

Prospects for Independent Living

October 14 -15, 2013

Scheman Building

Ames, Iowa

Join us for this excellent opportunity to learn about cutting edge approaches to living, working and socializing for older persons and adults with disabilities. This unique conference will motivate and encourage participants to use innovative methodologies to foster greater independence for all Iowans.



Mining for Options



Prospects for Independent Living



Dear Colleagues,

On behalf of the Iowa Department on Aging I invite you to attend the Prospects for Independent Living – Mining for Options Conference. The conference is hosted by the Iowa Department on Aging and the sponsors who support our mission of helping individuals maintain health and independence in their homes and communities.

The conference will provide many opportunities for you to expand your knowledge and understanding of the issues we face as we serve the needs of Iowa's most vulnerable citizens.

You will learn about cutting edge approaches to living, working and socializing to encourage independence for older persons and adults with disabilities. This unique conference will motivate and inspire you to become innovative and redefine aging as Iowa's population continues to grow older.

This year, as part of Independent Living Conference, we will celebrate Iowa's Centenarians with Governor Branstad and Lt. Governor Reynolds.

I look forward to seeing you in person.

Sincerely,

A handwritten signature in black ink that reads "Donna K. Harvey".

Donna K. Harvey, Director



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Dates to Remember

- September 15 Sponsorships and exhibits forms due.
- September 15 Make hotel reservations in order to receive conference rate.
- October 14 & 15 Prospects for Independent Living:
Mining for Options!

The Iowa Department on Aging provides services and employment to all persons without regard to race, color, national origin, age, religion, creed, political affiliation, gender, sexual orientation, or mental or physical disability, except where required by law.

Conference Schedule at a Glance

Monday, October 14, 2013

9:00 am to 4:45 pm	Registration and Exhibits Open
10:00 am to 11:00 am	Keynote—Steve Siemens, Staying UP in an Up-Side Down World
11:00 am to 11:30 am	Refreshment Break with Exhibitors & Technology Room
11:30 am to 12:30 pm	Concurrent Workshops, Session A
12:30 pm to 2:15 pm	Luncheon <ul style="list-style-type: none">• Dr. Yogesh Shah, Active Aging: Living a Healthier, Longer Life• Centenarian Celebration with Governor Branstad and Lt. Governor Reynolds & the Betty Grandquist Lifetime Achievement Award
2:15 pm to 3:15 pm	Concurrent Workshops, Session B
3:15 pm to 3:45 pm	Refreshment Break with Exhibitors & Technology Room
3:45 pm to 4:45 pm	Concurrent Workshops, Session C

Tuesday, October 15, 2013

7:30 am to 8:30 am	Registration and Continental Breakfast
8:30 am to 9:30 am	Concurrent Workshops, Session D
9:30 am to 10:00 am	Refreshment Break, Technology Room & Networking
10:00 am to 11:30 am	Closing Keynote—Dr. David Coon, Family Caregiver Interventions: Where Are We and What's Next?
11:30 am to 12:30 pm	Panel of Experts—Director Harvey, Moderator, What's Next for Iowa?

General Information

Exhibits

Exhibits will be located in the second floor Atrium areas of the Scheman Building on the first day of the conference.

If you are interested in exhibiting at the conference see the Department website at www.iowaaging.gov/exhibit-opportunities for details.

Hotel Information

A block of rooms has been reserved for use by conference registrants at the following three hotels:

Best Western University Park Inn & Suites

2500 University Blvd., Ames, IA

800/428-3438

Conference rate: \$88.00 (plus applicable taxes)

Holiday Inn

2609 University Blvd., Ames, IA

800/465-4329 *(be sure to specify the hotel located on University Blvd.)*

Conference rate: \$89.00 (plus applicable taxes)

Gateway Hotel & Conference Center

2100 Green Hills Drive, Ames, IA

800/367-2637

Conference rate: \$89.00 (plus applicable taxes)

Make your reservations by **September 15, 2013** to receive the conference rate.

(Conference registrants are responsible for their room costs and securing their reservations.) All hotels listed are 1.5 miles from the Conference site.

Certified Education (CE)

Information

Attendees may request a certificate of attendance for a \$10.00 fee. You may prepay the fee

with your registration, or at the walk-in registration desk upon arrival.

Sponsorships

If you are interested in sponsoring the conference see the Department website at www.iowaaging.gov/sponsorship-information for details.

Transfers

Registrants who are unable to attend the conference may transfer their registration to another individual within the same organization, provided advance written notice is forwarded to Pat Wyatt at pat.wyatt@iowa.gov. Please provide your name and the individual's name to whom you are transferring your registration. All transfers must be received by **October 9, 2013**.

IDA is committed to ensuring all meeting activities are accessible, including dietary needs. Please specify special accommodations on the registration form or call (515) 725-3240 no later than **October 4**.

For questions about the conference call:

Registration:

Pat Wyatt (515) 725-3240 or 1-800-532-3213

Sponsorships/Exhibitors:

Machelle Shaffer (515) 725-3312
or 1-800-532-3213

Centenarian Celebration:

Machelle Shaffer (515) 725-3312
or 1-800-532-3213

Scheman Building:

515-294-3347 or 1-877-THE-CENTER

Celebrating Iowa's Centenarians

Monday, October 14, 2013
12:30PM – 2:15PM

Master of Ceremonies: Dan Kaercher (host of the Iowa Public TV program *Iowa's Simple Pleasures* and retired editor-in-chief for *Midwest Living* magazine)

Governor Branstad & Lt. Governor Reynolds: Remarks and presentation of certificates of honor to the centenarians present

Betty Grandquist, Iowa Commission on Aging Chair:
Presentation of the Betty Grandquist Lifetime Achievement Award



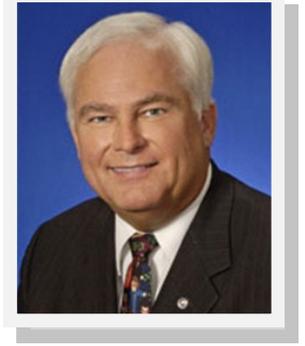
Keynote Speakers

Steve Siemens, CSP



President, Siemens People Builders, Inc.

From time to time, any job can be very stressful. People can lose their perspectives very easily if they aren't careful. "Staying UP" to so many people seems like living in the clouds of unreality. The fact is everyone can stay UP. There are six areas that help people face life with excellence, passion, and enthusiasm. The six areas are: purpose, people, problems, perspective, positivism, and persistence. This session will take those six areas and help each person implement them into their lives and work. It will be fun, very practical, and very useful. Skills that will be developed include attitude, thinking, leadership and creativity.

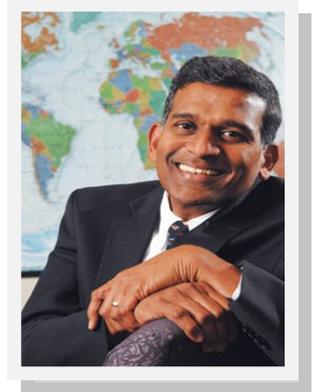


Yogesh Shah, MD



*Associate Dean, Global Health, Director Memory Clinic,
Des Moines University*

We are aging—not just as individuals or communities but also as a world. By 2030 1 billion— one in every eight – of the Earth's inhabitants will be 65 and older. In Iowa those numbers would change from 65,000 currently to 350,000. Aging is a success story. It represents the triumph of public health, medical advancement and economic development over diseases and injuries which have constrained human life expectancy for thousands of years. It also brings challenges: healthcare challenges, city planning changes, nutritional and economic challenges to name a few. One approach to meet these challenges may be in "active aging".



Active aging is a process of optimizing opportunities for health, participation and security in order to enhance quality of life as people age. Introducing active aging policies and programs means recognizing that changes in behavior and promotion of the adaptation and maintenance of good lifestyles must continue and that developing and adapting services and infrastructure must also be promoted. Dr. Shah's presentation will talk about World Health Organization's (WHO) Age Friendly City project and focus on active aging.

David W. Coon, PhD



*Associate Vice Provost and Professor in the College of Nursing &
Health Innovation at Arizona State University*

Caregiving for family members or friends with a chronic health condition can impact physical health and emotional well-being, and can yield both social and financial consequences. Using Alzheimer's Disease and related dementias (ADRD) as an example, Dr. Coon provides an overview of stress across the course of caregiving; the current state of intervention research designed to reduce caregiver distress across this trajectory; key tools and strategies demonstrated to reduce caregiver distress; and, future interventions.



Concurrent Sessions A

A1—Food Insecurity Among Older Adults: This presentation will address the following: the extent of food insecurity among older adults; the determinants and health consequences for food insecurity; new information obtained by AARP about peoples' perception of food insecurity; ways to get involved and make a difference for older adults.

Craig Gundersen, Ph.D., Professor, University of Illinois
Kent Sovern, State Director, AARP Iowa

A2—Elder Care Issues and Mediation: The Iowa Association of Mediators, the Department on Aging and the Area Agencies on Aging are partnering to develop a mediation program to address elder issues. Mediation, or shared decision making, is a process in which people meet in a private, confidential setting to work out a solution to their problem with the help of a neutral person (a mediator). Such issues may include health care decisions, financial decision, living arrangements, and family relationship and communication issues.

Terry Parsons, JD, Olsen & Parsons Law Firm, Iowa Association of Mediators
Kristen Hall, JD, K H Mediation, Iowa Association of Mediators

A3—Ethics & Elder Rights: Guarding Your Claim: Crimes against Older Iowan's are increasing and many factors such as undue influence, misuse of power of attorney documents and family conflict make these situations complicated and at times, difficult to prosecute. This workshop will discuss case examples, options for prosecutions, and the ethical role of attorneys in combating these issues and protecting elder rights.

Celene Gogerty, JD, Asst. Polk County Attorney, Polk County Attorney's Office
Chantelle Smith, JD, Asst. Attorney General, Attorney General's Office

A4—Who's Who in Disability: This workshop will showcase a panel of experts in the disability network. Each will discuss their organization's mission, purpose and outreach and the many opportunities for individuals with disabilities to be independent, productive, and included in their communities. Such tools as a leadership training program, technical assistance, advocacy techniques, etc. will be discussed. The panelists will share a variety of needs and identify critical issues to help people discover there are many effective strategies and simple solutions to solve everyday problems.

Becky Harker, Executive Director, Iowa Developmental Disabilities Council
Mike Williams, Disability Consultant, Department of Human Rights/Office for Persons with Disabilities
Stephanie Lyons, Disability Consultant, Department of Human Rights/Office for Deaf Services
Julie Bergeson, Rehabilitation Teacher, Iowa Department for the Blind
David Mitchell, Administrator, Iowa Vocational Rehabilitation Services

A5—Design for the New Autism Nation: Evidence-based Design Strategies for Autism and Cognitive Disabilities: This workshop will discuss a recent research study that is expected to employ evidence-based strategies that can be used to design a wide range of products and services for children with autism. This research will be made available to designers, educators, parents, and other people involved in the care and service of persons with autism so that products and services can be designed for children with autism that better meet their unique needs and enhance their quality of life.

Debra Satterfield, Graphic Design Associate Professor, Iowa State University

A6—Technology Room: Bring your notebooks, kindles, IPODS, IPADS, iPhones, Smartphones, etc. for ideas and answers to questions on how to get the best from the helpful gadgets in the technology world. The technology room will have experts available throughout the conference to help you optimize electronic resources.

Concurrent Sessions B

B1—Aging and Disability Resource Center (ADRC): Statewide Expansion: Per House File 2320 (Iowa's 85th General Assembly) Iowa's Area Agencies on Aging were designated as aging and disability resource centers (ADRCs). The ADRC is the "no-wrong-door/single-entry-point" system for accessing long-term supports and services. Through this law and through the Iowa Department on Aging's partnership with Iowa Medicaid Enterprise's Affordable Care Act initiatives, including the Balancing Incentives Payment Program and the Statewide Innovation Model, the ADRCs will be an integral part of how all Iowans and their family caregivers access long-term supports and services. This presentation will present current initiatives and future planning for Iowa's ADRC.

Joe Sample, Aging and Disability Resource Center Director, Department on Aging

Ingrid Wensel, Director, Heritage Area Agency on Aging

Mike Isaacson, Director, Northeast Iowa Area Agency on Aging (NEI3A)

B2—Private Care Contracts: Do you know someone who needs assistance or care, or are you a person who requires assistance or care? Before you ask a friend or family member to help you – and offer to pay them for their services – there are things you might want to consider. This session will help you identify if there is a need for a written contract, what should be included in that contract, and the details involved.

Ross Barnett, JD, Abendroth & Russell Law Firm

Madina Nguyen, JD, Abendroth & Russell Law Firm

B3—Volunteer Programs: Panning for Gems: Volunteers are an untapped valuable resource. There are many talented and skilled volunteers and volunteer opportunities in the aging and disability network. This workshop will discuss the newly established Certified Volunteer Long-Term Care Ombudsman Program, the Retired Senior Volunteer Program, and the Corporation for National and Community Services. Volunteers are needed for a myriad of roles including serving as a volunteer long-term care ombudsman, senior companion, foster grandparents, home repair, etc.

Merea Bentrutt, PhD, Certified Volunteer LTCO Program Coordinator, Department on Aging

Adam Lounsbury, Executive Director, RSVP, Iowa Department of Economic Development

Vicki Hover-Williamson, State Program Director, Corporation for National and Community Service

B4—Fund Development & Enhancement: Not-for-Profit organizations, like other industries, are expected to do more with less; to search out and explore ways to raise funds and to engage in processes that enhance their financial needs as they continue to serve a rapidly growing population. The need for entities to think creatively and break out of the status quo is becoming more and more apparent and necessary. A variety of tools and techniques will be explored during this workshop.

Josh Faber, Senior Consultant, Renaissance Group, Inc.

B5—Technology, Product Design, Life Span and Aging: Understanding the importance of the interaction between people and the environment has grown in recent times. Persons who are aging and/or have disabilities have a unique experience with their structural environment. This presentation will explore how the interaction between aging and disability and the physical environment can enhance learning as well as develop solutions to the challenges of an aging population and those with disabilities.

Janis Terpenney, Ph.D., Joseph Walkup Professor and Department Chair, Iowa State University

B6—Technology Room: Bring your notebooks, kindles, IPODS, IPADS, iPhones, Smartphones, etc. for ideas and answers to questions on how to get the best from the helpful gadgets in the technology world. The technology room will have experts available throughout the conference to help you optimize electronic resources.

Concurrent Sessions C

C1—Institutional Trends: Housing is a basic human need that growing numbers of seniors cannot afford. This session will address how facility based care organizations are advocating for affordable senior housing – development, preservation and management including housing with supportive services.

Steve Ackerson, Executive Director, Iowa Health Care Association

Bill Nutty, JD, Government Relations & Member Services Director, LeadingAge Iowa

C2—Innovations to be Able to Stay Home Longer: Surveys tell us that most people choose to remain in their own home for as long as possible, even when chronic or acute illness occurs. The panel will share innovative solutions to help people remain independent and safe as long as possible.

Jo Dorhout, President, Virtual Interactive Families

Julie Bergeson, Rehabilitation Teacher, Iowa Department for the Blind

Liz Sherwin, Executive Director, Illinois Iowa Center for Independent Living

C3—Uniform Power of Attorney Act & GAIN: Protecting Your Bag of Gold: This workshop will discuss the Uniform Power of Attorney Act (UPOAA) which provides safeguards against power of attorney abuse including provisions for prevention of abuse, the detection of abuse and the redress of abuse. In addition, the relatively new formation of the Guardianship Association of Iowa Network (GAIN) will also be introduced. GAIN is a dedicated group of individuals that meet on a monthly basis and are interested in developing and serving as a network of people who work in substitute decision making fields. Directly after the workshop, a meet and greet session will be held for conference participants who wish to learn more about GAIN.

Paige Thorson, JD, Legal Assistance Developer, Department on Aging

Sherri Pollard, Vice-President of Guardianship Association of Iowa Network (GAIN)

C4—SIM/ACO/IHAWP: Remodeling Iowa’s Medicaid System for Better Outcomes: Iowa Medicaid Enterprise has been actively engaged in multiple projects to balance Medicaid expenditures between home and community-based services and institutional care. These projects will deliver integrated health care through coordinated healthcare and community networks. This presentation will be an overview of the Statewide Innovation Model that will assist in establishing Medicaid-based Accountable Care Organizations throughout the state.

Jennifer Vermeer, State Medicaid Director, Iowa Department of Human Services

C5—Clothing Design and Adaption with the Use of Emerging Technology: “Why clothing?” Of course, clothing is only one of many resources that people may use to express themselves, to communicate with others, or to function in various environments. Clothing, the closest human-built environment, can be used as a coping strategy or needs satisfier for human beings to meet many types of needs. Because the older segment of the population is increasing proportionately at a greater rate than other segments of the population, attention to their clothing needs and preferences makes sense from a market and human issues perspective. Body scanning technology is beginning to have many significant uses in the apparel industry that will benefit consumers. This presentation explores older consumer’s clothing needs, their attitude toward 3D body scanning technology as well as other associated technologies. Potential application of 3D body scanning technology in health prevention, posture modification, and body image for older adult’s healthy aging will be discussed.

Young-A Lee, Ph.D., Associate Professor, Iowa State University

C6—Technology Room: Bring your notebooks, kindles, IPODS, IPADS, iPhones, Smartphones, etc. for ideas and answers to questions on how to get the best from the helpful gadgets in the technology world. The technology room will have experts available throughout the conference to help you optimize electronic resources.

Concurrent Sessions D

D1—Motivational Interviewing: Motivational interviewing is a method to help a client want to make a behavior change. Interviewers use techniques such as open ended questions and reflective listening to help clients explore and resolve behaviors or issues. This session will demonstrate how this technique can enhance the provision of client-center services.

Linda Snetselaar, R.D., Ph.D., Associate Provost of Outreach and Engagement, Endowed Chair, Professor, University of Iowa

D2—Connecting Families with Technology: Are you a caregiver? Are you too tired to leave home, but wish you had support, information and resources available to you? This panel of presenters will share innovative programs that you can use in the privacy of your own home, on your own time.

Anthony Carroll, Associate State Director for Advocacy, AARP Iowa

Polly Johnston, Program Specialist, Alzheimer's Association

Gina MacRae, Caregiver Support Coordinator, Veterans Administration

D3—Advocacy Roles: The panel is represented by a range of individuals from governmental and advocacy-based organizations. The panel will discuss the goals and mission of each organization, the advocacy role served, and advocacy methods utilized.

Ruth Cooperrider, JD, Legislative Citizens Aide, Legislative Office of the Ombudsman

Jane Hudson, JD, Executive Director, Disability Rights Iowa

Kimberly Murphy, JD, Policy Coordinator, Department on Aging

Beth Townsend, JD, Director, Iowa Civil Rights Commission

D4—Assistive Technology & Independence: The Iowa Program for Assistive Technology (IPAT) helps Iowans find out about and get the assistive technology (AT) they need as part of their daily lives to learn, work, play, and participate in community life safely and independently. IPAT serves Iowans of all ages with all types of disabilities, including persons who are aging. Assistive Technology includes items that individuals use to assist them in daily activities, such as canes, wheelchairs, communication devices, hearing aids, keyboard alternatives, learning software and vision aids.

Gary Johnson, Coordinator of Community Programs, Iowa Program for Assistive Technology

D5—Senior Health Insurance Information Program (SHIIP): Staff from the Senior Health Insurance Information Program (SHIIP) will update participants on three "hot" topics--how the Health Insurance Marketplace relates to and interacts with Medicare; Medicare drug coverage for 2014 and important Medicare assistance programs.

Kris Gross, Director, Senior Health Insurance Information Program (SHIIP)

D6—Technology Room: Bring your notebooks, kindles, IPODS, IPADS, iPhones, Smartphones, etc. for ideas and answers to questions on how to get the best from the helpful gadgets in the technology world. The technology room will have experts available throughout the conference to help you optimize electronic resources.



Conference Workshop Planner

Monday, October 14

10:00 - 11:00	Steve Siemens , People Builders: Staying UP in an Up-Side Down World					
11:30 - 12:30	A1 Food Insecurity Among Older Adults C. Gundersen K. Sovern	A2 Elder Care Issues & Mediation T. Parsons K. Hall	A3 Ethics & Elder Rights: Guarding Your Claim C. Gogerty C. Smith	A4 Who's Who in Disability D. Mitchell J. Bergeson B. Harker M. Williams S. Lyons	A5 Life Span Adaptation to Disability D. Satterfield	A6 Technology Room
12:30 - 2:15	Dr. Yogesh Shah : Active Aging: Living a Healthier Long Life Centenarian Celebration with Governor Branstad & Lt. Governor Reynolds Betty Grandquist Lifetime Achievement Award					
2:15 - 3:15	B1 Aging and Disability Resource Center M. Isaacson I. Wensel J. Sample	B2 Private Care Contracts R. Barnett	B3 Volunteer Programs: Panning for Gems M. Bentrrott A. Lounsbury V. Hover-Williamson	B4 Fund Development & Enhancement J. Faber	B5 Technology, Product Design, Life Span and Aging J. Terpenney	B6 Technology Room
3:45 - 4:45	C1 Institutional Trends S. Ackerson B. Nutty	C2 Innovations to be Able to Stay Home Longer J. Bergeson L. Sherwin J. Dorhout	C3 Uniform POA Act & GAIN: Protecting Your Bag of Gold P. Thorson S. Pollard	C4 Medicaid, ACO/ Medical Home/ SIM J. Vermeer	C5 Clothing Design and Adaptation Y. Lee	C6 Technology Room

Tuesday, October 15

8:30 - 9:30	D1 Motivational Interviewing L. Snetselaar	D2 Connecting Families with Technology A. Black P. Johnston G. MacRae	D3 Advocacy Roles R. Cooperrider J. Hudson K. Murphy B. Townsend	D4 Assistive Technology & Independence G. Johnson	D5 Senior Health Insurance Information Program (SHIIP) K. Gross	D6 Technology Room
10:00 - 11:30	Dr. David Coon : Family Caregiver Interventions: Where Are We and What's Next?					
11:30 - 12:30	Panel of Experts : Director Harvey, Moderator: What's Next for Iowa?					

Registration

Registration Information:

1. **Email:** Download the [IPIIL 2013 Registration Form](http://www.iowaaging.gov/iowas-prospects-independent-living-registration-brochure) (www.iowaaging.gov/iowas-prospects-independent-living-registration-brochure), email the completed form to pat.wyatt@iowa.gov and call Pat at (515) 725-3240 with credit card information.

2. **Mail:** Send registration form and payment to: Iowa Department on Aging

Attn: IPIIL Conference

510 E 12th Street, Suite 2

Des Moines, IA 50319

- **Register** at the door after **October 2, 2013**. Space is limited to 350 seats.
- **A confirmation** of conference registration and payment will be emailed or mailed to you.
- **Overnight accommodations:** Make your reservations by **September 15, 2013** to received the conference rate. Conference registrants are responsible for their room costs and securing their reservations. Blocks of rooms have been reserved for possible use by conference registrants at the following three hotels:

Best Western University Park Inn & Suites

2500 University Blvd., Ames, IA 800/428-3438

Conference rate: \$88.00 (plus applicable taxes)

Holiday Inn

2609 University Blvd, Ames, IA 800/465-4329 (*ask for the one on University Blvd*)

Conference rate: \$89.00 (plus applicable taxes)

Gateway Hotel & Conference Center

2100 Green Hills Drive, Ames, IA 800/367-2637

Conference rate: \$89.00 (plus applicable taxes)

- **Transfers:** Registrants who are unable to attend the conference may transfer their registration to another individual within the same organization, provided advance written notice is forwarded to Pat Wyatt at pat.wyatt@iowa.gov. Please provide your name and the individual's name to who you are transferring your registration. All transfers must be received by **October 9, 2013**.
- **IDA is committed** to ensuring all meeting activities are accessible, including dietary needs. Please specify accommodations on the registration form or call (515) 725-3240 no later than **October 4**.

Registration

Please Print or Type:

Name: _____

Affiliation (if applicable, will appear on badge): _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

State Employees (lunch is a taxable meal—please provide 9 digit employee #): _____

Special Accommodations (please specify): _____

Dietary Restriction: _____

Indicate the workshops you will attend with and "X":

A1 ___ A2 ___ A3 ___ A4 ___ A5 ___ A6 ___

B1 ___ B2 ___ B3 ___ B4 ___ B5 ___ B6 ___

C1 ___ C2 ___ C3 ___ C4 ___ C5 ___ C6 ___

D1 ___ D2 ___ D3 ___ D4 ___ D5 ___ D6 ___

Conference Registration:

Full Conference Rate \$100.00 \$ _____

Group Rate (please complete a registration form for each attendee)
\$100 for first attendee 100.00 \$ _____
\$90 for each additional attendee 90.00 \$ _____

Student Rate 75.00 \$ _____

Certificate of Attendance 10.00 \$ _____
(CEUs for Social Workers & Nursing Home Administrators)

Centenarian Celebration # attending ___ X 20.00 \$ _____
Luncheon Tickets Only (if NOT registered for the conference)

Total \$ _____

Return this form for EACH conference registration with fees payable to: **Iowa Department on Aging**

Payment type:

___ Check ___ Money order ___ Credit card (Visa, MasterCard, Discover)

Credit Card Number Expiration Date 3 digit CSV Number (backside of card)

Conference Map



From Des Moines (south):

Interstate 35 north to exit 111B

US Highway 30 west to University Boulevard exit 146

Right onto University Blvd. north to Iowa State Center

Left onto Center Drive

From Davenport (east):

Interstate 80 west to Des Moines

Interstate 35 north to exit 111B

US Highway 30 west to University Boulevard exit 146

Right onto University Blvd. north to Iowa State Center

Left onto Center Drive

From Council Bluffs (west):

Interstate 80 east to Des Moines

Interstate 35 north to exit 111B

US Highway 30 west to University Boulevard exit 146

Right onto University Blvd. north to Iowa State Center

Left onto Center Drive

From Minneapolis (north):

Interstate 35 south to exit 111B (second Ames exit)

US Highway 30 west to University Boulevard exit 146

Right onto University Blvd. north to Iowa State Center

Left onto Center Drive

Attendees Needing Accommodations

Accessible parking is available in the front row of the parking lot north of the Scheman Building and in the fire lane located west of Stephens Auditorium. Elevators are located in the lobbies of all levels.

Every effort is made to ensure each of our attendees will have an enjoyable experience at Iowa's Prospects for Independent Living Conference. If you have questions, please contact us at 515-725-3333 or 800-532-3213.

Register Soon! Space is Limited.