Homemaker	Touching Hearts at Home	10730 Pacific Street Ste,209	Omaha	NE	68114	1	July12 / June13	Yes	FP / POS	\$20.01
Homemaker	VNA	822 S.Main Street Ste.102	Council Bluffs	Iowa	51503	1	July12 / June13	Yes	NP / POS	\$20.00
Respite	"	"	"	"	"	1	"	"	"	\$19.00
Homemaker	Wel-Home Health-Logan	314 S.Elm Street	Logan	Iowa	51546	2	July12 / June13	Yes	FP / POS	\$20.01
Respite	"	"	"	"	"	2	"	"	"	\$18.19
Homemaker	Wel-Home Health-Red Oak	1600 Summit	Red Oak	Iowa	51566	6	July12 / June13	Yes	FP / POS	\$20.01
Respite	"	"	"	"	"	6	"	"	"	\$18.19
Material Aid	ActivStyle Inc.	1701 Broadway Street NE	Minneapolis	Mn	55413	5	July12 / June13	Yes	FP / POS	Varies
Transportation	Angel Wings Transport	117 Pierce Street	Sioux City	Iowa	51101	5	July12 / June13	Yes	FP / POS	\$25.00 / \$2 per mile
Material Aid	Apria Healthcare	2549 Solutions Center	Chicago	IL.	60677	5	July12 / June13	Yes	FP / POS	Varies
Chore	B.Wilde Services	4345 Tyler Street	Sioux City	Iowa	51108	1	July12 / June13	Yes	FP / POS	\$30.00
Grandparent	Big Brothers Big Sisters	3650 Glen Oaks Blvd.	Sioux City	Iowa	51104	1	July12 / June13	Yes	NP	\$686.92
Homemaker	Burgess Home Health	1600 Diamond Street	Onawa	Iowa	51040	2	July12 / June13	Yes	FP / POS	\$20.00
Personal Care	Burgess Home Health	1600 Diamond Street	Onawa	Iowa	51040	2	July12 / June13	Yes	FP / POS	\$26.00
Lifeline	Burgess Home Health	1600 Diamond Street	Onawa	Iowa	51040	2	July12 / June13	Yes	FP / POS	\$35 Mo. / \$45 install
Transportation	CAB's Inc.	4104 Floyd Blvd.	Sioux City	Iowa	51108	1	July12 / June13	Yes	FP / POS	1.75 base + 2.10 mile
Homemaker	Careage Home Care	212 W. Bluff Street	Cherokee	Iowa	51012	1	July12 / June13	Yes	FP / POS	#20.00
Transportation	Care-A-Van	1437 38th Street	Sioux City	Iowa	51104	1	July12 / June13	Yes	FP / POS	\$11.00 one way trip

\*PA (Public Agency)

Name of OAA Service Provided	Service Provider Name	Service Provider Address	Service Provider City	Service Provider State	Service Provider Zip Code	Number of County(s) in which Service is Provided	Contract Period (Month/Year to Month/Year)	Entered into INAPIS System (Yes/No)	Contract Type FP (For Profit) NP (Not-for-Profit) POS (Purchase of Service Provider Contract)	Cost Per Unit of Service
Emergency Response	Cherokee Hospital/Lifeline	300 Sioux Valley Drive	Cherokee	Iowa	51012	1	July12/June13	Yes	NP/POS	\$22.50 / \$45 install
Emergency Response	Floyd Valley Community Health	714 Lincoln Street NE	LeMars	Iowa	51031	1	July12/June13	Yes	NP/POS	\$30 / \$48 install
Preventive Health	Heights Home Health	114 N 4th Street Ste.C	Mapleton	Iowa	51034	2	July12/June13	Yes	FP / POS	\$82.92
Homemaker	Home Choice	300 Sioux Valley Drive	Cherokee	Iowa	51012	1	July12/June13	Yes	FP / POS	\$20.00
Homemaker	Home Instead Senior Care	220 S.Fairmont Street	Sioux City	Iowa	51106	2	July12/June13	Yes	FP / POS	\$18.00
Emergency Response	Ida Area Lifeline	505 Burns P.O.Box 42	Ida Grove	Iowa	51445	1	July12/June13	Yes	FP / POS	\$30 / \$45 install
Emergency Response	Iowa Health Home Care	P.O.Box 11333	Des Moines	Iowa	50315	2	July12/June13	Yes	FP / POS	\$35 /\$40 install
Homemaker	Iowa Health Home Care	11333 Aurora Avenue	Urbandale	Iowa	50322	2	July12/June13	Yes	FP / POS	\$20.00
Personal Care	Iowa Health Home Care	11333 Aurora Avenue	Urbandale	Iowa	50322	2	July12/June13	Yes	FP / POS	\$26.00
Homemaker	Knudsen Melissa	122 1st Street P.O.Box 4	Danbury	Iowa	51445					
Home Delivered Meal	Mercy DME	801 5th Street	Sioux City	Iowa	51102	5	July12/June13	Yes	FP / POS	Varies
Homemaker	Monasterio Irma	1519 S.Rustin Street	Sioux City	Iowa	51106					
Home Delivered Meal	Purfoods, LLC	718 SE Shurfine Drive	Ankeny	Iowa	50021	5	July12/June13	Yes	FP / POS	\$7.71
Homemaker	Recover Health of Iowa	P.O.Box 513009	Philadelphia	PA.	19175	3	July12/June13	Yes	FP / POS	\$20.00
Transportation	Sxland Ctr.for Active Gen.	313 Cook Street	Sioux City	Iowa	51103	1	July12/June13	Yes	NP/POS	\$12.25 round trip
Transportation	Sioux City Transit	509 Nebraska Street	Sioux City	Iowa	51101	1	July12/June13	Yes	NP/POS	.90 / one way
Transportation	Siouxland Regional Transit	1122 Pierce Street	Sioux City	Iowa	51102	1	July12/June13	Yes	NP/POS	\$11.00 one way
Transportation	Siouxland Regional Transit	1122 Pierce Street	Sioux City	Iowa	51102	4	July12/June13	Yes	NP/POS	\$4.00 one way
Transportation	Taxi Xpress	521 12th Street	Sioux City	Iowa	51105	1	July12/June13	Yes	FP / POS	1.75base+2.00/mi.
Personal Care	Welcov Home Health	206 Port Neal Road	Sergeant Bluff	Iowa	51054	4	July12/June13	Yes	FP / POS	\$22.00
Home Delivered Meal	Central Catering	607 1st Street	Hawarden	Iowa	51023	2	July12/June13	Yes	FP / POS	\$4.50 / meal
Congregate Meals	Central Catering	607 1st Street	Hawarden	Iowa	51023	2	July12/June13	Yes	FP / POS	\$4.50 / meal
Home Delivered Meal	Good Times Charlies-Whit	72-Whittier	Whiting	Iowa	51063	1	July12/June13	Yes	FP / POS	\$5.50 / meal
Congregate Meals	Good Times Charlies-Whit	72-Whittier	Whiting	Iowa	51063	1	July12/June13	Yes	FP / POS	\$5.50 / meal
Home Delivered Meal	Holstein Good Samaritan	505 W.2nd	Holstein	Iowa	51025	1	July12/June13	Yes	FP / POS	\$5.00 / meal
Congregate Meals	Holstein Good Samaritan	505 W.2nd	Holstein	Iowa	51025	1	July12/June13	Yes	FP / POS	\$5.00 / meal

\*PA (Public Agency)

Name of OAA Service Provided	Service Provider Name	Service Provider Address	Service Provider City	Service Provider State	Service Provider Zip Code	Number of County(s) in which Service is Provided	Contract Period (Month/Year to Month/Year)	Entered into INAPIS System (Yes/No)	Contract Type FP (For Profit) NP (Not-for-Profit) POS (Purchase of Service Provider Contract)	Cost Per Unit of Service
Congregate Meals	Hy-Vee Food Store	1300 N 2nd Street	Cherokee	Iowa	51012	1	July12/June13	Yes	FP / POS	\$5.50 / meal
Home Delivered Meal	Sloan Café	P.O.Box 67	Sloan	Iowa	51055	1	July12/June13	Yes	FP / POS	\$4.90 / meal
Congregate Meals	Sloan Café	P.O.Box 67	Sloan	Iowa	51055	1	July12/June13	Yes	FP / POS	\$4.90 / meal
Congregate Meals	Sunset Knoll	401 W. 5th Street P.O.Box 57	Aurelia	Iowa	51001	1	July12/June13	Yes	FP / POS	\$5.00 / meal
Home Delivered Meal	Willow Dale Wellness Vill.	401 1st Street	Battle Creek	Iowa	51006	1	July12/June13	Yes	FP / POS	\$5.25 / meal
Congregate Meals	Willow Dale Wellness Vill.	401 1st Street	Battle Creek	Iowa	51006	1	July12/June13	Yes	FP / POS	\$5.25 / meal
Homemaker	Adair Co. Home Care	117 N.W. Hayes, Ste A	Greenfield	Iowa	50849	1	July 13/June 14	Yes	NP / POS	\$28.00
Homemaker	Alegent Health Home Care	703 Rosary Dr.	Corning	Iowa	50841	1	July 13/June 14	Yes	NP / POS	\$25.00
Homemaker	Circle of Friends	P.O. Box 569	Chariton	Iowa	50049	2	July 13/June 14		FP / POS	\$19.81
Respite	Circle of Friends	P.O. Box 569	Chariton	Iowa	50049	2	July 13/June 14			\$25.00
Homemaker	Clarke Co. Public Health	134 W. Jefferson St.	Osceola	Iowa	50213	1	July 13/June 14		PA*	\$19.31
Personal Response	Critical Signal Technologies	22600 Haggerty Road	Farmington Hills	MI	48335	7			FP/POS	\$25.35
Homemaker	Decatur Co. Public Health & Ho	207 N E Idaho St	Leon	Iowa	50144	1	July 13/June 14		PA*	\$19.31
Homemaker	Greater Regional Outreach Pub	1715 West Prairie St. Ste A	Creston	Iowa	50801	1	July 13/June 14		PA*	\$26.25
Respite	HCI Care Services	2910 Westown Pkwy	WDSM	Iowa	50266	7	July 13/June 14		NP/POS	\$26.00
Personal Response	Phillips Lifeline	P.O. Box 981009	Boston	MA	02298	7			FP/POS	\$25.00
Medication Dispenser	Phillips Lifeline	P. O. Box 981009	Boston	MA	02298	7			FP/POS	\$40.00
Respite	Nurses on Call	500 E. Taylor	Creston	Iowa	50801	13	July 13, June 14	Yes	FP/POS	\$25.00
Homemaker	Nurses on Call	500 E. Taylor	Creston	Iowa	50801	13	July 13, June 14	Yes	FP/POS	20.21
Frozen HD meal	Purfoods, LLC	718 S E Shurfine Drive	Ankeny	Iowa	50021	7	July 13, June 14	Yes	FP/POS	\$7.86
Homemaker	Ringgold Co. Public Health Nur	119 S. Fillmore	Mount Ayr	Iowa	50854	1	July 13, June 14	Yes	PA	\$20.21
Respite	Clarke Co. Public Health	134 W. Jefferson St.	Osceola	Iowa	50213	1	July 13/June 14		PA*	\$20.00
Personal Response	Ringgold Co. Hospital	504 N. Cleveland St	Mount Ayr	Iowa	50854	1	July 13/June 14		NP/POS	\$30.00
Chore	Rychnovsky Lawn Service	1914 Old Hwy 34	Osceola	Iowa	50213		July 13/June 14		FP/POS	
Chore	Lawns and More LLC	306 W. 1st St.	Leon	Iowa	50144	2	July 13/June 14		FP/POS	\$7.86
Homemaker	South Central Home Health	303 SW Lorraine	Leon	Iowa	50144	3	July 13/June 14		FP/POS	\$20.00

\*PA (Public Agency)

Name of OAA Service Provided	Service Provider Name	Service Provider Address	Service Provider City	Service Provider State	Service Provider Zip Code	Number of County(s) in which Service is Provided	Contract Period (Month/Year to Month/Year)	Entered into INAPIS System (Yes/No)	Contract Type FP (For Profit) NP (Not-for-Profit) POS (Purchase of Service Provider Contract)	Cost Per Unit of Service
Nutrition Counseling	Joni Taylor	1448 170th St	Creston	Iowa	50801	7	July 13/June 14		FP	\$35.00
Respite	South Central Home Health	303 SW Lorraine	Leon	Iowa	50144	3	July 13/June 14		FP/POS	\$25.00
Chore	Gerald Parmer	30708 240th Avenue	Davis City	Iowa	50144	2	July 13/June 14		FP/POS	7.86

\*PA (Public Agency)

Instructions are on page 25 of the Area Plan SFY 2014-2015 document.

**Attachment 10**  
**Request for Direct Service Waiver (DSW)**

**1. Service Selection.**

Click the box to insert an "x" to indicate the area agency is not requesting a Direct Service Waiver in SFY 2014.

- a.  The area agency does not request a Direct Service Waiver in SFY 2014.

**If option "a" is selected by the area agency, it is not necessary to complete the remaining portion of the form.**

- 2. Waiver Request.** A waiver is required once during the SFY 2014-2015 area plan period for each service provided directly by the area agency if the waiver is maintained for the entire two-year period of the area plan. Complete a form for each service.

**If the area agency has contracted with a provider for a specific service and the area agency provides that same service directly as well, a waiver request is required for the service.**

Click the box to insert an "x" to indicate the area agency is seeking a request to provide a direct service.

- b.  The area agency requests to provide a direct service in SFY 2014. The service for which the area agency seeks a Direct Service Waiver is:

Congregate Meals

(Type Service Name)

- 3. Select the basis on which the waiver is requested.** (More than one box may be selected.)

Use the left mouse to double click on the box to open the box and insert an "x" to indicate the basis on which the area agency makes its request.

- c.  Provision of such service by the Area Agency on Aging is necessary to assure an **adequate supply** of such service.
- d.  Such service is directly related to the **administrative function** of the Area Agency on Aging.
- e.  The service is provided **more economically, and with comparable quality** by the Area Agency on Aging. Refer to the Instructions for details about how to complete "e".

Who will deliver the service? In the counties that will have direct service, agency staff will deliver the service. Frequency of service delivery? Direct service will be provided through the following meal sites/senior centers, please refer to Attachment 8 for frequency information: Akron, Lemars (provides Remsen's meals), Merrill, Correctionville (provides Merville's meals), Marcus, Mapleton, Onawa, Ute, Creston, Adair, Greenfield, Orient, Osceola, Lamoni, Leon, Mount Ayr, Tingley, Bedford, and Clearfield. Counties in which service will be offered? Adair, Adams, Cherokee, Clarke, Decatur, Monona, Plymouth, Ringgold, Taylor, Union, and Woodbury.

- 4. Justification for Direct Service Waiver:** Provide a detailed justification for the waiver request.

Both Siouxland Aging Services and Area XIV Area Agency on Aging have felt that there are limited service providers in the area that are capable or interested in providing the service. Southwest 8 has utilized a major catering company for meals throughout the program for quite a number of years. We are asking for a waiver to continue service as it has been to allow time to explore the possibility of non-direct service in the future. Opinions such as this one expressed by the Area XIV Advisory Council "The opinion of the advisory council is that the service is better quality and will meet or exceed service standards developed by the AAA. It would create a negative economic impact on the area by eliminating the jobs and local purchases." need to be thoroughly researched and explored. There are no service providers in the area that are capable or interested in providing the service.

5. **Public Hearing Documentation:** Provide documentation of the public hearing.

Southwest 8 Senior Services

Name of Area Agency on Aging (Type)

*Terry Garbain*

3-27-13

Signature of Chair/Governing Body

Date

*Barbara Morrison*

3-27-13

Signature of Executive Director

Date

Instructions are on page 25 of the Area Plan SFY 2014-2015 document.

**Attachment 10**  
**Request for Direct Service Waiver (DSW)**

**1. Service Selection.**

Click the box to insert an "x" to indicate the area agency is not requesting a Direct Service Waiver in SFY 2014.

- a.  The area agency does not request a Direct Service Waiver in SFY 2014.

**If option "a" is selected by the area agency, it is not necessary to complete the remaining portion of the form.**

**2. Waiver Request.** A waiver is required once during the SFY 2014-2015 area plan period for each service provided directly by the area agency if the waiver is maintained for the entire two-year period of the area plan. Complete a form for each service.

**If the area agency has contracted with a provider for a specific service and the area agency provides that same service directly as well, a waiver request is required for the service.**

Click the box to insert an "x" to indicate the area agency is seeking a request to provide a direct service.

- b.  The area agency requests to provide a direct service in SFY 2014. The service for which the area agency seeks a Direct Service Waiver is:

Home-Delivered Meals

(Type Service Name)

**3. Select the basis on which the waiver is requested.** (More than one box may be selected.)

Use the left mouse to double click on the box to open the box and insert an "x" to indicate the basis on which the area agency makes its request.

- c.  Provision of such service by the Area Agency on Aging is necessary to assure an **adequate supply** of such service.

- d.  Such service is directly related to the **administrative function** of the Area Agency on Aging.

- e.  The service is provided **more economically, and with comparable quality** by the Area Agency on Aging. Refer to the Instructions for details about how to complete "e".

Who will deliver the service? In the counties that will have direct service, agency staff will deliver the service. Frequency of service delivery? Direct service will be provided through the following meal sites/senior centers, please refer to Attachment 8 for frequency information: Akron, Lemars (provides Remsen's meals), Merrill, Correctionville (provides Merville's meals), Marcus, Mapleton, Onawa, Ute, Creston, Adair, Greenfield, Orient, Osceola, Lamoni, Leon, Mount Ayr, Tingley, Bedford, and Clearfield. Counties in which service will be offered? Adair, Adams, Cherokee, Clarke, Decatur, Monona, Plymouth, Ringgold, Taylor, Union, and Woodbury.

**4. Justification for Direct Service Waiver:** Provide a detailed justification for the waiver request.

Both Siouxland Aging Services and Area XIV Area Agency on Aging have felt that there are limited service providers in the area that are capable or interested in providing the service. Southwest 8 has utilized a major catering company for meals throughout the program for quite a number of years. We are asking for a waiver to continue service as it has been to allow time to explore the possibility of non-direct service in the future. Opinions such as this one expressed by the Area XIV Advisory Council "The opinion of the advisory council is that the service is better quality and will meet or exceed service standards developed by the AAA. It would create a negative economic impact on the area by eliminating the jobs and local purchases." need to be thoroughly researched and explored.

5. **Public Hearing Documentation:** Provide documentation of the public hearing.

Southwest 8 Senior Services

Name of Area Agency on Aging (Type)

*Terry Gombau*

3-27-13

Signature of Chair, Governing Body

Date

*Barbara Morrison*

3-27-13

Signature of Executive Director

Date

Instructions are on page 25 of the Area Plan SFY 2014-2015 document.

**Attachment 10  
Request for Direct Service Waiver (DSW)**

**1. Service Selection.**

Click the box to insert an "x" to indicate the area agency is not requesting a Direct Service Waiver in SFY 2014.

- a.  The area agency does not request a Direct Service Waiver in SFY 2014.

**If option "a" is selected by the area agency, it is not necessary to complete the remaining portion of the form.**

**2. Waiver Request.** A waiver is required once during the SFY 2014-2015 area plan period for each service provided directly by the area agency if the waiver is maintained for the entire two-year period of the area plan. Complete a form for each service.

**If the area agency has contracted with a provider for a specific service and the area agency provides that same service directly as well, a waiver request is required for the service.**

Click the box to insert an "x" to indicate the area agency is seeking a request to provide a direct service.

- b.  The area agency requests to provide a direct service in SFY 2014. The service for which the area agency seeks a Direct Service Waiver is:  
Evidence-Based Health Activities  
(Type Service Name)

**3. Select the basis on which the waiver is requested.** (More than one box may be selected.)

Use the left mouse to double click on the box to open the box and insert an "x" to indicate the basis on which the area agency makes its request.

- c.  Provision of such service by the Area Agency on Aging is necessary to assure an **adequate supply** of such service.
- d.  Such service is directly related to the **administrative function** of the Area Agency on Aging.
- e.  The service is provided **more economically, and with comparable quality** by the Area Agency on Aging. Refer to the Instructions for details about how to complete "e".  
Who will deliver the service? Agency staff Frequency of service delivery? It is anticipated that 16 workshops (BC/BH, MOB, Powerful Tools for Caregivers) will be conducted throughout the year. Counties in which service will be offered? All 20 counties. We will not be able to conduct a workshop in each county, but we will offer and based on interest decide the counties where the 16 workshops will be held.

**4. Justification for Direct Service Waiver:** Provide a detailed justification for the waiver request.

As grants were previously made available to Southwest 8 Senior Services, Siouland Aging Services, and Area XIV Area Agency on Aging, several staff have been trained as presentors for these 3 programs. It is more cost effective to utilize our trained staff rather than pay for contracted providers.

**5. Public Hearing Documentation:** Provide documentation of the public hearing.

Southwest 8 Senior Services

Name of Area Agency on Aging (Type)

Kerry Guberman

Signature of Chair, Governing Body

3-27-13

Date

Barbara Morrison

Signature of Executive Director

3-27-13

Date

Instructions are on page 25 of the Area Plan SFY 2014-2015 document.

**Attachment 10**  
**Request for Direct Service Waiver (DSW)**

**1. Service Selection.**

Click the box to insert an "x" to indicate the area agency is not requesting a Direct Service Waiver in SFY 2014.

- a.  The area agency does not request a Direct Service Waiver in SFY 2014.

**If option "a" is selected by the area agency, it is not necessary to complete the remaining portion of the form.**

**2. Waiver Request.** A waiver is required once during the SFY 2014-2015 area plan period for each service provided directly by the area agency if the waiver is maintained for the entire two-year period of the area plan. Complete a form for each service.

**If the area agency has contracted with a provider for a specific service and the area agency provides that same service directly as well, a waiver request is required for the service.**

Click the box to insert an "x" to indicate the area agency is seeking a request to provide a direct service.

- b.  The area agency requests to provide a direct service in SFY 2014. The service for which the area agency seeks a Direct Service Waiver is:  
Nutrition Education  
(Type Service Name)

**3. Select the basis on which the waiver is requested.** (More than one box may be selected.)

Use the left mouse to double click on the box to open the box and insert an "x" to indicate the basis on which the area agency makes its request.

- c.  Provision of such service by the Area Agency on Aging is necessary to assure an **adequate supply** of such service.
- d.  Such service is directly related to the **administrative function** of the Area Agency on Aging.
- e.  The service is provided **more economically, and with comparable quality** by the Area Agency on Aging. Refer to the Instructions for details about how to complete "e".  
Who will deliver the service? Agency staff Frequency of service delivery? At least twice per month.  
Counties in which service will be offered? All 20 counties.

**4. Justification for Direct Service Waiver:** Provide a detailed justification for the waiver request.

Nutrition Education is done at the meal sites/senior centers. The local site managers utilize education materials provided by the Agency, IDA and a contracted dietitian to educate clients utilizing the meals program. Nutrition Education materials will be sent to Home Delivered Meal participants twice a month. Since this activity is done during normal work hours at no additional expense to the agency, contracting for the service would not be cost effective.

**5. Public Hearing Documentation:** Provide documentation of the public hearing.

Southwest 8 Senior Services

Name of Area Agency on Aging (Type)

Terry Auburn

Signature of Chair, Governing Body

Date

Barbara Morrison

Signature of Executive Director

3-27-13

Date

Instructions are on page 25 of the Area Plan SFY 2014-2015 document.

**Attachment 10**  
**Request for Direct Service Waiver (DSW)**

**1. Service Selection.**

Click the box to insert an "x" to indicate the area agency is not requesting a Direct Service Waiver in SFY 2014.

- a.  The area agency does not request a Direct Service Waiver in SFY 2014.

**If option "a" is selected by the area agency, it is not necessary to complete the remaining portion of the form.**

**2. Waiver Request.** A waiver is required once during the SFY 2014-2015 area plan period for each service provided directly by the area agency if the waiver is maintained for the entire two-year period of the area plan. Complete a form for each service.

**If the area agency has contracted with a provider for a specific service and the area agency provides that same service directly as well, a waiver request is required for the service.**

Click the box to insert an "x" to indicate the area agency is seeking a request to provide a direct service.

- b.  The area agency requests to provide a direct service in SFY 2014. The service for which the area agency seeks a Direct Service Waiver is:  
Health Promotion  
(Type Service Name)

**3. Select the basis on which the waiver is requested.** (More than one box may be selected.)

Use the left mouse to double click on the box to open the box and insert an "x" to indicate the basis on which the area agency makes its request.

- c.  Provision of such service by the Area Agency on Aging is necessary to assure an **adequate supply** of such service.
- d.  Such service is directly related to the **administrative function** of the Area Agency on Aging.
- e.  The service is provided **more economically, and with comparable quality** by the Area Agency on Aging. Refer to the Instructions for details about how to complete "e".  
Who will deliver the service? Agency staff Frequency of service delivery? At least twice per month.  
Counties in which service will be offered? All 20 counties.

**4. Justification for Direct Service Waiver:** Provide a detailed justification for the waiver request.

Health Promotion is done at the meal sites/senior centers. The local site managers utilize materials provided by the Agency, IDA and local health departments to educate clients utilizing the meals program. Health Promotion materials will be sent to Home Delivered Meal participants at least once a quarter. Since this activity is done during normal work hours at no additional expense to the agency, contracting for the service would not be cost effective.

**5. Public Hearing Documentation:** Provide documentation of the public hearing.

Southwest 8 Senior Services

Name of Area Agency on Aging (Type)

Terry Amber  
Signature of Chair, Governing Body

3-27-13  
Date

Barbara Morrison  
Signature of Executive Director

3-27-13  
Date

Instructions are on page 25 of the Area Plan SFY 2014-2015 document.

**Attachment 10**  
**Request for Direct Service Waiver (DSW)**

**1. Service Selection.**

Click the box to insert an "x" to indicate the area agency is not requesting a Direct Service Waiver in SFY 2014.

- a.  The area agency does not request a Direct Service Waiver in SFY 2014.

**If option "a" is selected by the area agency, it is not necessary to complete the remaining portion of the form.**

**2. Waiver Request.** A waiver is required once during the SFY 2014-2015 area plan period for each service provided directly by the area agency if the waiver is maintained for the entire two-year period of the area plan. Complete a form for each service.

**If the area agency has contracted with a provider for a specific service and the area agency provides that same service directly as well, a waiver request is required for the service.**

Click the box to insert an "x" to indicate the area agency is seeking a request to provide a direct service.

- b.  The area agency requests to provide a direct service in SFY 2014. The service for which the area agency seeks a Direct Service Waiver is:  
Reassurance/Visiting  
(Type Service Name)

**3. Select the basis on which the waiver is requested.** (More than one box may be selected.)

Use the left mouse to double click on the box to open the box and insert an "x" to indicate the basis on which the area agency makes its request.

- c.  Provision of such service by the Area Agency on Aging is necessary to assure an **adequate supply** of such service.
- d.  Such service is directly related to the **administrative function** of the Area Agency on Aging.
- e.  The service is provided **more economically, and with comparable quality** by the Area Agency on Aging. Refer to the Instructions for details about how to complete "e".  
Who will deliver the service? volunteers Frequency of service delivery? Daily telephone reassurance call and at least twice a month visitations. Counties in which service will be offered? Currently offered in Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, and Shelby. We will work on expanding the volunteer program to the other 12 counties over the next two years.

**4. Justification for Direct Service Waiver:** Provide a detailed justification for the waiver request.

This is a service administered by the agency but provided by volunteers. It is very cost effective as there is no cost except for a little administrative time to track the volunteer hours and recognize them for their efforts.

**5. Public Hearing Documentation:** Provide documentation of the public hearing.

Southwest 8 Senior Services

Name of Area Agency on Aging (Type)

*Ferry Amber*

Signature of Chair, Governing Body

3-27-13

Date

*Barbara Morrison*

Signature of Executive Director

3-27-13

Date

Instructions are on page 25 of the Area Plan SFY 2014-2015 document.

**Attachment 10  
Request for Direct Service Waiver (DSW)**

**1. Service Selection.**

Click the box to insert an "x" to indicate the area agency is not requesting a Direct Service Waiver in SFY 2014.

- a.  The area agency does not request a Direct Service Waiver in SFY 2014.

**If option "a" is selected by the area agency, it is not necessary to complete the remaining portion of the form.**

**2. Waiver Request.** A waiver is required once during the SFY 2014-2015 area plan period for each service provided directly by the area agency if the waiver is maintained for the entire two-year period of the area plan. Complete a form for each service.

**If the area agency has contracted with a provider for a specific service and the area agency provides that same service directly as well, a waiver request is required for the service.**

Click the box to insert an "x" to indicate the area agency is seeking a request to provide a direct service.

- b.  The area agency requests to provide a direct service in SFY 2014. The service for which the area agency seeks a Direct Service Waiver is:  
Recreation  
(Type Service Name)

**3. Select the basis on which the waiver is requested.** (More than one box may be selected.)

Use the left mouse to double click on the box to open the box and insert an "x" to indicate the basis on which the area agency makes its request.

- c.  Provision of such service by the Area Agency on Aging is necessary to assure an **adequate supply** of such service.
- d.  Such service is directly related to the **administrative function** of the Area Agency on Aging.
- e.  The service is provided **more economically, and with comparable quality** by the Area Agency on Aging. Refer to the Instructions for details about how to complete "e".  
Who will deliver the service? Agency staff and volunteers. Frequency of service delivery? It currently varies from once a week to daily. We will be working on expanding the activities where they on only once a week. Counties in which service will be offered? All 20 counties. .

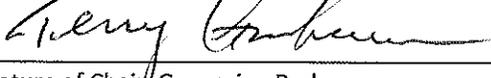
**4. Justification for Direct Service Waiver:** Provide a detailed justification for the waiver request.

We utilize our senior center/meal site managers along with volunteers to oversee and facilitate a wide variety of recreation activities. At mananger meetings, information is shared as to new, different and exciting recreation activities are happening. At a few centers, they may also purchase some recreation service from the local YMCA or County Extension office.

**5. Public Hearing Documentation:** Provide documentation of the public hearing.

Southwest 8 Senior Services

Name of Area Agency on Aging (Type)



Signature of Chair, Governing Body

3-27-13

Date



Signature of Executive Director

3-27-13

Date



Instructions are on page 26 of the Area Plan SFY 2014-2015 document.

**Attachment 12**  
**Compliance with Assurances and General Provisions**

The Area Agency on Aging hereby assures compliance, on behalf of the area agency and service providers and/or subcontractors, with any and all applicable federal and state laws, rules and procedures. Applicable federal and state laws, regulations, rules and procedures include, but are not limited to, the following:

- Older Americans Act, as Amended, 2006
- Code of Federal Regulations
- Assurance of Compliance with the Federal Funding Accountability and Transparency Act (FFATA), which requires grantees and their sub-recipients to have a Dun and Bradstreet Numbering System (DUNS) number ([www.dnb.com](http://www.dnb.com)) and to maintain active and current profiles in the Central Contractor Registration (CCR) ([www.ccr.gov](http://www.ccr.gov)).
- Iowa Code Chapter 231, Department on Aging – Older Iowans
- Iowa Code Chapter 8F, Government Accountability-Service Contracts, Contractor Certification and Reporting
- Iowa Administrative Code 17, Department on Aging

Additionally, the Area Agency on Aging will cooperate fully with the Iowa Department on Aging to assure compliance with provisions required by legislative action taken by the Congress of the United States, and the Iowa General Assembly, and with Iowa Aging Program Instructions during fiscal years 2014 and 2015 of the Area Plan on Aging.

**Further Assurance is given that:**

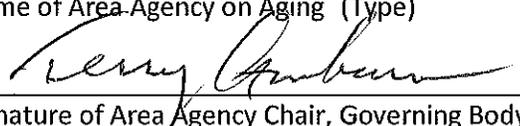
1. The Area Agency on Aging will provide access to and the right to examine all record books, papers or documents related to the Area Plan.

By signing below, the Chair of the Governing Body, and the Executive Director confirm that he or she has read, reviewed, and fully understands the federal and state statutes, regulations, rules and procedures identified within the Compliance with Assurances and General Provisions and agrees to fully comply with all terms thereof.

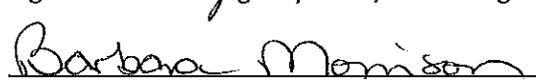
**The Compliance with Assurances and General Provisions is hereby submitted for the SFY2014-2015 Area Plan to the Iowa Department on Aging for approval.**

Southwest 8 Senior Services

Name of Area Agency on Aging (Type)

  
\_\_\_\_\_  
Signature of Area Agency Chair, Governing Body

3-27-13  
\_\_\_\_\_  
Date Signed

  
\_\_\_\_\_  
Signature of Area Agency Executive Director

3-27-13  
\_\_\_\_\_  
Date Signed

**Attachment 13**  
**Older Americans Act Assurances (as Amended 2006)**  
**38 Sec. 306 OLDER AMERICANS ACT OF 1965**

**Assurances**

**Sec. 306, AREA PLANS**

- 306(a) Each area agency on aging designated under section 305(a)(2)(A) shall, in order to be approved by the State agency, prepare and develop an area plan for a planning and service area for a two-, three-, or four-year period determined by the State agency, with such annual adjustments as may be necessary. Each such plan shall be based upon a uniform format for area plans within the State prepared in accordance with section 307(a)(1).
- 306(a)(2) Each area agency on aging shall provide assurances that an adequate proportion, as required under section 307(a)(2), of the amount allotted for part B to the planning and service area will be expended for the delivery of each of the following categories of services-
- 306(a)(2)(A) services associated with access to services (transportation, health services (including mental health services), outreach, information and assistance (which may include information and assistance to consumers on availability of services under part B and how to receive benefits under and participate in publicly supported programs for which the consumer may be eligible), and case management services);
- 306(a)(2)(B) in-home services, including supportive services for families of older individuals who are victims of Alzheimer's disease and related disorders with neurological and organic brain dysfunction; and
- 306(a)(2)(C) legal assistance; and assurances that the area agency on aging will report annually to the State agency in detail the amount of funds expended for each such category during the fiscal year most recently concluded.
- 306(a)(4)(A)(i) (I) provide assurances that the area agency on aging will—  
(aa) set specific objectives, consistent with State policy, for providing services to older individuals with greatest economic need, older individuals with greatest social need, and older individuals at risk for institutional placement; (bb) include specific objectives for providing services to low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas; and  
(II) include proposed methods to achieve the objectives described in items (aa) and (bb) of subclause (I);
- 306(a)(4)(A)(ii) provide assurances that the area agency on aging will include in each agreement made with a provider of any service under this title, a requirement that such provider will—(I) specify how the provider intends to satisfy the service needs of low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas in the area served by the provider;(II) to the maximum extent feasible, provide services to low-income- minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas in accordance with their need for such services; and (III) meet specific objectives established by the area agency on aging, for providing services to low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas within the planning and service area; and

- 306(a)(4)(A)(iii) With respect to the fiscal year preceding the fiscal year for which such plan is prepared, each area agency on aging shall--(I) identify the number of low-income minority older individuals and older individuals residing in rural areas in the planning and service area; (II) describe the methods used to satisfy the service needs of such minority older individuals; and (III) provide information on the extent to which the area agency on aging met the objectives described in clause (a)(4)(A)(i).
- 306(a)(4)(B)(i) Each area agency on aging shall provide assurances that the area agency on aging will use outreach efforts that will identify individuals eligible for assistance under this Act, with special emphasis on-- (I) older individuals residing in rural areas; (II) older individuals with greatest economic need (with particular attention to low-income minority individuals and older individuals residing in rural areas);(III) older individuals with greatest social need (with particular attention to low-income minority individuals and older individuals residing in rural areas); (IV) older individuals with severe disabilities;(V) older individuals with limited English proficiency; (VI) older individuals with Alzheimer's disease and related disorders with neurological and A-3 organic brain dysfunction (and the caretakers of such individuals); and (VII) older individuals at risk for institutional placement; and
- 306(a)(4)(C) Each area agency on agency shall provide assurance that the area agency on aging will ensure that each activity undertaken by the agency, including planning, advocacy, and systems development, will include a focus on the needs of low-income minority older individuals and older individuals residing in rural areas.
- 306(a)(5) Each area agency on aging shall provide assurances that the area agency on aging will coordinate planning, identification, assessment of needs, and provision of services for older individuals with disabilities, with particular attention to individuals with severe disabilities, and individuals at risk for institutional placement, with agencies that develop or provide services for individuals with disabilities.
- 306(a)(6)(F) Each area agency will: in coordination with the State agency and with the State agency responsible for mental health services, increase public awareness of mental health disorders, remove barriers to diagnosis and treatment, and coordinate mental health services (including mental health screenings) provided with funds expended by the area agency on aging with mental health services provided by community health centers and by other public agencies and nonprofit private organizations;
- 306(a)(9) Each area agency on aging shall provide assurances that the area agency on aging, in carrying out the State Long-Term Care Ombudsman program under section 307(a)(9), will expend not less than the total amount of funds appropriated under this Act and expended by the agency in fiscal year 2000 in carrying out such a program under this title.
- 306(a)(11) Each area agency on aging shall provide information and assurances concerning services to older individuals who are Native Americans (referred to in this paragraph as "older Native Americans"), including-
- 306(a)(11)(A) information concerning whether there is a significant population of older Native Americans in the planning and service area and if so, an assurance that the area agency on aging will pursue activities, including outreach, to increase access of those older Native Americans to programs and benefits provided under this title;
- 306(a)(11)(B) an assurance that the area agency on aging will, to the maximum extent practicable, coordinate the services the agency provides under this title with services provided under title VI; and

- 306(a)(11)(C) an assurance that the area agency on aging will make services under the area plan available, to the same extent as such services are available to older individuals within the planning and service area, to older Native Americans.
- 306(a)(13)(A) Each area agency on aging shall provide assurances that the area agency on aging will maintain the integrity and public purpose of services provided, and service providers, under this title in all contractual and commercial relationships.
- 306(a)(13)(B) Each area agency on aging shall provide assurances that the area agency on aging will disclose to the Assistant Secretary and the State agency—
- 306(a)(13)(B)(i) the identity of each nongovernmental entity with which such agency has a contract or commercial relationship relating to providing any service to older individuals; and
- 306(a)(13)(B)(ii) the nature of such contract or such relationship.
- 306(a)(13)(C) Each area agency on aging shall provide assurances that the area agency will demonstrate that a loss or diminution in the quantity or quality of the services provided, or to be provided, under this title by such agency has not resulted and will not result from such non-governmental contracts or such commercial relationships.
- 306(a)(13)(D) Each area agency on aging shall provide assurances that the area agency will demonstrate that the quantity or quality of the services to be provided under this title by such agency will be enhanced as a result of such non-governmental contracts or commercial relationships.
- 306(a)(13)(E) Each area agency on aging shall provide assurances that the area agency will, on the request of the Assistant Secretary or the State, for the purpose of monitoring compliance with this Act (including conducting an audit), disclose all sources and expenditures of funds such agency receives or expends to provide services to older individuals.
- 306(a)(14) Each area agency on aging shall provide assurances that funds received under this title will not be used to pay any part of a cost (including an administrative cost) incurred by the area agency on aging to carry out a contract or commercial relationship that is not carried out to implement this title.
- 306(a)(15) provide assurances that funds received under this title will be used-
- 306(a)(15)(A) to provide benefits and services to older individuals, giving priority to older individuals identified in paragraph (4)(A)(i); and
- 306(a)(15)(B) in compliance with the assurances specified in paragraph (13) and the limitations specified in section 212;

The governing body of Southwest 8 Senior Services(name of area agency) has reviewed and approved these Assurances for the SFY 2014-SFY 2015 Area Plan on Aging.



Signature of Chair, Governing Body

3-27-13

Date Signed



Signature of Executive Director

3-27-13

Date Signed

Instructions are on page 27 of the Area Plan SFY 2014-2015 document.

**Attachment 14**  
**Assurance of Compliance with Minority Impact Statement**

**Iowa Code, Section 8.11.** All grant applications submitted to the State of Iowa due January 1, 2009 and forward, shall include a Minority Impact Statement. This is the State's mechanism to require grant applicants to consider the potential impact of the grant project's proposed programs or policies on minority groups.

**Please choose the statement(s) that pertains to this grant application. Complete all the information requested for the chosen statement(s).**

- Statement One:** The proposed grant projects, programs or policies could have a disproportionate or unique positive impact on minority persons.

Describe the positive impact expected from this project below.

Seventy-five percent of the individuals served by Connections Area Agency on Aging are women. Approximately 42% are disabled. The services provided by Connections Area Agency on Aging allow these individuals to remain in their own homes and independent for as long as possible which has a very positive impact on them.

Indicate which group below is impacted by typing an "X" before the group's name.

- Women
- Persons with a disability
- Blacks
- Latinos
- Asians
- Pacific Islanders
- American Indians
- Alaskan Native Americans
- Other

- Statement Two:** The proposed grant projects, programs or policies could have a disproportionate or unique negative impact on minority persons.

Describe the negative impact expected from this project below.

Present the rationale for the existence of the proposed program or policy.

Provide evidence of consultation of representatives of the minority groups impacted.

Indicate which group is impacted by typing an "X" before the group's name.

- Women
- Persons with a disability
- Blacks
- Latinos
- Asians
- Pacific Islanders
- American Indians
- Alaskan Native Americans
- Other

**Statement Three:** The proposed grant project programs or policies are not expected to have a disproportionate or unique impact on minority persons.

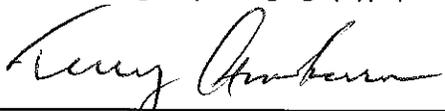
Present the rationale for determining no impact.

**FY'2014 Area Plan Update**

**I certify that the above information is complete and correct to the best of my knowledge.**

Southwest 8 Senior Services

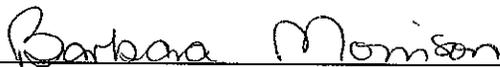
Name of Area Agency on Aging (Type)



3-27-13

Signature of Chair, Governing Body

Date



3-27-13

Signature of Executive Director

Date

Definitions

"Minority persons", as defined in Iowa Code Section 8.11, mean individuals who are women, persons with a disability, Blacks, Latinos, Asians or Pacific Islanders, American Indians, and Alaskan Native Americans.

"Disability", as defined in Iowa Code Section 15.102, Subsection 5, paragraph "b", subparagraph (1):B. as used in this subsection means:

- (1) **"Disability"** with respect to an individual, a physical or mental impairment that substantially limits one or more of the major life activities of the individual, a record of physical or mental impairment that substantially limits one or more of the major life activities of the individual, or being regarded as an individual with a physical or mental impairment that substantially limits one or more of the major life activities of the individual.

"State agency", as defined in Iowa Code Section 8.11, means a department, board, bureau, commission, or other agency or authority of the State of Iowa.

Instructions are on page 27 of the Area Plan SFY 2014-2015 document.

**Attachment 15**  
**Performance Measure 1: Percent of Projected 3A-1 Consumers Served and**  
**Percent of Projected 3A-1 Units of Service Provided**

**NARRATIVE REPORT**

**Area Plan Goal:** Enable lowans 60+ to remain in their homes with a high quality of life for as long as they choose to do so through the provision of home and long-term living and community supports.

**Output:** The number of projected 3A-1 consumers served and the number of 3A-1 units of service provided for each mandatory service.

**Measure:**

At least 90% of projected 3A-1 consumers receive the mandatory service(s).

At least 90% of projected 3A-1 units of service are provided to consumers for the mandatory service(s).

**Outcome:** lowans 60+ have the ability to remain in their homes with a high quality of life for as long as they choose to do so.

**Activities/ Events:**

**Barriers/Challenges:**

**Lessons Learned:**

**Best Practices:**

Performance Measure 1:

Data Report for AAA:

Quarter/Year:

IDA Comment Section:

AAA Response upon Request:

Data Table: (1) Percent of Projected 3A-1 Consumers Served and (2) Percent of Projected 3A-1 Units of Service Provided to Consumers

Mandatory Service	3A-1 Consumers / Units	3A-1 Projected Goal	1st Quarter		2nd Quarter		3rd Quarter		4th Quarter							
			July to Sept. 2013	Actual	% of Goal Met	July to Dec 2013	Actual	% of Goal Met	July 2013 to March 2014	Actual	% of Goal Met	July 2013 to June 2014	Actual	% of Goal Met	SFY2014 Baseline	
Case Management	# Consumers				%					%					%	
	# Units				%					%					%	
Congregate Meals	# Consumers				%					%					%	
	# Units				%					%					%	
Health Promotion	# Consumers				%					%					%	
	# Units				%					%					%	
Home Delivered Meals	# Consumers				%					%					%	
	# Units				%					%					%	
Information & Assistance	# Consumers				%					%					%	
	# Units				%					%					%	
Legal Assistance	# Consumers				%					%					%	
	# Units				%					%					%	
Nutrition Counseling	# Consumers				%					%					%	
	# Units				%					%					%	
Nutrition Education	# Consumers				%					%					%	
	# Units				%					%					%	

Instructions are on page 27 of the Area Plan SFY 2014-2015 document.

## Attachment 16

### Performance Measure 2: Congregate Meal Site Consumer Registration

#### **NARRATIVE REPORT**

**Area Plan Goal:** Enable lowans 60+ and their families to make informed decisions about, and be able to easily access, existing home and long-term living and community supports.

**Output:** The number of congregate meal site consumers and number of congregate meal site consumer registrations completed.

#### **Measure:**

(1) At least 90% of consumers complete an Aging and Disability Network Intake Registration Form once during the state fiscal year in which they receive a congregate meal and/or another registered service.

**Outcome:** Consumers benefit from a more efficient registration process and have greater access to and information about existing home and long-term living and community supports.

#### **Activities, Events:**

#### **Barriers/Challenges:**

#### **Lessons Learned:**

#### **Best Practices:**

Performance Measure 2

Data Report for AAA:

Quarter/Year:

**Goal: Measure 2**

At least 90% of consumers complete an Aging and Disability Network Intake Registration form once during the state fiscal year in which they receive a congregate meal and/or another registered service.

**IDA Comment Section:**

**AAA Response upon Request:**

**Data Table: Congregate Meal Site Consumer Registration**

Congregate Meal Consumers Forms Completed % of Consumers Registered	1st Quarter July to Sept 2013 Actual	2nd Quarter July to Dec 2013 Actual	3rd Quarter July 2013 to March 2014 Actual	4th Quarter July 2013 to June 2014 Actual	% of Goal Met	FY2014 Baseline
# Consumers						
# Forms Completed						
% of Consumers Registered	%	%	%	%		

**Attachment 17: Public Hearing Documentation**

**AGENDA**

**Connections Area Agency on Aging  
Public Hearing  
Thursday, March 21, 2013  
10:30am  
Lakin Campus (North 16<sup>th</sup> and Avenue G)  
Red Cross Building Training Room**

- I. Overview of Connections Area Agency on Aging Barb Morrison**
  
- II. Service Provision Barb Morrison**
  - A. Mandated Services**
  - B. Priority Services**
  - C. Direct Service Waivers**
  - D. Other Services**
  
- III. Questions / Comments**



02 19-13

**PROOF OF PUBLICATION  
STATE OF IOWA  
COUNTY OF WOODBURY**

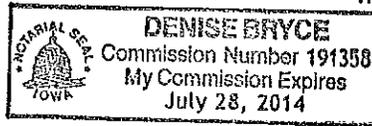
The undersigned, of said County, being duly sworn, on oath states the undersigned is an employee of the Sioux City Journal printed and published by Journal Communications, in Sioux City in said County and issued daily and Sunday and that the annexed printed NOTICE OF A PUBLIC HEARING in said newspaper one Thursday issue, that publication thereof being on the 14<sup>th</sup> day of February, 2013.

*Sally Bjork*  
Sally Bjork

Subscribed and sworn before me in Sioux City, in said County, this 15<sup>th</sup> day of Feb., 2013,

*Denise Bryce*..... Notary Public

In and for Woodbury County.



Legal# 20994    10 Lines    1 Time    \$5.08

**LEGAL NOTICE**  
Southwest 8 Senior Services will hold a public hearing at 10:30am on Thursday, March 21, 2013 at The Red Cross Building on the Lakin Human Services campus in Council Bluffs Iowa. The address is 705 N. 16th Street, Council Bluffs, Iowa. The purpose of this hearing is to receive public input regarding the agency's service plan for their new expanded 20 county area starting July 1, 2013.  
Published in the Sioux City Journal February 14, 2013. LGL #20994

Legal Notice Publication Submissions  
For Public Hearing

We submitted a legal notice of the Public Hearing for the Area Plan for Connections Area Agency on Aging to a publication in each of the 20 counties of PSA 6. They are as follows:

Adair County Free Press	Adair County
Adams County Free Press	Adams County
Atlantic News Telegraph	Cass County
Bedford Times Press	Taylor County
Cherokee Times	Cherokee County
Clarinda Herald	Page County
Creston News Advertiser	Union County
Glenwood Opinion Tribune	Mills County
Harlan Tribune	Shelby County
Ida Grove Courier	Ida County
Le Mars Sentinel	Plymouth County
Leon Journal-Reporter	Decatur County
Logan Journal Observer	Harrison County
Mount Ayr Record News	Ringgold County
Onawa Sentinel	Monona County
Osceola Sentinel-Tribune	Clarke County
Red Oak Express	Montgomery County
The Daily Nonpareil	Pottawattamie County
Sidney Argus	Fremont County
Sioux City Journal	Woodbury County

## Addendum: FY 2014-2015 Connections Area Agency on Aging Area Plan

### Section 6: Subcontractor Oversight and Monitoring

In addition to the RFP process for contracted HCBS services and the Purchase of Service System originally described in the Area Plan, Southwest 8 Senior Services has separately issued a RFP for our nutrition services (congregate meals, home delivered meals, frozen meals and shelf stable meals). This RFP was last issued in the Fall of 2009. Bids were received from two (2) companies (Valley Food Service and Treat American). After reviewing the two bids, The Southwest 8 Policy Board awarded a three year contract to Treat America (December 1, 2009 – November 30, 2012). The contract had a clause that indicated the initial contract could be renewed for 2 years if both parties were agreeable. A two year extension was presented to the Southwest 8 Policy Board in October 2012 for approval. Approval was granted. Therefore the current contract goes through November 2014. In the late summer or early fall of 2014, a new RFP will be issued and the process will start again.